

2012 State Profile — Nebraska

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Nebraska, 123 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 5,062 clients in substance abuse treatment on March 30, 2012. The survey response rate in Nebraska was 92.3%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	82	66.7	3,538	69.9	387	72.9
Private for-profit	19	15.4	803	15.9	98	18.5
Local, county, or community government	7	5.7	209	4.1	10	1.9
State government	--	--	--	--	--	--
Federal government	6	4.9	340	6.7	--	--
Dept. of Veterans Affairs	4	3.3	292	5.8	--	--
Dept. of Defense	1	0.8	40	0.8	--	--
Indian Health Service	1	0.8	8	0.2	--	--
Other	--	--	--	--	--	--
Tribal government	9	7.3	172	3.4	36	6.8
Total	123	100.0	5,062	100.0	531	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	46	37.4	1,738	34.3	95	17.9
Mental health services	10	8.1	308	6.1	75	14.1
Mix of mental health and substance abuse treatment services	60	48.8	2,890	57.1	355	66.9
General health care	1	0.8	40	0.8	2	0.4
Other	6	4.9	86	1.7	4	0.8
Total	123	100.0	5,062	100.0	531	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012			
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	115	94.3	2,944	58.2	187	
Clients with drug abuse only	102	83.6	916	18.1	61	
Clients with alcohol abuse only	113	92.6	1,202	23.7	78	
Total	122		5,062	100.0	326	

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 1.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care								
	Facilities ¹		Clients in Treatment on March 30, 2012					
			All Clients			Clients Under Age 18		
	No.	%	No.	%	Median No. of Clients per Facility	No.	%	
Outpatient	100	81.3	4,373	86.4	26	495	93.2	
Regular	99	80.5	3,141	62.1	18			
Intensive	48	39.0	562	11.1	10			
Day treatment/partial hospitalization	10	8.1	98	1.9	1			
Detoxification	5	4.1	31	0.6	--			
Methadone maintenance	4	3.3	541	10.7	133			
Residential (non-hospital)	38	30.9	676	13.4	15	36	6.8	
Short term (<30 days)	17	13.8	216	4.3	9			
Long term (30+ days)	30	24.4	428	8.5	15			
Detoxification	6	4.9	32	0.6	4			
Hospital Inpatient	2	1.6	13	0.3	7	--	--	
Treatment	2	1.6	--	--	--			
Detoxification	2	1.6	13	0.3	7			
Total	123		5,062		22	531	100.0	

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	3	0.3
Clients in Facilities with OTPs		
Methadone	537	95.2
Buprenorphine	10	1.8
Clients in Facilities without OTPs		
Buprenorphine	17	3.0
Total	564	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	108	87.8
Private health insurance	88	71.5
Medicare	52	42.3
Medicaid	94	76.4
State-financed health insurance	51	41.5
Federal military insurance	65	52.8
No payment accepted	5	4.1
Access to Recovery (ATR) vouchers ²	n/a	n/a
IHS/638 contract care funds	11	8.9
Other payments	15	12.2
Sliding fee scale	87	70.7
Treatment at no charge for clients who cannot pay	61	49.6

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	109	88.6
State substance abuse agency	96	78.0
State mental health department	48	39.0
State department of health	75	61.0
Hospital licensing authority	14	11.4
The Joint Commission	27	22.0
Commission on Accreditation of Rehabilitation Facilities	40	32.5
National Committee for Quality Assurance	1	0.8
Council on Accreditation	23	18.7
Other state/local agency/organization	1	0.8

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	96	78.0

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	118	95.9
Screening for substance abuse	112	91.1
Screening for mental health disorders	96	78.0
Comprehensive substance abuse assessment or diagnosis	108	87.8
Comprehensive mental health assessment or diagnosis	63	51.2
Screening for tobacco use	59	48.0
Outreach to persons in the community who may need treatment	66	53.7
Interim services for clients when immediate admission is not possible	78	63.4
Testing	74	60.2
Breathalyzer or other blood alcohol testing	52	42.3
Drug or alcohol urine screening	69	56.1
Screening for Hepatitis B	25	20.3
Screening for Hepatitis C	25	20.3
HIV testing	20	16.3
STD testing	19	15.4
TB screening	30	24.4
Counseling	123	100.0
Individual counseling	123	100.0
Group counseling	109	88.6
Family counseling	115	93.5
Marital/couples counseling	101	82.1
Transitional Services	122	99.2
Discharge planning	119	96.7
Aftercare/continuing care	116	94.3
Pharmacotherapies	55	44.7
Antabuse®	16	13.0
Naltrexone (oral)	16	13.0
Vivitrol® (injectable Naltrexone)	7	5.7
Campral®	17	13.8
Nicotine replacement	24	19.5
Non-nicotine smoking/tobacco cessation medications	19	15.4
Medications for psychiatric disorders	48	39.0
Methadone	5	4.1
Buprenorphine with naloxone (Suboxone®)	11	8.9
Buprenorphine without naloxone	7	5.7
Ancillary Services	121	98.4
Case management services	93	75.6
Social skills development	83	67.5
Mentoring/peer support	57	46.3
Child care for clients' children	7	5.7
Assistance with obtaining social services	55	44.7
Employment counseling or training for clients	33	26.8
Assistance in locating housing for clients	43	35.0
Domestic violence services	48	39.0
Early intervention for HIV	10	8.1
HIV or AIDS education, counseling, or support	44	35.8
Hepatitis education, counseling, or support	34	27.6

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	52	42.3
Substance abuse education	109	88.6
Transportation assistance to treatment	42	34.1
Mental health services	97	78.9
Acupuncture	3	2.4
Residential beds for clients' children	4	3.3
Self-help groups	64	52.0
Smoking cessation counseling	29	23.6

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	123	100.0
Relapse prevention	115	93.5
Cognitive-behavioral therapy	120	97.6
Motivational interviewing	114	92.7
Anger management	102	82.9
Brief intervention	101	82.1
12-step facilitation	112	91.1
Trauma-related counseling	110	89.4
Contingency management/motivational incentives	80	65.0
Rational emotive behavioral therapy (REBT)	74	60.2
Matrix Model	51	41.5
Computerized substance abuse treatment	14	11.4
Community reinforcement plus vouchers	21	17.1
Other treatment approaches	12	9.8

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	32	1
Number of clients ²	565	2
Number of designated beds	720	3
Utilization rate ³	78.5	66.7
Average number of designated beds per facility	23	3

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	81	65.9
Clients with co-occurring disorders	35	28.5
Adult women	29	23.6
DUI/DWI offenders	20	16.3
Adolescents	25	20.3
Adult men	18	14.6
Criminal justice clients	13	10.6
Persons who have experienced trauma	24	19.5
Pregnant or postpartum women	11	8.9
Persons with HIV or AIDS	3	2.4
Veterans	10	8.1
Seniors or older adults	8	6.5
LGBTQ ¹ clients	5	4.1
Active duty military	7	5.7
Members of military families	4	3.3
Other groups	11	8.9

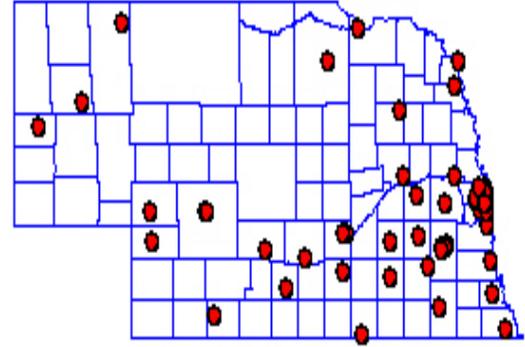
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	43	35.0
Any language other than English	48	39.0
Non-English Language Provided by:		
On-call interpreter only	32	66.7
Staff counselor only	3	6.3
Both staff counselor and on-call interpreter	13	27.1
Languages Provided by Staff Counselor:¹		
Spanish	16	100.0
American Indian/Alaska Native languages	--	--
Other	5	31.3

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/