

2012 State Profile — New Hampshire

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In New Hampshire, 59 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 5,946 clients in substance abuse treatment on March 30, 2012. The survey response rate in New Hampshire was 90.0%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	43	72.9	3,587	60.3	414	95.6
Private for-profit	13	22.0	2,307	38.8	--	--
Local, county, or community government	1	1.7	25	0.4	19	4.4
State government	1	1.7	7	0.1	--	--
Federal government	1	1.7	20	0.3	--	--
Dept. of Veterans Affairs	--	--	--	--	--	--
Dept. of Defense	1	1.7	20	0.3	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	--	--	--	--	--	--
Total	59	100.0	5,946	100.0	433	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	36	61.0	3,241	54.5	58	13.4
Mental health services	11	18.6	2,296	38.6	293	67.7
Mix of mental health and substance abuse treatment services	10	16.9	384	6.5	63	14.5
General health care	1	1.7	--	--	--	--
Other	1	1.7	25	0.4	19	4.4
Total	59	100.0	5,946	100.0	433	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012			
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	52	92.9	3,101	52.2	268	
Clients with drug abuse only	47	83.9	2,134	35.9	198	
Clients with alcohol abuse only	41	73.2	711	12.0	62	
Total	56		5,946	100.0	527	

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 3.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	46	78.0	5,554	93.4	54	415	95.8
Regular	40	67.8	2,719	45.7	20		
Intensive	19	32.2	374	6.3	7		
Day treatment/partial hospitalization	5	8.5	7	0.1	--		
Detoxification	14	23.7	433	7.3	10		
Methadone maintenance	10	16.9	2,021	34.0	180		
Residential (non-hospital)	21	35.6	384	6.5	14	18	4.2
Short term (<30 days)	15	25.4	146	2.5	8		
Long term (30+ days)	16	27.1	195	3.3	10		
Detoxification	9	15.3	43	0.7	3		
Hospital Inpatient	2	3.4	8	0.1	4	--	--
Treatment	--	--	--	--	--		
Detoxification	2	3.4	8	0.1	4		
Total	59		5,946		32	433	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	8	0.7
Clients in Facilities with OTPs		
Methadone	2,224	94.6
Buprenorphine	5	0.2
Clients in Facilities without OTPs		
Buprenorphine	121	5.1
Total	2,350	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	52	88.1
Private health insurance	35	59.3
Medicare	19	32.2
Medicaid	35	59.3
State-financed health insurance	16	27.1
Federal military insurance	23	39.0
No payment accepted	4	6.8
Access to Recovery (ATR) vouchers ²	17	28.8
IHS/638 contract care funds	4	6.8
Other payments	--	--
Sliding fee scale	37	62.7
Treatment at no charge for clients who cannot pay	37	62.7

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	52	88.1
State substance abuse agency	42	71.2
State mental health department	16	27.1
State department of health	28	47.5
Hospital licensing authority	5	8.5
The Joint Commission	5	8.5
Commission on Accreditation of Rehabilitation Facilities	15	25.4
National Committee for Quality Assurance	--	--
Council on Accreditation	1	1.7
Other state/local agency/organization	2	3.4

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	35	59.3

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	58	98.3
Screening for substance abuse	56	94.9
Screening for mental health disorders	41	69.5
Comprehensive substance abuse assessment or diagnosis	50	84.7
Comprehensive mental health assessment or diagnosis	28	47.5
Screening for tobacco use	33	55.9
Outreach to persons in the community who may need treatment	33	55.9
Interim services for clients when immediate admission is not possible	27	45.8
Testing	44	74.6
Breathalyzer or other blood alcohol testing	37	62.7
Drug or alcohol urine screening	43	72.9
Screening for Hepatitis B	16	27.1
Screening for Hepatitis C	16	27.1
HIV testing	15	25.4
STD testing	12	20.3
TB screening	17	28.8
Counseling	59	100.0
Individual counseling	58	98.3
Group counseling	54	91.5
Family counseling	45	76.3
Marital/couples counseling	33	55.9
Transitional Services	57	96.6
Discharge planning	53	89.8
Aftercare/continuing care	54	91.5
Pharmacotherapies	28	47.5
Antabuse®	9	15.3
Naltrexone (oral)	11	18.6
Vivitrol® (injectable Naltrexone)	6	10.2
Campral®	11	18.6
Nicotine replacement	14	23.7
Non-nicotine smoking/tobacco cessation medications	12	20.3
Medications for psychiatric disorders	17	28.8
Methadone	8	13.6
Buprenorphine with naloxone (Suboxone®)	10	16.9
Buprenorphine without naloxone	5	8.5
Ancillary Services	59	100.0
Case management services	47	79.7
Social skills development	42	71.2
Mentoring/peer support	32	54.2
Child care for clients' children	4	6.8
Assistance with obtaining social services	25	42.4
Employment counseling or training for clients	18	30.5
Assistance in locating housing for clients	23	39.0
Domestic violence services	14	23.7
Early intervention for HIV	11	18.6
HIV or AIDS education, counseling, or support	34	57.6
Hepatitis education, counseling, or support	26	44.1

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	27	45.8
Substance abuse education	58	98.3
Transportation assistance to treatment	15	25.4
Mental health services	32	54.2
Acupuncture	1	1.7
Residential beds for clients' children	3	5.1
Self-help groups	29	49.2
Smoking cessation counseling	21	35.6

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	56	94.9
Relapse prevention	54	91.5
Cognitive-behavioral therapy	57	96.6
Motivational interviewing	50	84.7
Anger management	48	81.4
Brief intervention	51	86.4
12-step facilitation	46	78.0
Trauma-related counseling	47	79.7
Contingency management/motivational incentives	28	47.5
Rational emotive behavioral therapy (REBT)	24	40.7
Matrix Model	22	37.3
Computerized substance abuse treatment	12	20.3
Community reinforcement plus vouchers	7	11.9
Other treatment approaches	10	16.9

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	17	1
Number of clients ²	358	7
Number of designated beds	393	15
Utilization rate ³	91.1	46.7
Average number of designated beds per facility	23	15

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	47	79.7
Clients with co-occurring disorders	19	32.2
Adult women	20	33.9
DUI/DWI offenders	13	22.0
Adolescents	11	18.6
Adult men	13	22.0
Criminal justice clients	7	11.9
Persons who have experienced trauma	13	22.0
Pregnant or postpartum women	12	20.3
Persons with HIV or AIDS	1	1.7
Veterans	2	3.4
Seniors or older adults	3	5.1
LGBTQ ¹ clients	--	--
Active duty military	1	1.7
Members of military families	1	1.7
Other groups	10	16.9

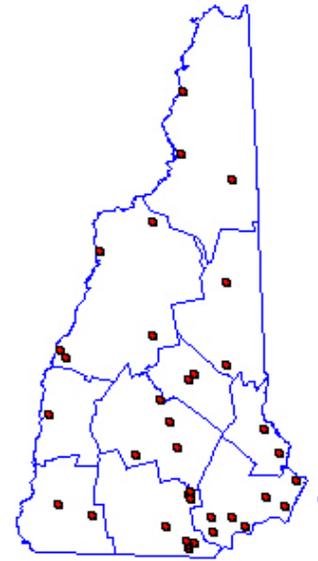
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	13	22.0
Any language other than English	18	30.5
Non-English Language Provided by:		
On-call interpreter only	6	33.3
Staff counselor only	5	27.8
Both staff counselor and on-call interpreter	7	38.9
Languages Provided by Staff Counselor:¹		
Spanish	11	91.7
American Indian/Alaska Native languages	1	8.3
Other	8	66.7

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/