

2012 State Profile — Delaware

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Delaware, 40 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 6,258 clients in substance abuse treatment on March 30, 2012. The survey response rate in Delaware was 95.0%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	26	65.0	2,533	40.5	30	4.9
Private for-profit	12	30.0	3,630	58.0	580	95.1
Local, county, or community government	--	--	--	--	--	--
State government	--	--	--	--	--	--
Federal government	2	5.0	95	1.5	--	--
Dept. of Veterans Affairs	1	2.5	75	1.2	--	--
Dept. of Defense	1	2.5	20	0.3	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	--	--	--	--	--	--
Total	40	100.0	6,258	100.0	610	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	22	55.0	2,373	37.9	243	39.8
Mental health services	--	--	--	--	--	--
Mix of mental health and substance abuse treatment services	15	37.5	3,579	57.2	358	58.7
General health care	1	2.5	75	1.2	--	--
Other	2	5.0	231	3.7	9	1.5
Total	40	100.0	6,258	100.0	610	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	37	92.5	1,650	26.4	200
Clients with drug abuse only	34	85.0	3,706	59.2	491
Clients with alcohol abuse only	34	85.0	902	14.4	102
Total	40		6,258	100.0	793

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 0.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	32	80.0	5,993	95.8	102	610	100.0
Regular	29	72.5	3,093	49.4	53		
Intensive	12	30.0	179	2.9	10		
Day treatment/partial hospitalization	9	22.5	135	2.2	15		
Detoxification	5	12.5	5	0.1	--		
Methadone maintenance	9	22.5	2,581	41.2	134		
Residential (non-hospital)	9	22.5	195	3.1	16	--	--
Short term (<30 days)	1	2.5	10	0.2	10		
Long term (30+ days)	9	22.5	185	3.0	16		
Detoxification	--	--	--	--	--		
Hospital Inpatient	3	7.5	70	1.1	29	--	--
Treatment	2	5.0	21	0.3	11		
Detoxification	2	5.0	49	0.8	25		
Total	40		6,258		75	610	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	8	0.7
Clients in Facilities with OTPs		
Methadone	2,460	92.4
Buprenorphine	149	5.6
Clients in Facilities without OTPs		
Buprenorphine	53	2.0
Total	2,662	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	34	85.0
Private health insurance	25	62.5
Medicare	13	32.5
Medicaid	28	70.0
State-financed health insurance	18	45.0
Federal military insurance	6	15.0
No payment accepted	3	7.5
Access to Recovery (ATR) vouchers ²	n/a	n/a
IHS/638 contract care funds	--	--
Other payments	1	2.5
Sliding fee scale	27	67.5
Treatment at no charge for clients who cannot pay	20	50.0

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	38	95.0
State substance abuse agency	35	87.5
State mental health department	13	32.5
State department of health	11	27.5
Hospital licensing authority	3	7.5
The Joint Commission	17	42.5
Commission on Accreditation of Rehabilitation Facilities	16	40.0
National Committee for Quality Assurance	2	5.0
Council on Accreditation	3	7.5
Other state/local agency/organization	1	2.5

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	27	67.5

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	38	95.0
Screening for substance abuse	38	95.0
Screening for mental health disorders	33	82.5
Comprehensive substance abuse assessment or diagnosis	37	92.5
Comprehensive mental health assessment or diagnosis	22	55.0
Screening for tobacco use	22	55.0
Outreach to persons in the community who may need treatment	23	57.5
Interim services for clients when immediate admission is not possible	15	37.5
Testing	40	100.0
Breathalyzer or other blood alcohol testing	33	82.5
Drug or alcohol urine screening	38	95.0
Screening for Hepatitis B	9	22.5
Screening for Hepatitis C	11	27.5
HIV testing	18	45.0
STD testing	10	25.0
TB screening	16	40.0
Counseling	40	100.0
Individual counseling	40	100.0
Group counseling	37	92.5
Family counseling	34	85.0
Marital/couples counseling	27	67.5
Transitional Services	40	100.0
Discharge planning	39	97.5
Aftercare/continuing care	35	87.5
Pharmacotherapies	24	60.0
Antabuse®	8	20.0
Naltrexone (oral)	11	27.5
Vivitrol® (injectable Naltrexone)	11	27.5
Campral®	11	27.5
Nicotine replacement	11	27.5
Non-nicotine smoking/tobacco cessation medications	6	15.0
Medications for psychiatric disorders	17	42.5
Methadone	9	22.5
Buprenorphine with naloxone (Suboxone®)	11	27.5
Buprenorphine without naloxone	5	12.5
Ancillary Services	40	100.0
Case management services	32	80.0
Social skills development	29	72.5
Mentoring/peer support	21	52.5
Child care for clients' children	2	5.0
Assistance with obtaining social services	25	62.5
Employment counseling or training for clients	20	50.0
Assistance in locating housing for clients	27	67.5
Domestic violence services	13	32.5
Early intervention for HIV	18	45.0
HIV or AIDS education, counseling, or support	23	57.5
Hepatitis education, counseling, or support	20	50.0

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	27	67.5
Substance abuse education	40	100.0
Transportation assistance to treatment	19	47.5
Mental health services	30	75.0
Acupuncture	--	--
Residential beds for clients' children	--	--
Self-help groups	24	60.0
Smoking cessation counseling	17	42.5

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	40	100.0
Relapse prevention	40	100.0
Cognitive-behavioral therapy	39	97.5
Motivational interviewing	39	97.5
Anger management	33	82.5
Brief intervention	31	77.5
12-step facilitation	34	85.0
Trauma-related counseling	37	92.5
Contingency management/motivational incentives	27	67.5
Rational emotive behavioral therapy (REBT)	21	52.5
Matrix Model	14	35.0
Computerized substance abuse treatment	10	25.0
Community reinforcement plus vouchers	13	32.5
Other treatment approaches	7	17.5

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	9	2
Number of clients ²	195	69
Number of designated beds	203	53
Utilization rate ³	96.1	130.2
Average number of designated beds per facility	23	27

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	34	85.0
Clients with co-occurring disorders	27	67.5
Adult women	12	30.0
DUI/DWI offenders	13	32.5
Adolescents	9	22.5
Adult men	12	30.0
Criminal justice clients	11	27.5
Persons who have experienced trauma	18	45.0
Pregnant or postpartum women	8	20.0
Persons with HIV or AIDS	8	20.0
Veterans	5	12.5
Seniors or older adults	11	27.5
LGBTQ ¹ clients	5	12.5
Active duty military	4	10.0
Members of military families	2	5.0
Other groups	7	17.5

¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	7	17.5
Any language other than English	15	37.5
Non-English Language Provided by:		
On-call interpreter only	4	26.7
Staff counselor only	9	60.0
Both staff counselor and on-call interpreter	2	13.3
Languages Provided by Staff Counselor:¹		
Spanish	11	100.0
American Indian/Alaska Native languages	--	--
Other	--	--

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/