

2012 State Profile — Kentucky

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Kentucky, 324 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 24,537 clients in substance abuse treatment on March 30, 2012. The survey response rate in Kentucky was 92.0%.

Facility Operation

| | Facilities | | Clients in Treatment on March 30, 2012 | | | |
|--|------------|--------------|--|--------------|----------------------|--------------|
| | | | All Clients | | Clients Under Age 18 | |
| | No. | % | No. | % | No. | % |
| Private non-profit | 175 | 54.0 | 12,226 | 49.8 | 949 | 66.3 |
| Private for-profit | 136 | 42.0 | 11,101 | 45.2 | 482 | 33.7 |
| Local, county, or community government | 2 | 0.6 | 257 | 1.0 | -- | -- |
| State government | 6 | 1.9 | 346 | 1.4 | -- | -- |
| Federal government | 4 | 1.2 | 576 | 2.3 | -- | -- |
| Dept. of Veterans Affairs | 2 | 0.6 | 169 | 0.7 | -- | -- |
| Dept. of Defense | 2 | 0.6 | 407 | 1.7 | -- | -- |
| Indian Health Service | -- | -- | -- | -- | -- | -- |
| Other | -- | -- | -- | -- | -- | -- |
| Tribal government | 1 | 0.3 | 31 | 0.1 | -- | -- |
| Total | 324 | 100.0 | 24,537 | 100.0 | 1,431 | 100.0 |

Primary Focus of Facility

| | Facilities | | Clients in Treatment on March 30, 2012 | | | |
|---|------------|--------------|--|--------------|----------------------|--------------|
| | | | All Clients | | Clients Under Age 18 | |
| | No. | % | No. | % | No. | % |
| Substance abuse treatment services | 142 | 43.8 | 12,075 | 49.2 | 306 | 21.4 |
| Mental health services | 37 | 11.4 | 1,473 | 6.0 | 133 | 9.3 |
| Mix of mental health and substance abuse treatment services | 139 | 42.9 | 10,852 | 44.2 | 992 | 69.3 |
| General health care | -- | -- | -- | -- | -- | -- |
| Other | 6 | 1.9 | 137 | 0.6 | -- | -- |
| Total | 324 | 100.0 | 24,537 | 100.0 | 1,431 | 100.0 |

Substance Abuse Problem Treated

| | Facilities ^{1,2} | | Clients in Treatment on March 30, 2012 | | |
|--|---------------------------|------|--|--------------|--|
| | | | All Clients ³ | | Clients ³ per 100,000 Pop. Aged 18 or Older |
| | No. | % | No. | % | |
| Clients with both alcohol and drug abuse | 296 | 92.5 | 10,790 | 44.0 | 299 |
| Clients with drug abuse only | 268 | 83.8 | 8,964 | 36.5 | 255 |
| Clients with alcohol abuse only | 257 | 80.3 | 4,783 | 19.5 | 134 |
| Total | 320 | | 24,537 | 100.0 | 687 |

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 4.

³ Sum of individual items may not agree with the total due to rounding.

| Type of Care | | | | | | | |
|---------------------------------------|-------------------------|-------------|--|-------------|------------------------------------|----------------------|--------------|
| | Facilities ¹ | | Clients in Treatment on March 30, 2012 | | | | |
| | | | All Clients | | | Clients Under Age 18 | |
| | No. | % | No. | % | Median No. of Clients per Facility | No. | % |
| Outpatient | 273 | 84.3 | 22,311 | 90.9 | 50 | 1,318 | 92.1 |
| Regular | 260 | 80.2 | 18,380 | 74.9 | 40 | | |
| Intensive | 102 | 31.5 | 1,633 | 6.7 | 5 | | |
| Day treatment/partial hospitalization | 15 | 4.6 | 83 | 0.3 | -- | | |
| Detoxification | 21 | 6.5 | 79 | 0.3 | -- | | |
| Methadone maintenance | 14 | 4.3 | 2,136 | 8.7 | 157 | | |
| Residential (non-hospital) | 55 | 17.0 | 1,909 | 7.8 | 16 | 36 | 2.5 |
| Short term (<30 days) | 21 | 6.5 | 228 | 0.9 | 10 | | |
| Long term (30+ days) | 45 | 13.9 | 1,499 | 6.1 | 16 | | |
| Detoxification | 17 | 5.2 | 182 | 0.7 | 4 | | |
| Hospital Inpatient | 17 | 5.2 | 317 | 1.3 | 11 | 77 | 5.4 |
| Treatment | 13 | 4.0 | 179 | 0.7 | 4 | | |
| Detoxification | 15 | 4.6 | 138 | 0.6 | 8 | | |
| Total | 324 | | 24,537 | | 40 | 1,431 | 100.0 |

¹ Facilities may provide more than one type of care.

| Opioid Treatment Programs (OTPs) | | |
|---|--------------|--------------|
| | No. | % |
| Facilities with OTPs¹ | 11 | 0.9 |
| Clients in Facilities with OTPs | | |
| Methadone | 1,832 | 39.0 |
| Buprenorphine | 108 | 2.3 |
| Clients in Facilities without OTPs | | |
| Buprenorphine | 2,753 | 58.7 |
| Total | 4,693 | 100.0 |

¹ Percentage of all OTP facilities that are in the United States.

| Facility Payment Options | | |
|---|-------------------------|------|
| | Facilities ¹ | |
| | No. | % |
| Cash or self-payment | 313 | 96.6 |
| Private health insurance | 202 | 62.3 |
| Medicare | 131 | 40.4 |
| Medicaid | 122 | 37.7 |
| State-financed health insurance | 107 | 33.0 |
| Federal military insurance | 149 | 46.0 |
| No payment accepted | 5 | 1.5 |
| Access to Recovery (ATR) vouchers ² | n/a | n/a |
| IHS/638 contract care funds | 6 | 1.9 |
| Other payments | 9 | 2.8 |
| Sliding fee scale | 226 | 69.8 |
| Treatment at no charge for clients who cannot pay | 169 | 52.2 |

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

| Facility Licensing, Certification, or Accreditation | | |
|--|-------------------------|------|
| | Facilities ¹ | |
| | No. | % |
| Any listed agency/organization | 301 | 92.9 |
| State substance abuse agency | 271 | 83.6 |
| State mental health department | 181 | 55.9 |
| State department of health | 101 | 31.2 |
| Hospital licensing authority | 25 | 7.7 |
| The Joint Commission | 79 | 24.4 |
| Commission on Accreditation of Rehabilitation Facilities | 47 | 14.5 |
| National Committee for Quality Assurance | 15 | 4.6 |
| Council on Accreditation | 16 | 4.9 |
| Other state/local agency/organization | 40 | 12.3 |

¹ Facilities may be licensed by more than one agency/organization.

| Facility Funding | | |
|---|------------|------|
| | Facilities | |
| | No. | % |
| Receives federal, state, county, or local government funds for substance abuse treatment programs | 157 | 48.5 |

Types of Services Offered

| | Facilities | |
|---|------------|--------------|
| | No. | % |
| Assessment and Pre-Treatment Services | 324 | 100.0 |
| Screening for substance abuse | 317 | 97.8 |
| Screening for mental health disorders | 239 | 73.8 |
| Comprehensive substance abuse assessment or diagnosis | 303 | 93.5 |
| Comprehensive mental health assessment or diagnosis | 181 | 55.9 |
| Screening for tobacco use | 146 | 45.1 |
| Outreach to persons in the community who may need treatment | 163 | 50.3 |
| Interim services for clients when immediate admission is not possible | 134 | 41.4 |
| Testing | 227 | 70.1 |
| Breathalyzer or other blood alcohol testing | 147 | 45.4 |
| Drug or alcohol urine screening | 210 | 64.8 |
| Screening for Hepatitis B | 43 | 13.3 |
| Screening for Hepatitis C | 47 | 14.5 |
| HIV testing | 45 | 13.9 |
| STD testing | 38 | 11.7 |
| TB screening | 62 | 19.1 |
| Counseling | 317 | 97.8 |
| Individual counseling | 316 | 97.5 |
| Group counseling | 293 | 90.4 |
| Family counseling | 257 | 79.3 |
| Marital/couples counseling | 211 | 65.1 |
| Transitional Services | 315 | 97.2 |
| Discharge planning | 294 | 90.7 |
| Aftercare/continuing care | 290 | 89.5 |
| Pharmacotherapies | 178 | 54.9 |
| Antabuse® | 34 | 10.5 |
| Naltrexone (oral) | 47 | 14.5 |
| Vivitrol® (injectable Naltrexone) | 39 | 12.0 |
| Campral® | 54 | 16.7 |
| Nicotine replacement | 43 | 13.3 |
| Non-nicotine smoking/tobacco cessation medications | 30 | 9.3 |
| Medications for psychiatric disorders | 150 | 46.3 |
| Methadone | 16 | 4.9 |
| Buprenorphine with naloxone (Suboxone®) | 33 | 10.2 |
| Buprenorphine without naloxone | 22 | 6.8 |
| Ancillary Services | 319 | 98.5 |
| Case management services | 248 | 76.5 |
| Social skills development | 206 | 63.6 |
| Mentoring/peer support | 113 | 34.9 |
| Child care for clients' children | 19 | 5.9 |
| Assistance with obtaining social services | 126 | 38.9 |
| Employment counseling or training for clients | 99 | 30.6 |
| Assistance in locating housing for clients | 130 | 40.1 |
| Domestic violence services | 153 | 47.2 |
| Early intervention for HIV | 66 | 20.4 |
| HIV or AIDS education, counseling, or support | 147 | 45.4 |
| Hepatitis education, counseling, or support | 119 | 36.7 |

Continued.

Types of Services Offered (continued)

| | Facilities | |
|---|------------|------|
| | No. | % |
| Health education other than HIV/AIDS or hepatitis | 133 | 41.0 |
| Substance abuse education | 300 | 92.6 |
| Transportation assistance to treatment | 71 | 21.9 |
| Mental health services | 219 | 67.6 |
| Acupuncture | 5 | 1.5 |
| Residential beds for clients' children | 14 | 4.3 |
| Self-help groups | 104 | 32.1 |
| Smoking cessation counseling | 73 | 22.5 |

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

| | Facilities | |
|--|------------|------|
| | No. | % |
| Substance abuse counseling | 316 | 97.5 |
| Relapse prevention | 305 | 94.1 |
| Cognitive-behavioral therapy | 298 | 92.0 |
| Motivational interviewing | 269 | 83.0 |
| Anger management | 247 | 76.2 |
| Brief intervention | 256 | 79.0 |
| 12-step facilitation | 247 | 76.2 |
| Trauma-related counseling | 222 | 68.5 |
| Contingency management/motivational incentives | 168 | 51.9 |
| Rational emotive behavioral therapy (REBT) | 170 | 52.5 |
| Matrix Model | 101 | 31.2 |
| Computerized substance abuse treatment | 61 | 18.8 |
| Community reinforcement plus vouchers | 32 | 9.9 |
| Other treatment approaches | 42 | 13.0 |

Facility Capacity and Utilization Rate¹

| | Residential | Hospital Inpatient |
|--|-------------|--------------------|
| Number of facilities | 44 | 9 |
| Number of clients ² | 1,390 | 214 |
| Number of designated beds | 1,498 | 237 |
| Utilization rate ³ | 92.8 | 90.3 |
| Average number of designated beds per facility | 34 | 26 |

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

| | Facilities | |
|-------------------------------------|------------|------|
| | No. | % |
| Any program or group | 266 | 82.1 |
| Clients with co-occurring disorders | 88 | 27.2 |
| Adult women | 77 | 23.8 |
| DUI/DWI offenders | 160 | 49.4 |
| Adolescents | 63 | 19.4 |
| Adult men | 53 | 16.4 |
| Criminal justice clients | 78 | 24.1 |
| Persons who have experienced trauma | 44 | 13.6 |
| Pregnant or postpartum women | 52 | 16.0 |
| Persons with HIV or AIDS | 15 | 4.6 |
| Veterans | 29 | 9.0 |
| Seniors or older adults | 19 | 5.9 |
| LGBTQ ¹ clients | 14 | 4.3 |
| Active duty military | 22 | 6.8 |
| Members of military families | 17 | 5.2 |
| Other groups | 41 | 12.7 |

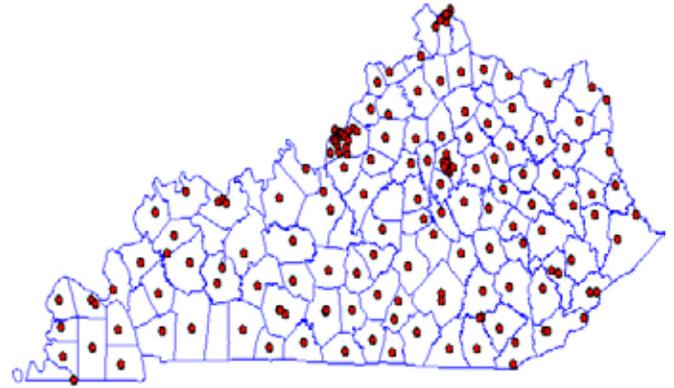
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

| | Facilities | |
|---|------------|------|
| | No. | % |
| Sign language | 156 | 48.1 |
| Any language other than English | 177 | 54.6 |
| Non-English Language Provided by: | | |
| On-call interpreter only | 157 | 88.7 |
| Staff counselor only | 10 | 5.6 |
| Both staff counselor and on-call interpreter | 10 | 5.6 |
| Languages Provided by Staff Counselor:¹ | | |
| Spanish | 19 | 95.0 |
| American Indian/Alaska Native languages | -- | -- |
| Other | -- | -- |

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/