

## 2012 State Profile — Puerto Rico

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Puerto Rico, 160 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 16,783 clients in substance abuse treatment on March 30, 2012. The survey response rate in Puerto Rico was 87.4%.

#### Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	110	68.8	4,775	28.5	404	12.3
Private for-profit	22	13.8	2,014	12.0	37	1.1
Local, county, or community government	2	1.3	110	0.7	--	--
State government	25	15.6	9,470	56.4	2,843	86.6
Federal government	1	0.6	414	2.5	--	--
Dept. of Veterans Affairs	1	0.6	414	2.5	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	--	--	--	--	--	--
<b>Total</b>	<b>160</b>	<b>100.0</b>	<b>16,783</b>	<b>100.0</b>	<b>3,284</b>	<b>100.0</b>

#### Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	108	67.5	9,707	57.8	405	12.3
Mental health services	11	6.9	435	2.6	275	8.4
Mix of mental health and substance abuse treatment services	38	23.8	6,610	39.4	2,604	79.3
General health care	--	--	--	--	--	--
Other	3	1.9	31	0.2	--	--
<b>Total</b>	<b>160</b>	<b>100.0</b>	<b>16,783</b>	<b>100.0</b>	<b>3,284</b>	<b>100.0</b>

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 30, 2012			
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	133	87.5	6,209	37.2	175	
Clients with drug abuse only	119	78.3	8,644	51.7	250	
Clients with alcohol abuse only	95	62.5	1,860	11.1	52	
<b>Total</b>	<b>152</b>		<b>16,713</b>	<b>100.0</b>	<b>477</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 8.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>58</b>	<b>36.3</b>	<b>10,644</b>	<b>63.4</b>	<b>60</b>	<b>2,901</b>	<b>88.3</b>
Regular	48	30.0	3,973	23.7	25		
Intensive	29	18.1	890	5.3	14		
Day treatment/partial hospitalization	25	15.6	825	4.9	7		
Detoxification	16	10.0	648	3.9	2		
Methadone maintenance	11	6.9	4,308	25.7	156		
<b>Residential (non-hospital)</b>	<b>107</b>	<b>66.9</b>	<b>4,721</b>	<b>28.1</b>	<b>22</b>	<b>381</b>	<b>11.6</b>
Short term (<30 days)	20	12.5	68	0.4	--		
Long term (30+ days)	105	65.6	3,954	23.6	20		
Detoxification	26	16.3	699	4.2	2		
<b>Hospital Inpatient</b>	<b>16</b>	<b>10.0</b>	<b>1,418</b>	<b>8.4</b>	<b>15</b>	<b>2</b>	<b>0.1</b>
Treatment	15	9.4	1,312	7.8	5		
Detoxification	13	8.1	106	0.6	5		
<b>Total</b>	<b>160</b>		<b>16,783</b>		<b>29</b>	<b>3,284</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>6</b>	<b>0.5</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	4,238	96.0
Buprenorphine	--	--
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	178	4.0
<b>Total</b>	<b>4,416</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	69	43.1
Private health insurance	37	23.1
Medicare	23	14.4
Medicaid	23	14.4
State-financed health insurance	36	22.5
Federal military insurance	17	10.6
No payment accepted	80	50.0
Access to Recovery (ATR) vouchers <sup>2</sup>	n/a	n/a
IHS/638 contract care funds	4	2.5
Other payments	7	4.4
Sliding fee scale	27	16.9
Treatment at no charge for clients who cannot pay	134	83.8

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	156	97.5
State substance abuse agency	149	93.1
State mental health department	133	83.1
State department of health	134	83.8
Hospital licensing authority	24	15.0
The Joint Commission	56	35.0
Commission on Accreditation of Rehabilitation Facilities	20	12.5
National Committee for Quality Assurance	14	8.8
Council on Accreditation	12	7.5
Other state/local agency/organization	10	6.3

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	125	78.1

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>156</b>	<b>97.5</b>
Screening for substance abuse	154	96.3
Screening for mental health disorders	79	49.4
Comprehensive substance abuse assessment or diagnosis	138	86.3
Comprehensive mental health assessment or diagnosis	92	57.5
Screening for tobacco use	42	26.3
Outreach to persons in the community who may need treatment	89	55.6
Interim services for clients when immediate admission is not possible	46	28.8
<b>Testing</b>	<b>151</b>	<b>94.4</b>
Breathalyzer or other blood alcohol testing	36	22.5
Drug or alcohol urine screening	149	93.1
Screening for Hepatitis B	39	24.4
Screening for Hepatitis C	41	25.6
HIV testing	58	36.3
STD testing	44	27.5
TB screening	60	37.5
<b>Counseling</b>	<b>156</b>	<b>97.5</b>
Individual counseling	153	95.6
Group counseling	153	95.6
Family counseling	142	88.8
Marital/couples counseling	130	81.3
<b>Transitional Services</b>	<b>144</b>	<b>90.0</b>
Discharge planning	130	81.3
Aftercare/continuing care	106	66.3
<b>Pharmacotherapies</b>	<b>49</b>	<b>30.6</b>
Antabuse®	7	4.4
Naltrexone (oral)	12	7.5
Vivitrol® (injectable Naltrexone)	2	1.3
Campral®	12	7.5
Nicotine replacement	10	6.3
Non-nicotine smoking/tobacco cessation medications	11	6.9
Medications for psychiatric disorders	38	23.8
Methadone	12	7.5
Buprenorphine with naloxone (Suboxone®)	17	10.6
Buprenorphine without naloxone	14	8.8
<b>Ancillary Services</b>	<b>160</b>	<b>100.0</b>
Case management services	131	81.9
Social skills development	141	88.1
Mentoring/peer support	102	63.8
Child care for clients' children	12	7.5
Assistance with obtaining social services	118	73.8
Employment counseling or training for clients	77	48.1
Assistance in locating housing for clients	93	58.1
Domestic violence services	55	34.4
Early intervention for HIV	88	55.0
HIV or AIDS education, counseling, or support	104	65.0
Hepatitis education, counseling, or support	56	35.0

*Continued.*

## Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	109	68.1
Substance abuse education	155	96.9
Transportation assistance to treatment	103	64.4
Mental health services	99	61.9
Acupuncture	15	9.4
Residential beds for clients' children	5	3.1
Self-help groups	49	30.6
Smoking cessation counseling	32	20.0

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	151	94.4
Relapse prevention	118	73.8
Cognitive-behavioral therapy	112	70.0
Motivational interviewing	122	76.3
Anger management	124	77.5
Brief intervention	123	76.9
12-step facilitation	91	56.9
Trauma-related counseling	86	53.8
Contingency management/motivational incentives	95	59.4
Rational emotive behavioral therapy (REBT)	83	51.9
Matrix Model	49	30.6
Computerized substance abuse treatment	38	23.8
Community reinforcement plus vouchers	60	37.5
Other treatment approaches	19	11.9

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	88	8
Number of clients <sup>2</sup>	4,317	1,299
Number of designated beds	3,022	120
Utilization rate <sup>3</sup>	142.9	1,082.5
Average number of designated beds per facility	34	15

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 30, 2012.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	124	77.5
Clients with co-occurring disorders	59	36.9
Adult women	25	15.6
DUI/DWI offenders	15	9.4
Adolescents	19	11.9
Adult men	69	43.1
Criminal justice clients	33	20.6
Persons who have experienced trauma	17	10.6
Pregnant or postpartum women	14	8.8
Persons with HIV or AIDS	25	15.6
Veterans	9	5.6
Seniors or older adults	16	10.0
LGBTQ <sup>1</sup> clients	14	8.8
Active duty military	5	3.1
Members of military families	10	6.3
Other groups	28	17.5

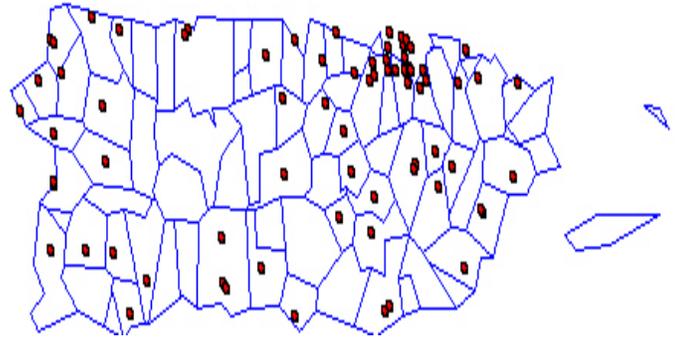
<sup>1</sup> Lesbian, gay, bisexual, transgender, or questioning clients.

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	19	11.9
Any language other than English	145	90.6
<b>Non-English Language Provided by:</b>		
On-call interpreter only	--	--
Staff counselor only	129	89.0
Both staff counselor and on-call interpreter	16	11.0
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	145	100.0
American Indian/Alaska Native languages	1	0.7
Other	2	1.4

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Symbol key: -- Quantity is zero. \* Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



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