

2012 State Profile — Louisiana

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Louisiana, 150 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 11,648 clients in substance abuse treatment on March 30, 2012. The survey response rate in Louisiana was 92.2%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	56	37.3	2,238	19.2	200	41.8
Private for-profit	40	26.7	4,407	37.8	53	11.1
Local, county, or community government	13	8.7	514	4.4	21	4.4
State government	34	22.7	4,033	34.6	201	42.1
Federal government	5	3.3	442	3.8	--	--
Dept. of Veterans Affairs	3	2.0	361	3.1	--	--
Dept. of Defense	2	1.3	81	0.7	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	2	1.3	14	0.1	3	0.6
Total	150	100.0	11,648	100.0	478	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	97	64.7	7,184	61.7	251	52.5
Mental health services	7	4.7	296	2.5	21	4.4
Mix of mental health and substance abuse treatment services	41	27.3	3,874	33.3	195	40.8
General health care	1	0.7	7	0.1	3	0.6
Other	4	2.7	287	2.5	8	1.7
Total	150	100.0	11,648	100.0	478	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012			
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	142	97.9	5,104	43.8	140	
Clients with drug abuse only	126	86.9	5,076	43.6	140	
Clients with alcohol abuse only	125	86.2	1,468	12.6	40	
Total	145		11,648	100.0	321	

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 5.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	113	75.3	10,112	86.8	38	439	91.8
Regular	108	72.0	4,635	39.8	20		
Intensive	80	53.3	2,050	17.6	11		
Day treatment/partial hospitalization	18	12.0	345	3.0	2		
Detoxification	18	12.0	25	0.2	--		
Methadone maintenance	9	6.0	3,057	26.2	425		
Residential (non-hospital)	46	30.7	1,376	11.8	19	27	5.6
Short term (<30 days)	20	13.3	437	3.8	17		
Long term (30+ days)	37	24.7	868	7.5	14		
Detoxification	13	8.7	71	0.6	3		
Hospital Inpatient	14	9.3	160	1.4	8	12	2.5
Treatment	13	8.7	73	0.6	3		
Detoxification	14	9.3	87	0.7	4		
Total	150		11,648		32	478	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	8	0.7
Clients in Facilities with OTPs		
Methadone	3,041	95.8
Buprenorphine	16	0.5
Clients in Facilities without OTPs		
Buprenorphine	118	3.7
Total	3,175	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	136	90.7
Private health insurance	92	61.3
Medicare	50	33.3
Medicaid	76	50.7
State-financed health insurance	41	27.3
Federal military insurance	57	38.0
No payment accepted	4	2.7
Access to Recovery (ATR) vouchers ²	29	19.3
IHS/638 contract care funds	2	1.3
Other payments	5	3.3
Sliding fee scale	81	54.0
Treatment at no charge for clients who cannot pay	105	70.0

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	141	94.0
State substance abuse agency	108	72.0
State mental health department	43	28.7
State department of health	113	75.3
Hospital licensing authority	31	20.7
The Joint Commission	19	12.7
Commission on Accreditation of Rehabilitation Facilities	19	12.7
National Committee for Quality Assurance	2	1.3
Council on Accreditation	4	2.7
Other state/local agency/organization	12	8.0

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	90	60.0

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	147	98.0
Screening for substance abuse	141	94.0
Screening for mental health disorders	98	65.3
Comprehensive substance abuse assessment or diagnosis	134	89.3
Comprehensive mental health assessment or diagnosis	54	36.0
Screening for tobacco use	80	53.3
Outreach to persons in the community who may need treatment	96	64.0
Interim services for clients when immediate admission is not possible	70	46.7
Testing	146	97.3
Breathalyzer or other blood alcohol testing	93	62.0
Drug or alcohol urine screening	144	96.0
Screening for Hepatitis B	40	26.7
Screening for Hepatitis C	40	26.7
HIV testing	69	46.0
STD testing	46	30.7
TB screening	74	49.3
Counseling	149	99.3
Individual counseling	147	98.0
Group counseling	142	94.7
Family counseling	120	80.0
Marital/couples counseling	82	54.7
Transitional Services	147	98.0
Discharge planning	143	95.3
Aftercare/continuing care	127	84.7
Pharmacotherapies	86	57.3
Antabuse®	29	19.3
Naltrexone (oral)	27	18.0
Vivitrol® (injectable Naltrexone)	17	11.3
Campral®	32	21.3
Nicotine replacement	50	33.3
Non-nicotine smoking/tobacco cessation medications	27	18.0
Medications for psychiatric disorders	69	46.0
Methadone	16	10.7
Buprenorphine with naloxone (Suboxone®)	29	19.3
Buprenorphine without naloxone	20	13.3
Ancillary Services	149	99.3
Case management services	122	81.3
Social skills development	101	67.3
Mentoring/peer support	75	50.0
Child care for clients' children	10	6.7
Assistance with obtaining social services	85	56.7
Employment counseling or training for clients	56	37.3
Assistance in locating housing for clients	65	43.3
Domestic violence services	41	27.3
Early intervention for HIV	35	23.3
HIV or AIDS education, counseling, or support	73	48.7
Hepatitis education, counseling, or support	45	30.0

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	67	44.7
Substance abuse education	145	96.7
Transportation assistance to treatment	52	34.7
Mental health services	78	52.0
Acupuncture	1	0.7
Residential beds for clients' children	8	5.3
Self-help groups	79	52.7
Smoking cessation counseling	51	34.0

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	148	98.7
Relapse prevention	140	93.3
Cognitive-behavioral therapy	141	94.0
Motivational interviewing	127	84.7
Anger management	128	85.3
Brief intervention	127	84.7
12-step facilitation	119	79.3
Trauma-related counseling	84	56.0
Contingency management/motivational incentives	89	59.3
Rational emotive behavioral therapy (REBT)	93	62.0
Matrix Model	73	48.7
Computerized substance abuse treatment	25	16.7
Community reinforcement plus vouchers	17	11.3
Other treatment approaches	14	9.3

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	42	5
Number of clients ²	1,219	80
Number of designated beds	1,685	112
Utilization rate ³	72.3	71.4
Average number of designated beds per facility	40	22

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	125	83.3
Clients with co-occurring disorders	49	32.7
Adult women	52	34.7
DUI/DWI offenders	46	30.7
Adolescents	44	29.3
Adult men	43	28.7
Criminal justice clients	30	20.0
Persons who have experienced trauma	23	15.3
Pregnant or postpartum women	21	14.0
Persons with HIV or AIDS	11	7.3
Veterans	18	12.0
Seniors or older adults	11	7.3
LGBTQ ¹ clients	8	5.3
Active duty military	14	9.3
Members of military families	9	6.0
Other groups	15	10.0

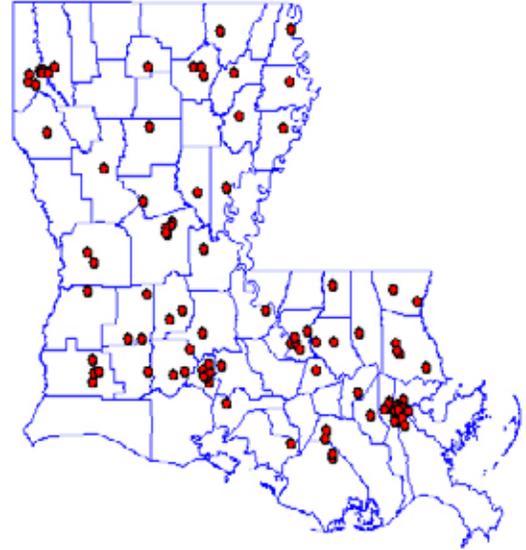
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	29	19.3
Any language other than English	27	18.0
Non-English Language Provided by:		
On-call interpreter only	20	74.1
Staff counselor only	2	7.4
Both staff counselor and on-call interpreter	5	18.5
Languages Provided by Staff Counselor:¹		
Spanish	7	100.0
American Indian/Alaska Native languages	2	28.6
Other	3	42.9

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/