2012 State Profile — North Dakota
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In North Dakota, 64 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 2,010 clients in substance abuse treatment on March 30, 2012. The survey response rate in North Dakota was 100.0%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	17	26.6	562	28.0	57	23.4
Private for-profit	29	45.3	408	20.3	44	18.0
Local, county, or community government	--	--	--	--	--	--
State government	11	17.2	902	44.9	113	46.3
Federal government	3	4.7	73	3.6	--	--
Dept. of Veterans Affairs	1	1.6	36	1.8	--	--
Dept. of Defense	1	1.6	20	1.0	--	--
Indian Health Service	1	1.6	17	0.8	--	--
Other	--	--	--	--	--	--
Tribal government	4	6.3	65	3.2	30	12.3
Total	**64**	**100.0**	**2,010**	**100.0**	**244**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	36	56.3	910	45.3	76	31.1
Mental health services	2	3.1	13	0.6	--	--
Mix of mental health and substance abuse treatment services	25	39.1	1,075	53.5	167	68.4
General health care	1	1.6	12	0.6	1	0.4
Other	--	--	--	--	--	--
Total	**64**	**100.0**	**2,010**	**100.0**	**244**	**100.0**

Substance Abuse Problem Treated

	Facilities[1,2]		Clients in Treatment on March 30, 2012		
			All Clients[3]		Clients[3] per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	58	98.3	1,122	55.8	181
Clients with drug abuse only	47	79.7	269	13.4	41
Clients with alcohol abuse only	55	93.2	619	30.8	102
Total	**59**		**2,010**	**100.0**	**324**

[1] Facilities may be included in more than one category.
[2] Facilities excluded because they were not asked or did not respond to this question: 5.
[3] Sum of individual items may not agree with the total due to rounding.

For symbol definitions, see the symbol key on the last page of this profile.

Type of Care

	Facilities[1]		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	**58**	**90.6**	**1,540**	**76.6**	**15**	**205**	**84.0**
Regular	54	84.4	1,167	58.1	13		
Intensive	29	45.3	251	12.5	7		
Day treatment/partial hospitalization	22	34.4	112	5.6	3		
Detoxification	6	9.4	10	0.5	1		
Methadone maintenance	--	--	--	--	--		
Residential (non-hospital)	**21**	**32.8**	**407**	**20.2**	**11**	**31**	**12.7**
Short term (<30 days)	13	20.3	58	2.9	5		
Long term (30+ days)	19	29.7	345	17.2	10		
Detoxification	9	14.1	4	0.2	--		
Hospital Inpatient	**6**	**9.4**	**63**	**3.1**	**5**	**8**	**3.3**
Treatment	5	7.8	46	2.3	3		
Detoxification	6	9.4	17	0.8	3		
Total	**64**		**2,010**		**16**	**244**	**100.0**

[1] Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs[1]	**--**	**--**
Clients in Facilities with OTPs		
Methadone	--	--
Buprenorphine	--	--
Clients in Facilities without OTPs		
Buprenorphine	28	100.0
Total	**28**	**100.0**

[1] Percentage of all OTP facilities that are in the United States.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	53	82.8
Private health insurance	43	67.2
Medicare	19	29.7
Medicaid	21	32.8
State-financed health insurance	21	32.8
Federal military insurance	24	37.5
No payment accepted	4	6.3
Access to Recovery (ATR) vouchers[2]	*n/a*	*n/a*
IHS/638 contract care funds	9	14.1
Other payments	1	1.6
Sliding fee scale	24	37.5
Treatment at no charge for clients who cannot pay	26	40.6

[1] Facilities may accept more than one type of payment.
[2] Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	62	96.9
State substance abuse agency	59	92.2
State mental health department	28	43.8
State department of health	15	23.4
Hospital licensing authority	5	7.8
The Joint Commission	7	10.9
Commission on Accreditation of Rehabilitation Facilities	1	1.6
National Committee for Quality Assurance	--	--
Council on Accreditation	--	--
Other state/local agency/organization	4	6.3

[1] Facilities may be licensed by more than one agency/organization.

Facility Funding

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	24	37.5

For symbol definitions, see the symbol key on the last page of this profile.

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	**63**	**98.4**
Screening for substance abuse	57	89.1
Screening for mental health disorders	38	59.4
Comprehensive substance abuse assessment or diagnosis	59	92.2
Comprehensive mental health assessment or diagnosis	22	34.4
Screening for tobacco use	44	68.8
Outreach to persons in the community who may need treatment	32	50.0
Interim services for clients when immediate admission is not possible	34	53.1
Testing	**54**	**84.4**
Breathalyzer or other blood alcohol testing	44	68.8
Drug or alcohol urine screening	52	81.3
Screening for Hepatitis B	15	23.4
Screening for Hepatitis C	16	25.0
HIV testing	13	20.3
STD testing	13	20.3
TB screening	20	31.3
Counseling	**63**	**98.4**
Individual counseling	60	93.8
Group counseling	57	89.1
Family counseling	56	87.5
Marital/couples counseling	40	62.5
Transitional Services	**61**	**95.3**
Discharge planning	57	89.1
Aftercare/continuing care	59	92.2
Pharmacotherapies	**25**	**39.1**
Antabuse®	15	23.4
Naltrexone (oral)	14	21.9
Vivitrol® (injectable Naltrexone)	5	7.8
Campral®	12	18.8
Nicotine replacement	13	20.3
Non-nicotine smoking/tobacco cessation medications	12	18.8
Medications for psychiatric disorders	20	31.3
Methadone	3	4.7
Buprenorphine with naloxone (Suboxone®)	3	4.7
Buprenorphine without naloxone	2	3.1
Ancillary Services	**64**	**100.0**
Case management services	46	71.9
Social skills development	42	65.6
Mentoring/peer support	28	43.8
Child care for clients' children	4	6.3
Assistance with obtaining social services	22	34.4
Employment counseling or training for clients	16	25.0
Assistance in locating housing for clients	21	32.8
Domestic violence services	27	42.2
Early intervention for HIV	6	9.4
HIV or AIDS education, counseling, or support	18	28.1
Hepatitis education, counseling, or support	20	31.3

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	23	35.9
Substance abuse education	60	93.8
Transportation assistance to treatment	20	31.3
Mental health services	36	56.3
Acupuncture	4	6.3
Residential beds for clients' children	5	7.8
Self-help groups	29	45.3
Smoking cessation counseling	18	28.1

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	63	98.4
Relapse prevention	59	92.2
Cognitive-behavioral therapy	58	90.6
Motivational interviewing	48	75.0
Anger management	47	73.4
Brief intervention	53	82.8
12-step facilitation	46	71.9
Trauma-related counseling	32	50.0
Contingency management/motivational incentives	39	60.9
Rational emotive behavioral therapy (REBT)	15	23.4
Matrix Model	18	28.1
Computerized substance abuse treatment	7	10.9
Community reinforcement plus vouchers	3	4.7
Other treatment approaches	8	12.5

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	20	3
Number of clients[2]	399	28
Number of designated beds	432	45
Utilization rate[3]	92.4	62.2
Average number of designated beds per facility	22	15

[1] Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.
[2] Number of clients on March 30, 2012.
[3] Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	56	87.5
Clients with co-occurring disorders	20	31.3
Adult women	17	26.6
DUI/DWI offenders	32	50.0
Adolescents	21	32.8
Adult men	11	17.2
Criminal justice clients	11	17.2
Persons who have experienced trauma	7	10.9
Pregnant or postpartum women	5	7.8
Persons with HIV or AIDS	2	3.1
Veterans	3	4.7
Seniors or older adults	2	3.1
LGBTQ[1] clients	2	3.1
Active duty military	3	4.7
Members of military families	1	1.6
Other groups	4	6.3

[1] Lesbian, gay, bisexual, transgender, or questioning clients.

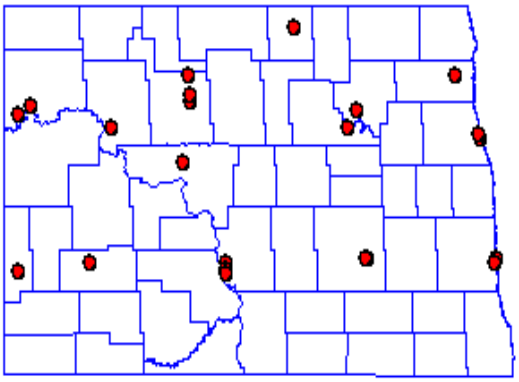
For symbol definitions, see the symbol key on the last page of this profile.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	12	18.8
Any language other than English	10	15.6
Non-English Language Provided by:		
On-call interpreter only	9	90.0
Staff counselor only	1	10.0
Both staff counselor and on-call interpreter	--	--
Languages Provided by Staff Counselor:[1]		
Spanish	--	--
American Indian/Alaska Native languages	1	100.0
Other	--	--

[1] Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. *n/a* Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at:
http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:
http://www.samhsa.gov/data/

Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/