

2012 State Profile — Idaho

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Idaho, 107 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 6,016 clients in substance abuse treatment on March 30, 2012. The survey response rate in Idaho was 94.8%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	20	18.7	1,130	18.8	110	19.3
Private for-profit	69	64.5	2,954	49.1	322	56.5
Local, county, or community government	8	7.5	849	14.1	130	22.8
State government	4	3.7	883	14.7	--	--
Federal government	2	1.9	120	2.0	3	0.5
Dept. of Veterans Affairs	1	0.9	85	1.4	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	1	0.9	35	0.6	3	0.5
Other	--	--	--	--	--	--
Tribal government	4	3.7	80	1.3	5	0.9
Total	107	100.0	6,016	100.0	570	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	40	37.4	2,771	46.1	318	55.8
Mental health services	3	2.8	33	0.5	12	2.1
Mix of mental health and substance abuse treatment services	56	52.3	2,232	37.1	235	41.2
General health care	2	1.9	37	0.6	3	0.5
Other	6	5.6	943	15.7	2	0.4
Total	107	100.0	6,016	100.0	570	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012			
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	103	99.0	3,664	63.5	280	
Clients with drug abuse only	88	84.6	1,032	17.9	81	
Clients with alcohol abuse only	92	88.5	1,070	18.6	83	
Total	104		5,766	100.0	444	

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 3.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	99	92.5	5,851	97.3	40	521	91.4
Regular	99	92.5	3,589	59.7	25		
Intensive	87	81.3	1,941	32.3	12		
Day treatment/partial hospitalization	3	2.8	200	3.3	--		
Detoxification	8	7.5	97	1.6	--		
Methadone maintenance	3	2.8	24	0.4	6		
Residential (non-hospital)	14	13.1	153	2.5	10	49	8.6
Short term (<30 days)	10	9.3	83	1.4	8		
Long term (30+ days)	10	9.3	66	1.1	7		
Detoxification	5	4.7	4	0.1	1		
Hospital Inpatient	3	2.8	12	0.2	5	--	--
Treatment	2	1.9	9	0.1	5		
Detoxification	3	2.8	3	*	1		
Total	107		6,016		39	570	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	2	0.2
Clients in Facilities with OTPs		
Methadone	2	5.6
Buprenorphine	--	--
Clients in Facilities without OTPs		
Buprenorphine	34	94.4
Total	36	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	101	94.4
Private health insurance	65	60.7
Medicare	24	22.4
Medicaid	74	69.2
State-financed health insurance	59	55.1
Federal military insurance	45	42.1
No payment accepted	1	0.9
Access to Recovery (ATR) vouchers ²	79	73.8
IHS/638 contract care funds	8	7.5
Other payments	9	8.4
Sliding fee scale	63	58.9
Treatment at no charge for clients who cannot pay	46	43.0

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	101	94.4
State substance abuse agency	93	86.9
State mental health department	45	42.1
State department of health	39	36.4
Hospital licensing authority	2	1.9
The Joint Commission	5	4.7
Commission on Accreditation of Rehabilitation Facilities	17	15.9
National Committee for Quality Assurance	1	0.9
Council on Accreditation	2	1.9
Other state/local agency/organization	12	11.2

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	67	62.6

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	107	100.0
Screening for substance abuse	104	97.2
Screening for mental health disorders	83	77.6
Comprehensive substance abuse assessment or diagnosis	102	95.3
Comprehensive mental health assessment or diagnosis	55	51.4
Screening for tobacco use	51	47.7
Outreach to persons in the community who may need treatment	60	56.1
Interim services for clients when immediate admission is not possible	51	47.7
Testing	84	78.5
Breathalyzer or other blood alcohol testing	47	43.9
Drug or alcohol urine screening	81	75.7
Screening for Hepatitis B	12	11.2
Screening for Hepatitis C	11	10.3
HIV testing	14	13.1
STD testing	12	11.2
TB screening	13	12.1
Counseling	107	100.0
Individual counseling	105	98.1
Group counseling	103	96.3
Family counseling	100	93.5
Marital/couples counseling	83	77.6
Transitional Services	107	100.0
Discharge planning	104	97.2
Aftercare/continuing care	98	91.6
Pharmacotherapies	32	29.9
Antabuse®	6	5.6
Naltrexone (oral)	10	9.3
Vivitrol® (injectable Naltrexone)	7	6.5
Campral®	8	7.5
Nicotine replacement	6	5.6
Non-nicotine smoking/tobacco cessation medications	12	11.2
Medications for psychiatric disorders	28	26.2
Methadone	5	4.7
Buprenorphine with naloxone (Suboxone®)	10	9.3
Buprenorphine without naloxone	4	3.7
Ancillary Services	107	100.0
Case management services	95	88.8
Social skills development	90	84.1
Mentoring/peer support	53	49.5
Child care for clients' children	5	4.7
Assistance with obtaining social services	63	58.9
Employment counseling or training for clients	33	30.8
Assistance in locating housing for clients	76	71.0
Domestic violence services	46	43.0
Early intervention for HIV	13	12.1
HIV or AIDS education, counseling, or support	29	27.1
Hepatitis education, counseling, or support	28	26.2

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	41	38.3
Substance abuse education	101	94.4
Transportation assistance to treatment	49	45.8
Mental health services	79	73.8
Acupuncture	1	0.9
Residential beds for clients' children	1	0.9
Self-help groups	30	28.0
Smoking cessation counseling	33	30.8

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	104	97.2
Relapse prevention	105	98.1
Cognitive-behavioral therapy	101	94.4
Motivational interviewing	94	87.9
Anger management	91	85.0
Brief intervention	84	78.5
12-step facilitation	59	55.1
Trauma-related counseling	88	82.2
Contingency management/motivational incentives	74	69.2
Rational emotive behavioral therapy (REBT)	58	54.2
Matrix Model	79	73.8
Computerized substance abuse treatment	11	10.3
Community reinforcement plus vouchers	12	11.2
Other treatment approaches	19	17.8

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	13	1
Number of clients ²	145	5
Number of designated beds	207	7
Utilization rate ³	70.0	71.4
Average number of designated beds per facility	16	7

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	97	90.7
Clients with co-occurring disorders	51	47.7
Adult women	56	52.3
DUI/DWI offenders	31	29.0
Adolescents	50	46.7
Adult men	36	33.6
Criminal justice clients	50	46.7
Persons who have experienced trauma	40	37.4
Pregnant or postpartum women	15	14.0
Persons with HIV or AIDS	4	3.7
Veterans	9	8.4
Seniors or older adults	4	3.7
LGBTQ ¹ clients	4	3.7
Active duty military	6	5.6
Members of military families	6	5.6
Other groups	10	9.3

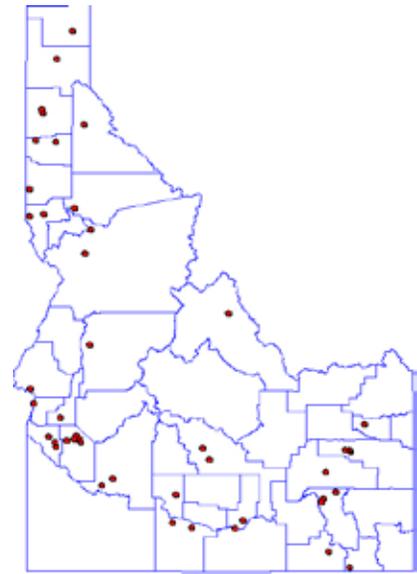
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	9	8.4
Any language other than English	21	19.6
Non-English Language Provided by:		
On-call interpreter only	6	28.6
Staff counselor only	11	52.4
Both staff counselor and on-call interpreter	4	19.0
Languages Provided by Staff Counselor:¹		
Spanish	14	93.3
American Indian/Alaska Native languages	2	13.3
Other	4	26.7

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/