

2012 State Profile — Massachusetts

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Massachusetts, 328 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 45,757 clients in substance abuse treatment on March 30, 2012. The survey response rate in Massachusetts was 90.8%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	258	78.7	23,230	50.8	1,810	77.3
Private for-profit	55	16.8	21,155	46.2	521	22.2
Local, county, or community government	6	1.8	721	1.6	11	0.5
State government	4	1.2	126	0.3	1	*
Federal government	5	1.5	525	1.1	--	--
Dept. of Veterans Affairs	3	0.9	442	1.0	--	--
Dept. of Defense	1	0.3	20	*	--	--
Indian Health Service	--	--	--	--	--	--
Other	1	0.3	63	0.1	--	--
Tribal government	--	--	--	--	--	--
Total	328	100.0	45,757	100.0	2,343	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	171	52.1	22,406	49.0	415	17.7
Mental health services	36	11.0	5,175	11.3	548	23.4
Mix of mental health and substance abuse treatment services	104	31.7	16,523	36.1	1,369	58.4
General health care	10	3.0	745	1.6	11	0.5
Other	7	2.1	908	2.0	--	--
Total	328	100.0	45,757	100.0	2,343	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	300	94.9	16,828	37.2	293
Clients with drug abuse only	261	82.6	21,964	48.6	409
Clients with alcohol abuse only	247	78.2	6,427	14.2	115
Total	316		45,219	100.0	818

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 12.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	202	61.6	41,921	91.6	100	2,196	93.7
Regular	181	55.2	24,382	53.3	75		
Intensive	60	18.3	1,478	3.2	19		
Day treatment/partial hospitalization	33	10.1	566	1.2	17		
Detoxification	38	11.6	699	1.5	8		
Methadone maintenance	51	15.5	14,796	32.3	279		
Residential (non-hospital)	127	38.7	3,151	6.9	22	132	5.6
Short term (<30 days)	40	12.2	855	1.9	23		
Long term (30+ days)	102	31.1	2,037	4.5	20		
Detoxification	12	3.7	259	0.6	18		
Hospital Inpatient	30	9.1	685	1.5	16	15	0.6
Treatment	18	5.5	240	0.5	2		
Detoxification	26	7.9	445	1.0	13		
Total	328		45,757		44	2,343	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	51	4.4
Clients in Facilities with OTPs		
Methadone	15,341	78.3
Buprenorphine	491	2.5
Clients in Facilities without OTPs		
Buprenorphine	3,758	19.2
Total	19,590	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	275	83.8
Private health insurance	210	64.0
Medicare	183	55.8
Medicaid	213	64.9
State-financed health insurance	204	62.2
Federal military insurance	114	34.8
No payment accepted	21	6.4
Access to Recovery (ATR) vouchers ²	10	3.0
IHS/638 contract care funds	11	3.4
Other payments	11	3.4
Sliding fee scale	194	59.1
Treatment at no charge for clients who cannot pay	214	65.2

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	315	96.0
State substance abuse agency	276	84.1
State mental health department	94	28.7
State department of health	258	78.7
Hospital licensing authority	43	13.1
The Joint Commission	97	29.6
Commission on Accreditation of Rehabilitation Facilities	78	23.8
National Committee for Quality Assurance	17	5.2
Council on Accreditation	17	5.2
Other state/local agency/organization	16	4.9

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	225	68.6

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	319	97.3
Screening for substance abuse	303	92.4
Screening for mental health disorders	237	72.3
Comprehensive substance abuse assessment or diagnosis	291	88.7
Comprehensive mental health assessment or diagnosis	156	47.6
Screening for tobacco use	264	80.5
Outreach to persons in the community who may need treatment	156	47.6
Interim services for clients when immediate admission is not possible	102	31.1
Testing	289	88.1
Breathalyzer or other blood alcohol testing	205	62.5
Drug or alcohol urine screening	261	79.6
Screening for Hepatitis B	114	34.8
Screening for Hepatitis C	119	36.3
HIV testing	131	39.9
STD testing	102	31.1
TB screening	177	54.0
Counseling	323	98.5
Individual counseling	317	96.6
Group counseling	302	92.1
Family counseling	257	78.4
Marital/couples counseling	203	61.9
Transitional Services	315	96.0
Discharge planning	307	93.6
Aftercare/continuing care	282	86.0
Pharmacotherapies	235	71.6
Antabuse®	76	23.2
Naltrexone (oral)	101	30.8
Vivitrol® (injectable Naltrexone)	45	13.7
Campral®	96	29.3
Nicotine replacement	130	39.6
Non-nicotine smoking/tobacco cessation medications	87	26.5
Medications for psychiatric disorders	172	52.4
Methadone	85	25.9
Buprenorphine with naloxone (Suboxone®)	116	35.4
Buprenorphine without naloxone	61	18.6
Ancillary Services	326	99.4
Case management services	279	85.1
Social skills development	253	77.1
Mentoring/peer support	174	53.0
Child care for clients' children	16	4.9
Assistance with obtaining social services	243	74.1
Employment counseling or training for clients	93	28.4
Assistance in locating housing for clients	178	54.3
Domestic violence services	136	41.5
Early intervention for HIV	121	36.9
HIV or AIDS education, counseling, or support	255	77.7
Hepatitis education, counseling, or support	225	68.6

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	230	70.1
Substance abuse education	312	95.1
Transportation assistance to treatment	151	46.0
Mental health services	216	65.9
Acupuncture	5	1.5
Residential beds for clients' children	19	5.8
Self-help groups	190	57.9
Smoking cessation counseling	216	65.9

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	323	98.5
Relapse prevention	316	96.3
Cognitive-behavioral therapy	306	93.3
Motivational interviewing	313	95.4
Anger management	285	86.9
Brief intervention	280	85.4
12-step facilitation	258	78.7
Trauma-related counseling	281	85.7
Contingency management/motivational incentives	185	56.4
Rational emotive behavioral therapy (REBT)	118	36.0
Matrix Model	70	21.3
Computerized substance abuse treatment	47	14.3
Community reinforcement plus vouchers	39	11.9
Other treatment approaches	37	11.3

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	118	19
Number of clients ²	3,037	626
Number of designated beds	3,195	596
Utilization rate ³	95.1	105.0
Average number of designated beds per facility	27	31

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	264	80.5
Clients with co-occurring disorders	136	41.5
Adult women	116	35.4
DUI/DWI offenders	56	17.1
Adolescents	39	11.9
Adult men	109	33.2
Criminal justice clients	40	12.2
Persons who have experienced trauma	102	31.1
Pregnant or postpartum women	56	17.1
Persons with HIV or AIDS	46	14.0
Veterans	20	6.1
Seniors or older adults	22	6.7
LGBTQ ¹ clients	23	7.0
Active duty military	10	3.0
Members of military families	7	2.1
Other groups	56	17.1

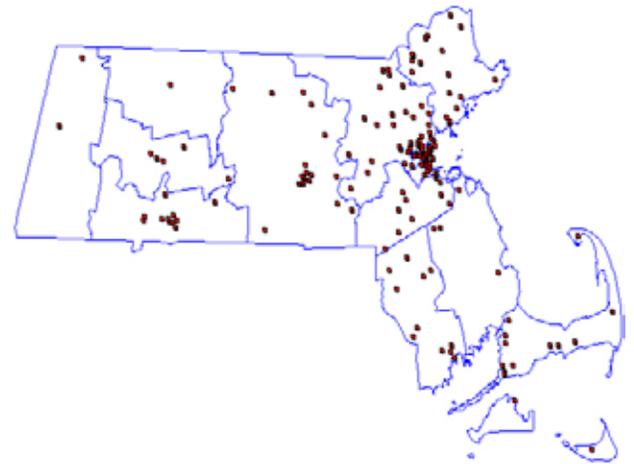
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	121	36.9
Any language other than English	188	57.3
Non-English Language Provided by:		
On-call interpreter only	37	19.7
Staff counselor only	80	42.6
Both staff counselor and on-call interpreter	71	37.8
Languages Provided by Staff Counselor:¹		
Spanish	144	95.4
American Indian/Alaska Native languages	1	0.7
Other	86	57.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/