

## 2012 State Profile — New Mexico

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In New Mexico, 155 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 16,076 clients in substance abuse treatment on March 30, 2012. The survey response rate in New Mexico was 90.8%.

#### Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	85	54.8	8,747	54.4	888	67.1
Private for-profit	27	17.4	3,569	22.2	89	6.7
Local, county, or community government	2	1.3	122	0.8	5	0.4
State government	6	3.9	818	5.1	25	1.9
Federal government	13	8.4	748	4.7	68	5.1
Dept. of Veterans Affairs	2	1.3	295	1.8	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	11	7.1	453	2.8	68	5.1
Other	--	--	--	--	--	--
Tribal government	22	14.2	2,072	12.9	248	18.7
<b>Total</b>	<b>155</b>	<b>100.0</b>	<b>16,076</b>	<b>100.0</b>	<b>1,323</b>	<b>100.0</b>

#### Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	41	26.5	4,773	29.7	172	13.0
Mental health services	14	9.0	763	4.7	39	2.9
Mix of mental health and substance abuse treatment services	86	55.5	8,454	52.6	1,076	81.3
General health care	8	5.2	557	3.5	3	0.2
Other	6	3.9	1,529	9.5	33	2.5
<b>Total</b>	<b>155</b>	<b>100.0</b>	<b>16,076</b>	<b>100.0</b>	<b>1,323</b>	<b>100.0</b>

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 30, 2012			
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	133	89.9	6,719	42.1	396	
Clients with drug abuse only	115	77.7	4,585	28.7	272	
Clients with alcohol abuse only	121	81.8	4,671	29.2	273	
<b>Total</b>	<b>148</b>		<b>15,975</b>	<b>100.0</b>	<b>940</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 7.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>132</b>	<b>85.2</b>	<b>13,795</b>	<b>85.8</b>	<b>60</b>	<b>1,213</b>	<b>91.7</b>
Regular	125	80.6	9,447	58.8	32		
Intensive	79	51.0	1,789	11.1	13		
Day treatment/partial hospitalization	14	9.0	132	0.8	--		
Detoxification	21	13.5	380	2.4	10		
Methadone maintenance	13	8.4	2,047	12.7	134		
<b>Residential (non-hospital)</b>	<b>27</b>	<b>17.4</b>	<b>2,054</b>	<b>12.8</b>	<b>14</b>	<b>58</b>	<b>4.4</b>
Short term (<30 days)	12	7.7	138	0.9	13		
Long term (30+ days)	21	13.5	638	4.0	13		
Detoxification	7	4.5	1,278	7.9	8		
<b>Hospital Inpatient</b>	<b>9</b>	<b>5.8</b>	<b>227</b>	<b>1.4</b>	<b>20</b>	<b>52</b>	<b>3.9</b>
Treatment	9	5.8	194	1.2	20		
Detoxification	8	5.2	33	0.2	3		
<b>Total</b>	<b>155</b>		<b>16,076</b>		<b>46</b>	<b>1,323</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>9</b>	<b>0.8</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	2,562	84.7
Buprenorphine	69	2.3
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	393	13.0
<b>Total</b>	<b>3,024</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	106	68.4
Private health insurance	93	60.0
Medicare	71	45.8
Medicaid	106	68.4
State-financed health insurance	91	58.7
Federal military insurance	68	43.9
No payment accepted	7	4.5
Access to Recovery (ATR) vouchers <sup>2</sup>	41	26.5
IHS/638 contract care funds	38	24.5
Other payments	6	3.9
Sliding fee scale	82	52.9
Treatment at no charge for clients who cannot pay	113	72.9

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	117	75.5
State substance abuse agency	63	40.6
State mental health department	54	34.8
State department of health	79	51.0
Hospital licensing authority	13	8.4
The Joint Commission	26	16.8
Commission on Accreditation of Rehabilitation Facilities	18	11.6
National Committee for Quality Assurance	4	2.6
Council on Accreditation	5	3.2
Other state/local agency/organization	22	14.2

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	121	78.1

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>154</b>	<b>99.4</b>
Screening for substance abuse	148	95.5
Screening for mental health disorders	128	82.6
Comprehensive substance abuse assessment or diagnosis	139	89.7
Comprehensive mental health assessment or diagnosis	103	66.5
Screening for tobacco use	92	59.4
Outreach to persons in the community who may need treatment	117	75.5
Interim services for clients when immediate admission is not possible	93	60.0
<b>Testing</b>	<b>116</b>	<b>74.8</b>
Breathalyzer or other blood alcohol testing	82	52.9
Drug or alcohol urine screening	102	65.8
Screening for Hepatitis B	41	26.5
Screening for Hepatitis C	44	28.4
HIV testing	43	27.7
STD testing	41	26.5
TB screening	54	34.8
<b>Counseling</b>	<b>154</b>	<b>99.4</b>
Individual counseling	153	98.7
Group counseling	144	92.9
Family counseling	140	90.3
Marital/couples counseling	108	69.7
<b>Transitional Services</b>	<b>149</b>	<b>96.1</b>
Discharge planning	142	91.6
Aftercare/continuing care	126	81.3
<b>Pharmacotherapies</b>	<b>89</b>	<b>57.4</b>
Antabuse®	30	19.4
Naltrexone (oral)	31	20.0
Vivitrol® (injectable Naltrexone)	23	14.8
Campral®	20	12.9
Nicotine replacement	34	21.9
Non-nicotine smoking/tobacco cessation medications	34	21.9
Medications for psychiatric disorders	75	48.4
Methadone	12	7.7
Buprenorphine with naloxone (Suboxone®)	27	17.4
Buprenorphine without naloxone	14	9.0
<b>Ancillary Services</b>	<b>154</b>	<b>99.4</b>
Case management services	126	81.3
Social skills development	129	83.2
Mentoring/peer support	85	54.8
Child care for clients' children	8	5.2
Assistance with obtaining social services	101	65.2
Employment counseling or training for clients	62	40.0
Assistance in locating housing for clients	93	60.0
Domestic violence services	97	62.6
Early intervention for HIV	39	25.2
HIV or AIDS education, counseling, or support	73	47.1
Hepatitis education, counseling, or support	65	41.9

*Continued.*

## Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	90	58.1
Substance abuse education	148	95.5
Transportation assistance to treatment	80	51.6
Mental health services	129	83.2
Acupuncture	18	11.6
Residential beds for clients' children	5	3.2
Self-help groups	73	47.1
Smoking cessation counseling	55	35.5

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	149	96.1
Relapse prevention	139	89.7
Cognitive-behavioral therapy	146	94.2
Motivational interviewing	141	91.0
Anger management	141	91.0
Brief intervention	137	88.4
12-step facilitation	100	64.5
Trauma-related counseling	137	88.4
Contingency management/motivational incentives	118	76.1
Rational emotive behavioral therapy (REBT)	59	38.1
Matrix Model	88	56.8
Computerized substance abuse treatment	37	23.9
Community reinforcement plus vouchers	42	27.1
Other treatment approaches	27	17.4

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	24	6
Number of clients <sup>2</sup>	1,737	222
Number of designated beds	707	179
Utilization rate <sup>3</sup>	245.7	124.0
Average number of designated beds per facility	29	30

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 30, 2012.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	126	81.3
Clients with co-occurring disorders	66	42.6
Adult women	43	27.7
DUI/DWI offenders	45	29.0
Adolescents	52	33.5
Adult men	36	23.2
Criminal justice clients	42	27.1
Persons who have experienced trauma	40	25.8
Pregnant or postpartum women	20	12.9
Persons with HIV or AIDS	8	5.2
Veterans	21	13.5
Seniors or older adults	14	9.0
LGBTQ <sup>1</sup> clients	10	6.5
Active duty military	9	5.8
Members of military families	9	5.8
Other groups	32	20.6

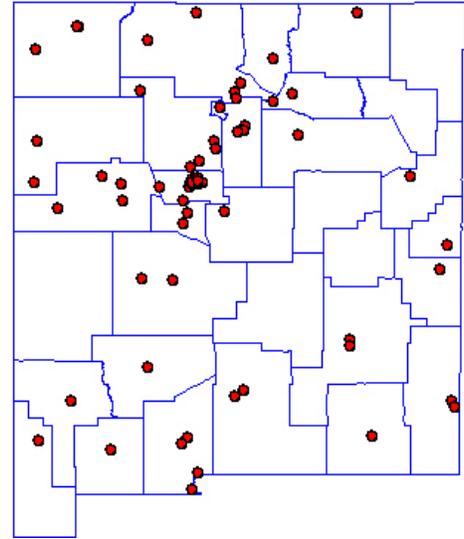
<sup>1</sup> Lesbian, gay, bisexual, transgender, or questioning clients.

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	28	18.1
Any language other than English	107	69.0
<b>Non-English Language Provided by:</b>		
On-call interpreter only	13	12.1
Staff counselor only	62	57.9
Both staff counselor and on-call interpreter	32	29.9
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	68	72.3
American Indian/Alaska Native languages	37	39.4
Other	10	10.6

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Symbol key: -- Quantity is zero. \* Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



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