2012 State Profile — North Carolina
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In North Carolina, 464 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 32,766 clients in substance abuse treatment on March 30, 2012. The survey response rate in North Carolina was 88.4%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	184	39.7	12,966	39.6	990	50.7
Private for-profit	243	52.4	17,198	52.5	920	47.2
Local, county, or community government	12	2.6	491	1.5	14	0.7
State government	11	2.4	753	2.3	19	1.0
Federal government	12	2.6	1,358	4.1	8	0.4
Dept. of Veterans Affairs	7	1.5	942	2.9	--	--
Dept. of Defense	4	0.9	408	1.2	--	--
Indian Health Service	1	0.2	8	*	8	0.4
Other	--	--	--	--	--	--
Tribal government	2	0.4	--	--	--	--
Total	**464**	**100.0**	**32,766**	**100.0**	**1,951**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	235	50.6	21,134	64.5	564	28.9
Mental health services	56	12.1	2,150	6.6	437	22.4
Mix of mental health and substance abuse treatment services	159	34.3	8,429	25.7	738	37.8
General health care	6	1.3	533	1.6	7	0.4
Other	8	1.7	520	1.6	205	10.5
Total	**464**	**100.0**	**32,766**	**100.0**	**1,951**	**100.0**

Substance Abuse Problem Treated

	Facilities[1,2]		Clients in Treatment on March 30, 2012		
			All Clients[3]		Clients[3] per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	415	93.5	12,944	39.8	159
Clients with drug abuse only	371	83.6	14,259	43.9	184
Clients with alcohol abuse only	340	76.6	5,287	16.3	66
Total	**444**		**32,490**	**100.0**	**409**

[1] Facilities may be included in more than one category.
[2] Facilities excluded because they were not asked or did not respond to this question: 20.
[3] Sum of individual items may not agree with the total due to rounding.

For symbol definitions, see the symbol key on the last page of this profile.

Type of Care

	Facilities[1]		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	**389**	**83.8**	**29,599**	**90.3**	**35**	**1,722**	**88.3**
Regular	363	78.2	14,093	43.0	20		
Intensive	179	38.6	3,780	11.5	10		
Day treatment/partial hospitalization	55	11.9	513	1.6	5		
Detoxification	36	7.8	317	1.0	--		
Methadone maintenance	46	9.9	10,896	33.3	224		
Residential (non-hospital)	**85**	**18.3**	**2,420**	**7.4**	**12**	**175**	**9.0**
Short term (<30 days)	31	6.7	448	1.4	9		
Long term (30+ days)	62	13.4	1,869	5.7	10		
Detoxification	16	3.4	103	0.3	5		
Hospital Inpatient	**26**	**5.6**	**747**	**2.3**	**12**	**54**	**2.8**
Treatment	20	4.3	473	1.4	8		
Detoxification	24	5.2	274	0.8	8		
Total	**464**		**32,766**		**32**	**1,951**	**100.0**

[1] Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs[1]	**41**	**3.5**
Clients in Facilities with OTPs		
Methadone	10,272	84.2
Buprenorphine	600	4.9
Clients in Facilities without OTPs		
Buprenorphine	1,325	10.9
Total	**12,197**	**100.0**

[1] Percentage of all OTP facilities that are in the United States.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	407	87.7
Private health insurance	275	59.3
Medicare	148	31.9
Medicaid	299	64.4
State-financed health insurance	210	45.3
Federal military insurance	159	34.3
No payment accepted	16	3.4
Access to Recovery (ATR) vouchers[2]	*n/a*	*n/a*
IHS/638 contract care funds	12	2.6
Other payments	18	3.9
Sliding fee scale	221	47.6
Treatment at no charge for clients who cannot pay	205	44.2

[1] Facilities may accept more than one type of payment.
[2] Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	418	90.1
State substance abuse agency	316	68.1
State mental health department	268	57.8
State department of health	180	38.8
Hospital licensing authority	25	5.4
The Joint Commission	59	12.7
Commission on Accreditation of Rehabilitation Facilities	178	38.4
National Committee for Quality Assurance	11	2.4
Council on Accreditation	36	7.8
Other state/local agency/organization	50	10.8

[1] Facilities may be licensed by more than one agency/organization.

Facility Funding

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	194	41.8

For symbol definitions, see the symbol key on the last page of this profile.

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	**454**	**97.8**
Screening for substance abuse	438	94.4
Screening for mental health disorders	326	70.3
Comprehensive substance abuse assessment or diagnosis	417	89.9
Comprehensive mental health assessment or diagnosis	230	49.6
Screening for tobacco use	264	56.9
Outreach to persons in the community who may need treatment	247	53.2
Interim services for clients when immediate admission is not possible	195	42.0
Testing	**407**	**87.7**
Breathalyzer or other blood alcohol testing	293	63.1
Drug or alcohol urine screening	395	85.1
Screening for Hepatitis B	80	17.2
Screening for Hepatitis C	80	17.2
HIV testing	99	21.3
STD testing	81	17.5
TB screening	143	30.8
Counseling	**458**	**98.7**
Individual counseling	455	98.1
Group counseling	417	89.9
Family counseling	365	78.7
Marital/couples counseling	274	59.1
Transitional Services	**455**	**98.1**
Discharge planning	423	91.2
Aftercare/continuing care	394	84.9
Pharmacotherapies	**246**	**53.0**
Antabuse®	69	14.9
Naltrexone (oral)	64	13.8
Vivitrol® (injectable Naltrexone)	49	10.6
Campral®	64	13.8
Nicotine replacement	95	20.5
Non-nicotine smoking/tobacco cessation medications	78	16.8
Medications for psychiatric disorders	196	42.2
Methadone	47	10.1
Buprenorphine with naloxone (Suboxone®)	93	20.0
Buprenorphine without naloxone	46	9.9
Ancillary Services	**460**	**99.1**
Case management services	334	72.0
Social skills development	329	70.9
Mentoring/peer support	192	41.4
Child care for clients' children	29	6.3
Assistance with obtaining social services	220	47.4
Employment counseling or training for clients	144	31.0
Assistance in locating housing for clients	220	47.4
Domestic violence services	170	36.6
Early intervention for HIV	83	17.9
HIV or AIDS education, counseling, or support	221	47.6
Hepatitis education, counseling, or support	161	34.7

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	208	44.8
Substance abuse education	439	94.6
Transportation assistance to treatment	173	37.3
Mental health services	303	65.3
Acupuncture	8	1.7
Residential beds for clients' children	21	4.5
Self-help groups	173	37.3
Smoking cessation counseling	172	37.1

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	454	97.8
Relapse prevention	431	92.9
Cognitive-behavioral therapy	434	93.5
Motivational interviewing	425	91.6
Anger management	374	80.6
Brief intervention	382	82.3
12-step facilitation	353	76.1
Trauma-related counseling	317	68.3
Contingency management/motivational incentives	273	58.8
Rational emotive behavioral therapy (REBT)	192	41.4
Matrix Model	201	43.3
Computerized substance abuse treatment	58	12.5
Community reinforcement plus vouchers	60	12.9
Other treatment approaches	74	15.9

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	71	19
Number of clients[2]	2,104	675
Number of designated beds	2,343	488
Utilization rate[3]	89.8	138.3
Average number of designated beds per facility	33	26

[1] Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.
[2] Number of clients on March 30, 2012.
[3] Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	390	84.1
Clients with co-occurring disorders	183	39.4
Adult women	133	28.7
DUI/DWI offenders	170	36.6
Adolescents	105	22.6
Adult men	77	16.6
Criminal justice clients	98	21.1
Persons who have experienced trauma	100	21.6
Pregnant or postpartum women	57	12.3
Persons with HIV or AIDS	31	6.7
Veterans	28	6.0
Seniors or older adults	20	4.3
LGBTQ[1] clients	22	4.7
Active duty military	18	3.9
Members of military families	18	3.9
Other groups	63	13.6

[1] Lesbian, gay, bisexual, transgender, or questioning clients.

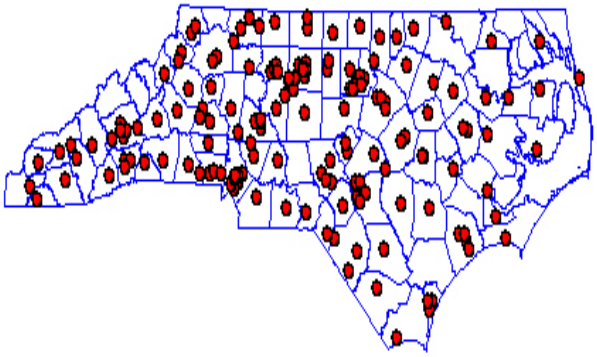
For symbol definitions, see the symbol key on the last page of this profile.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	83	17.9
Any language other than English	121	26.1
Non-English Language Provided by:		
On-call interpreter only	57	47.1
Staff counselor only	42	34.7
Both staff counselor and on-call interpreter	22	18.2
Languages Provided by Staff Counselor:[1]		
Spanish	62	96.9
American Indian/Alaska Native languages	2	3.1
Other	9	14.1

[1] Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. *n/a* Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at:
http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:
http://www.samhsa.gov/data/

Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/