

2012 State Profile — New Jersey

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In New Jersey, 375 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 33,513 clients in substance abuse treatment on March 30, 2012. The survey response rate in New Jersey was 94.2%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	214	57.1	21,695	64.7	1,046	64.0
Private for-profit	140	37.3	9,983	29.8	502	30.7
Local, county, or community government	14	3.7	971	2.9	84	5.1
State government	4	1.1	582	1.7	3	0.2
Federal government	3	0.8	282	0.8	--	--
Dept. of Veterans Affairs	1	0.3	240	0.7	--	--
Dept. of Defense	2	0.5	42	0.1	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	--	--	--	--	--	--
Total	375	100.0	33,513	100.0	1,635	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	180	48.0	19,810	59.1	913	55.8
Mental health services	31	8.3	1,270	3.8	26	1.6
Mix of mental health and substance abuse treatment services	154	41.1	10,764	32.1	674	41.2
General health care	1	0.3	1,115	3.3	--	--
Other	9	2.4	554	1.7	22	1.3
Total	375	100.0	33,513	100.0	1,635	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012			
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	342	93.7	13,578	40.8	186	
Clients with drug abuse only	301	82.5	15,418	46.3	218	
Clients with alcohol abuse only	296	81.1	4,295	12.9	59	
Total	365		33,291	100.0	463	

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 10.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	336	89.6	28,804	85.9	40	1,295	79.2
Regular	316	84.3	11,234	33.5	21		
Intensive	208	55.5	5,488	16.4	20		
Day treatment/partial hospitalization	69	18.4	1,320	3.9	7		
Detoxification	36	9.6	258	0.8	3		
Methadone maintenance	38	10.1	10,504	31.3	187		
Residential (non-hospital)	55	14.7	3,872	11.6	40	269	16.5
Short term (<30 days)	21	5.6	1,795	5.4	34		
Long term (30+ days)	48	12.8	2,025	6.0	27		
Detoxification	7	1.9	52	0.2	--		
Hospital Inpatient	15	4.0	837	2.5	19	71	4.3
Treatment	10	2.7	630	1.9	20		
Detoxification	14	3.7	207	0.6	13		
Total	375		33,513		40	1,635	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	35	3.0
Clients in Facilities with OTPs		
Methadone	11,368	92.3
Buprenorphine	305	2.5
Clients in Facilities without OTPs		
Buprenorphine	641	5.2
Total	12,314	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	341	90.9
Private health insurance	224	59.7
Medicare	108	28.8
Medicaid	193	51.5
State-financed health insurance	111	29.6
Federal military insurance	95	25.3
No payment accepted	18	4.8
Access to Recovery (ATR) vouchers ²	29	7.7
IHS/638 contract care funds	3	0.8
Other payments	23	6.1
Sliding fee scale	283	75.5
Treatment at no charge for clients who cannot pay	215	57.3

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	323	86.1
State substance abuse agency	290	77.3
State mental health department	148	39.5
State department of health	137	36.5
Hospital licensing authority	31	8.3
The Joint Commission	55	14.7
Commission on Accreditation of Rehabilitation Facilities	79	21.1
National Committee for Quality Assurance	8	2.1
Council on Accreditation	17	4.5
Other state/local agency/organization	24	6.4

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	212	56.5

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	374	99.7
Screening for substance abuse	359	95.7
Screening for mental health disorders	276	73.6
Comprehensive substance abuse assessment or diagnosis	355	94.7
Comprehensive mental health assessment or diagnosis	215	57.3
Screening for tobacco use	228	60.8
Outreach to persons in the community who may need treatment	180	48.0
Interim services for clients when immediate admission is not possible	150	40.0
Testing	342	91.2
Breathalyzer or other blood alcohol testing	199	53.1
Drug or alcohol urine screening	333	88.8
Screening for Hepatitis B	58	15.5
Screening for Hepatitis C	66	17.6
HIV testing	96	25.6
STD testing	61	16.3
TB screening	100	26.7
Counseling	374	99.7
Individual counseling	368	98.1
Group counseling	350	93.3
Family counseling	337	89.9
Marital/couples counseling	252	67.2
Transitional Services	366	97.6
Discharge planning	357	95.2
Aftercare/continuing care	320	85.3
Pharmacotherapies	200	53.3
Antabuse®	42	11.2
Naltrexone (oral)	58	15.5
Vivitrol® (injectable Naltrexone)	59	15.7
Campral®	64	17.1
Nicotine replacement	76	20.3
Non-nicotine smoking/tobacco cessation medications	33	8.8
Medications for psychiatric disorders	156	41.6
Methadone	46	12.3
Buprenorphine with naloxone (Suboxone®)	78	20.8
Buprenorphine without naloxone	34	9.1
Ancillary Services	372	99.2
Case management services	311	82.9
Social skills development	287	76.5
Mentoring/peer support	169	45.1
Child care for clients' children	33	8.8
Assistance with obtaining social services	218	58.1
Employment counseling or training for clients	146	38.9
Assistance in locating housing for clients	157	41.9
Domestic violence services	152	40.5
Early intervention for HIV	109	29.1
HIV or AIDS education, counseling, or support	215	57.3
Hepatitis education, counseling, or support	168	44.8

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	210	56.0
Substance abuse education	360	96.0
Transportation assistance to treatment	149	39.7
Mental health services	277	73.9
Acupuncture	6	1.6
Residential beds for clients' children	7	1.9
Self-help groups	168	44.8
Smoking cessation counseling	159	42.4

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	368	98.1
Relapse prevention	354	94.4
Cognitive-behavioral therapy	343	91.5
Motivational interviewing	331	88.3
Anger management	320	85.3
Brief intervention	310	82.7
12-step facilitation	312	83.2
Trauma-related counseling	265	70.7
Contingency management/motivational incentives	223	59.5
Rational emotive behavioral therapy (REBT)	205	54.7
Matrix Model	130	34.7
Computerized substance abuse treatment	66	17.6
Community reinforcement plus vouchers	56	14.9
Other treatment approaches	61	16.3

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	48	10
Number of clients ²	2,303	288
Number of designated beds	2,263	260
Utilization rate ³	101.8	110.8
Average number of designated beds per facility	47	26

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	332	88.5
Clients with co-occurring disorders	160	42.7
Adult women	132	35.2
DUI/DWI offenders	164	43.7
Adolescents	114	30.4
Adult men	98	26.1
Criminal justice clients	97	25.9
Persons who have experienced trauma	72	19.2
Pregnant or postpartum women	57	15.2
Persons with HIV or AIDS	41	10.9
Veterans	22	5.9
Seniors or older adults	25	6.7
LGBTQ ¹ clients	19	5.1
Active duty military	17	4.5
Members of military families	19	5.1
Other groups	53	14.1

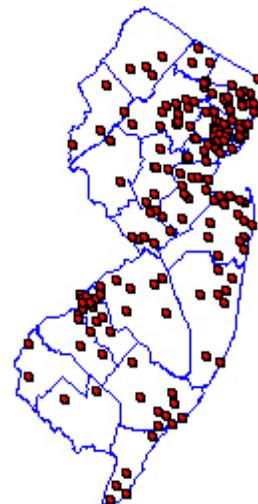
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	68	18.1
Any language other than English	147	39.2
Non-English Language Provided by:		
On-call interpreter only	14	9.5
Staff counselor only	96	65.3
Both staff counselor and on-call interpreter	37	25.2
Languages Provided by Staff Counselor:¹		
Spanish	129	97.0
American Indian/Alaska Native languages	--	--
Other	45	33.8

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/