2012 State Profile — Tennessee
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Tennessee, 239 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 19,115 clients in substance abuse treatment on March 30, 2012. The survey response rate in Tennessee was 96.2%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	163	68.2	10,224	53.5	1,445	89.2
Private for-profit	67	28.0	8,613	45.1	175	10.8
Local, county, or community government	1	0.4	14	0.1	--	--
State government	1	0.4	23	0.1	--	--
Federal government	7	2.9	241	1.3	--	--
Dept. of Veterans Affairs	5	2.1	205	1.1	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	--	--	--	--	--	--
Other	2	0.8	36	0.2	--	--
Tribal government	--	--	--	--	--	--
Total	**239**	**100.0**	**19,115**	**100.0**	**1,620**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	89	37.2	8,709	45.6	231	14.3
Mental health services	44	18.4	3,561	18.6	952	58.8
Mix of mental health and substance abuse treatment services	83	34.7	5,345	28.0	387	23.9
General health care	5	2.1	426	2.2	21	1.3
Other	18	7.5	1,074	5.6	29	1.8
Total	**239**	**100.0**	**19,115**	**100.0**	**1,620**	**100.0**

Substance Abuse Problem Treated

	Facilities[1,2]		Clients in Treatment on March 30, 2012		
			All Clients[3]		Clients[3] per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	211	92.5	5,852	30.6	108
Clients with drug abuse only	207	90.8	10,158	53.1	195
Clients with alcohol abuse only	179	78.5	3,105	16.2	58
Total	**228**		**19,115**	**100.0**	**361**

[1] Facilities may be included in more than one category.
[2] Facilities excluded because they were not asked or did not respond to this question: 11.
[3] Sum of individual items may not agree with the total due to rounding.

For symbol definitions, see the symbol key on the last page of this profile.

Type of Care

	Facilities[1]		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	**197**	**82.4**	**16,933**	**88.6**	**25**	**1,410**	**87.0**
Regular	162	67.8	8,357	43.7	20		
Intensive	107	44.8	2,096	11.0	12		
Day treatment/partial hospitalization	34	14.2	247	1.3	--		
Detoxification	17	7.1	108	0.6	--		
Methadone maintenance	15	6.3	6,125	32.0	287		
Residential (non-hospital)	**78**	**32.6**	**1,998**	**10.5**	**18**	**195**	**12.0**
Short term (<30 days)	50	20.9	659	3.4	10		
Long term (30+ days)	69	28.9	1,119	5.9	13		
Detoxification	29	12.1	220	1.2	5		
Hospital Inpatient	**16**	**6.7**	**184**	**1.0**	**8**	**15**	**0.9**
Treatment	11	4.6	62	0.3	--		
Detoxification	15	6.3	122	0.6	7		
Total	**239**		**19,115**		**30**	**1,620**	**100.0**

[1] Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs[1]	**12**	**1.0**
Clients in Facilities with OTPs		
Methadone	6,079	92.8
Buprenorphine	53	0.8
Clients in Facilities without OTPs		
Buprenorphine	422	6.4
Total	**6,554**	**100.0**

[1] Percentage of all OTP facilities that are in the United States.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	217	90.8
Private health insurance	160	66.9
Medicare	106	44.4
Medicaid	134	56.1
State-financed health insurance	138	57.7
Federal military insurance	100	41.8
No payment accepted	9	3.8
Access to Recovery (ATR) vouchers[2]	66	27.6
IHS/638 contract care funds	4	1.7
Other payments	7	2.9
Sliding fee scale	151	63.2
Treatment at no charge for clients who cannot pay	111	46.4

[1] Facilities may accept more than one type of payment.
[2] Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	228	95.4
State substance abuse agency	143	59.8
State mental health department	206	86.2
State department of health	70	29.3
Hospital licensing authority	12	5.0
The Joint Commission	70	29.3
Commission on Accreditation of Rehabilitation Facilities	51	21.3
National Committee for Quality Assurance	8	3.3
Council on Accreditation	11	4.6
Other state/local agency/organization	5	2.1

[1] Facilities may be licensed by more than one agency/organization.

Facility Funding

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	157	65.7

For symbol definitions, see the symbol key on the last page of this profile.

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	**238**	**99.6**
Screening for substance abuse	232	97.1
Screening for mental health disorders	200	83.7
Comprehensive substance abuse assessment or diagnosis	214	89.5
Comprehensive mental health assessment or diagnosis	151	63.2
Screening for tobacco use	120	50.2
Outreach to persons in the community who may need treatment	163	68.2
Interim services for clients when immediate admission is not possible	99	41.4
Testing	**213**	**89.1**
Breathalyzer or other blood alcohol testing	107	44.8
Drug or alcohol urine screening	200	83.7
Screening for Hepatitis B	50	20.9
Screening for Hepatitis C	53	22.2
HIV testing	71	29.7
STD testing	58	24.3
TB screening	157	65.7
Counseling	**237**	**99.2**
Individual counseling	233	97.5
Group counseling	222	92.9
Family counseling	214	89.5
Marital/couples counseling	164	68.6
Transitional Services	**237**	**99.2**
Discharge planning	236	98.7
Aftercare/continuing care	218	91.2
Pharmacotherapies	**151**	**63.2**
Antabuse®	19	7.9
Naltrexone (oral)	33	13.8
Vivitrol® (injectable Naltrexone)	29	12.1
Campral®	41	17.2
Nicotine replacement	34	14.2
Non-nicotine smoking/tobacco cessation medications	49	20.5
Medications for psychiatric disorders	136	56.9
Methadone	14	5.9
Buprenorphine with naloxone (Suboxone®)	33	13.8
Buprenorphine without naloxone	25	10.5
Ancillary Services	**239**	**100.0**
Case management services	197	82.4
Social skills development	178	74.5
Mentoring/peer support	147	61.5
Child care for clients' children	10	4.2
Assistance with obtaining social services	138	57.7
Employment counseling or training for clients	100	41.8
Assistance in locating housing for clients	154	64.4
Domestic violence services	106	44.4
Early intervention for HIV	55	23.0
HIV or AIDS education, counseling, or support	124	51.9
Hepatitis education, counseling, or support	82	34.3

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	131	54.8
Substance abuse education	218	91.2
Transportation assistance to treatment	80	33.5
Mental health services	184	77.0
Acupuncture	14	5.9
Residential beds for clients' children	5	2.1
Self-help groups	129	54.0
Smoking cessation counseling	62	25.9

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	234	97.9
Relapse prevention	205	85.8
Cognitive-behavioral therapy	219	91.6
Motivational interviewing	209	87.4
Anger management	210	87.9
Brief intervention	192	80.3
12-step facilitation	191	79.9
Trauma-related counseling	188	78.7
Contingency management/motivational incentives	128	53.6
Rational emotive behavioral therapy (REBT)	97	40.6
Matrix Model	108	45.2
Computerized substance abuse treatment	25	10.5
Community reinforcement plus vouchers	19	7.9
Other treatment approaches	33	13.8

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	59	9
Number of clients[2]	1,626	131
Number of designated beds	2,004	145
Utilization rate[3]	81.1	90.3
Average number of designated beds per facility	34	16

[1] Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.
[2] Number of clients on March 30, 2012.
[3] Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	190	79.5
Clients with co-occurring disorders	115	48.1
Adult women	56	23.4
DUI/DWI offenders	44	18.4
Adolescents	61	25.5
Adult men	37	15.5
Criminal justice clients	43	18.0
Persons who have experienced trauma	55	23.0
Pregnant or postpartum women	24	10.0
Persons with HIV or AIDS	10	4.2
Veterans	17	7.1
Seniors or older adults	14	5.9
LGBTQ[1] clients	8	3.3
Active duty military	5	2.1
Members of military families	4	1.7
Other groups	22	9.2

[1] Lesbian, gay, bisexual, transgender, or questioning clients.

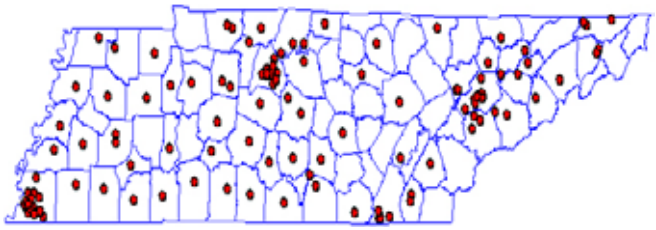
For symbol definitions, see the symbol key on the last page of this profile.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	128	53.6
Any language other than English	118	49.4
Non-English Language Provided by:		
On-call interpreter only	99	83.9
Staff counselor only	5	4.2
Both staff counselor and on-call interpreter	14	11.9
Languages Provided by Staff Counselor:[1]		
Spanish	19	100.0
American Indian/Alaska Native languages	--	--
Other	2	10.5

[1] Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. *n/a* Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at:
http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:
http://www.samhsa.gov/data/

Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/