

2012 State Profile — Maryland

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Maryland, 362 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 39,080 clients in substance abuse treatment on March 30, 2012. The survey response rate in Maryland was 93.6%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	143	39.5	12,949	33.1	680	26.0
Private for-profit	156	43.1	18,489	47.3	1,251	47.8
Local, county, or community government	22	6.1	3,229	8.3	228	8.7
State government	31	8.6	3,398	8.7	458	17.5
Federal government	10	2.8	1,015	2.6	--	--
Dept. of Veterans Affairs	2	0.6	852	2.2	--	--
Dept. of Defense	5	1.4	117	0.3	--	--
Indian Health Service	--	--	--	--	--	--
Other	3	0.8	46	0.1	--	--
Tribal government	--	--	--	--	--	--
Total	362	100.0	39,080	100.0	2,617	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	244	67.4	30,369	77.7	1,696	64.8
Mental health services	14	3.9	445	1.1	18	0.7
Mix of mental health and substance abuse treatment services	90	24.9	7,068	18.1	873	33.4
General health care	8	2.2	583	1.5	--	--
Other	6	1.7	615	1.6	30	1.1
Total	362	100.0	39,080	100.0	2,617	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012			
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	327	93.2	14,523	37.2	295	
Clients with drug abuse only	295	84.0	18,905	48.4	394	
Clients with alcohol abuse only	272	77.5	5,642	14.4	117	
Total	351		39,070	100.0	805	

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 11.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	301	83.1	36,765	94.1	68	2,468	94.3
Regular	277	76.5	16,585	42.4	31		
Intensive	163	45.0	4,122	10.5	15		
Day treatment/partial hospitalization	17	4.7	197	0.5	4		
Detoxification	53	14.6	424	1.1	2		
Methadone maintenance	65	18.0	15,437	39.5	210		
Residential (non-hospital)	76	21.0	1,994	5.1	15	78	3.0
Short term (<30 days)	30	8.3	527	1.3	17		
Long term (30+ days)	71	19.6	1,429	3.7	12		
Detoxification	15	4.1	38	0.1	--		
Hospital Inpatient	17	4.7	321	0.8	10	71	2.7
Treatment	14	3.9	210	0.5	12		
Detoxification	17	4.7	111	0.3	6		
Total	362		39,080		54	2,617	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	53	4.5
Clients in Facilities with OTPs		
Methadone	15,947	86.9
Buprenorphine	468	2.6
Clients in Facilities without OTPs		
Buprenorphine	1,937	10.6
Total	18,352	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	331	91.4
Private health insurance	206	56.9
Medicare	86	23.8
Medicaid	225	62.2
State-financed health insurance	144	39.8
Federal military insurance	80	22.1
No payment accepted	7	1.9
Access to Recovery (ATR) vouchers ²	52	14.4
IHS/638 contract care funds	7	1.9
Other payments	7	1.9
Sliding fee scale	235	64.9
Treatment at no charge for clients who cannot pay	143	39.5

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	345	95.3
State substance abuse agency	315	87.0
State mental health department	135	37.3
State department of health	226	62.4
Hospital licensing authority	18	5.0
The Joint Commission	87	24.0
Commission on Accreditation of Rehabilitation Facilities	58	16.0
National Committee for Quality Assurance	12	3.3
Council on Accreditation	9	2.5
Other state/local agency/organization	21	5.8

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	179	49.4

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	358	98.9
Screening for substance abuse	349	96.4
Screening for mental health disorders	253	69.9
Comprehensive substance abuse assessment or diagnosis	331	91.4
Comprehensive mental health assessment or diagnosis	148	40.9
Screening for tobacco use	236	65.2
Outreach to persons in the community who may need treatment	207	57.2
Interim services for clients when immediate admission is not possible	153	42.3
Testing	353	97.5
Breathalyzer or other blood alcohol testing	319	88.1
Drug or alcohol urine screening	342	94.5
Screening for Hepatitis B	124	34.3
Screening for Hepatitis C	126	34.8
HIV testing	121	33.4
STD testing	92	25.4
TB screening	173	47.8
Counseling	361	99.7
Individual counseling	352	97.2
Group counseling	347	95.9
Family counseling	297	82.0
Marital/couples counseling	220	60.8
Transitional Services	353	97.5
Discharge planning	349	96.4
Aftercare/continuing care	314	86.7
Pharmacotherapies	203	56.1
Antabuse®	76	21.0
Naltrexone (oral)	79	21.8
Vivitrol® (injectable Naltrexone)	42	11.6
Campral®	66	18.2
Nicotine replacement	81	22.4
Non-nicotine smoking/tobacco cessation medications	54	14.9
Medications for psychiatric disorders	130	35.9
Methadone	72	19.9
Buprenorphine with naloxone (Suboxone®)	128	35.4
Buprenorphine without naloxone	71	19.6
Ancillary Services	361	99.7
Case management services	274	75.7
Social skills development	229	63.3
Mentoring/peer support	184	50.8
Child care for clients' children	17	4.7
Assistance with obtaining social services	222	61.3
Employment counseling or training for clients	141	39.0
Assistance in locating housing for clients	162	44.8
Domestic violence services	125	34.5
Early intervention for HIV	129	35.6
HIV or AIDS education, counseling, or support	252	69.6
Hepatitis education, counseling, or support	195	53.9

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	226	62.4
Substance abuse education	350	96.7
Transportation assistance to treatment	143	39.5
Mental health services	222	61.3
Acupuncture	46	12.7
Residential beds for clients' children	10	2.8
Self-help groups	177	48.9
Smoking cessation counseling	143	39.5

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	352	97.2
Relapse prevention	334	92.3
Cognitive-behavioral therapy	334	92.3
Motivational interviewing	303	83.7
Anger management	266	73.5
Brief intervention	300	82.9
12-step facilitation	276	76.2
Trauma-related counseling	226	62.4
Contingency management/motivational incentives	219	60.5
Rational emotive behavioral therapy (REBT)	176	48.6
Matrix Model	121	33.4
Computerized substance abuse treatment	56	15.5
Community reinforcement plus vouchers	54	14.9
Other treatment approaches	48	13.3

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	69	10
Number of clients ²	1,923	255
Number of designated beds	2,456	361
Utilization rate ³	78.3	70.6
Average number of designated beds per facility	36	36

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	311	85.9
Clients with co-occurring disorders	146	40.3
Adult women	138	38.1
DUI/DWI offenders	157	43.4
Adolescents	86	23.8
Adult men	109	30.1
Criminal justice clients	79	21.8
Persons who have experienced trauma	74	20.4
Pregnant or postpartum women	41	11.3
Persons with HIV or AIDS	40	11.0
Veterans	26	7.2
Seniors or older adults	21	5.8
LGBTQ ¹ clients	21	5.8
Active duty military	15	4.1
Members of military families	12	3.3
Other groups	44	12.2

¹ Lesbian, gay, bisexual, transgender, or questioning clients.

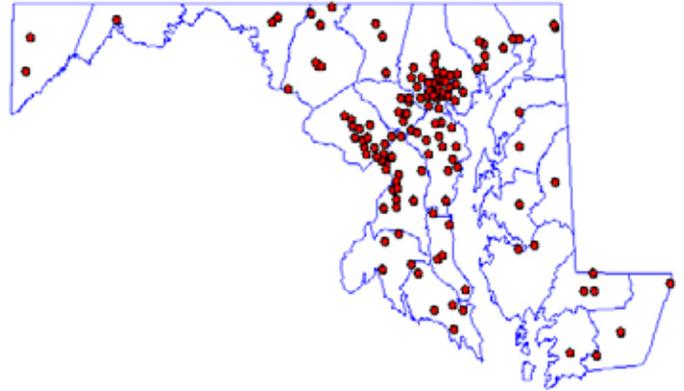
Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	61	16.9
Any language other than English	105	29.0
Non-English Language Provided by:		
On-call interpreter only	45	42.9
Staff counselor only	36	34.3
Both staff counselor and on-call interpreter	24	22.9
Languages Provided by Staff Counselor:¹		
Spanish	55	91.7
American Indian/Alaska Native languages	--	--
Other	16	26.7

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/