

## 2012 State Profile — Texas

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Texas, 478 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 31,375 clients in substance abuse treatment on March 30, 2012. The survey response rate in Texas was 90.3%.

#### Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	237	49.6	12,147	38.7	1,942	70.3
Private for-profit	193	40.4	15,131	48.2	573	20.7
Local, county, or community government	17	3.6	886	2.8	141	5.1
State government	12	2.5	749	2.4	99	3.6
Federal government	18	3.8	2,438	7.8	--	--
Dept. of Veterans Affairs	12	2.5	1,985	6.3	--	--
Dept. of Defense	6	1.3	453	1.4	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	1	0.2	24	0.1	7	0.3
<b>Total</b>	<b>478</b>	<b>100.0</b>	<b>31,375</b>	<b>100.0</b>	<b>2,762</b>	<b>100.0</b>

#### Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	327	68.4	25,040	79.8	1,755	63.5
Mental health services	28	5.9	623	2.0	84	3.0
Mix of mental health and substance abuse treatment services	113	23.6	5,146	16.4	879	31.8
General health care	2	0.4	158	0.5	--	--
Other	8	1.7	408	1.3	44	1.6
<b>Total</b>	<b>478</b>	<b>100.0</b>	<b>31,375</b>	<b>100.0</b>	<b>2,762</b>	<b>100.0</b>

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 30, 2012			
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	418	89.9	13,467	43.1	63	
Clients with drug abuse only	403	86.7	13,712	43.9	67	
Clients with alcohol abuse only	346	74.4	4,066	13.0	20	
<b>Total</b>	<b>465</b>		<b>31,245</b>	<b>100.0</b>	<b>150</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 13.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>394</b>	<b>82.4</b>	<b>25,001</b>	<b>79.7</b>	<b>30</b>	<b>2,123</b>	<b>76.9</b>
Regular	321	67.2	10,606	33.8	12		
Intensive	248	51.9	4,327	13.8	9		
Day treatment/partial hospitalization	62	13.0	421	1.3	1		
Detoxification	49	10.3	113	0.4	--		
Methadone maintenance	69	14.4	9,534	30.4	115		
<b>Residential (non-hospital)</b>	<b>133</b>	<b>27.8</b>	<b>5,449</b>	<b>17.4</b>	<b>25</b>	<b>554</b>	<b>20.1</b>
Short term (<30 days)	89	18.6	1,720	5.5	12		
Long term (30+ days)	114	23.8	3,388	10.8	16		
Detoxification	39	8.2	341	1.1	3		
<b>Hospital Inpatient</b>	<b>39</b>	<b>8.2</b>	<b>925</b>	<b>2.9</b>	<b>15</b>	<b>85</b>	<b>3.1</b>
Treatment	37	7.7	614	2.0	7		
Detoxification	37	7.7	311	1.0	4		
<b>Total</b>	<b>478</b>		<b>31,375</b>		<b>31</b>	<b>2,762</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>66</b>	<b>5.7</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	9,581	94.8
Buprenorphine	227	2.2
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	298	2.9
<b>Total</b>	<b>10,106</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	439	91.8
Private health insurance	272	56.9
Medicare	107	22.4
Medicaid	273	57.1
State-financed health insurance	148	31.0
Federal military insurance	112	23.4
No payment accepted	11	2.3
Access to Recovery (ATR) vouchers <sup>2</sup>	66	13.8
IHS/638 contract care funds	8	1.7
Other payments	15	3.1
Sliding fee scale	236	49.4
Treatment at no charge for clients who cannot pay	253	52.9

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	462	96.7
State substance abuse agency	373	78.0
State mental health department	102	21.3
State department of health	344	72.0
Hospital licensing authority	42	8.8
The Joint Commission	136	28.5
Commission on Accreditation of Rehabilitation Facilities	81	16.9
National Committee for Quality Assurance	18	3.8
Council on Accreditation	18	3.8
Other state/local agency/organization	17	3.6

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	258	54.0

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>467</b>	<b>97.7</b>
Screening for substance abuse	455	95.2
Screening for mental health disorders	250	52.3
Comprehensive substance abuse assessment or diagnosis	433	90.6
Comprehensive mental health assessment or diagnosis	151	31.6
Screening for tobacco use	268	56.1
Outreach to persons in the community who may need treatment	281	58.8
Interim services for clients when immediate admission is not possible	211	44.1
<b>Testing</b>	<b>436</b>	<b>91.2</b>
Breathalyzer or other blood alcohol testing	220	46.0
Drug or alcohol urine screening	419	87.7
Screening for Hepatitis B	139	29.1
Screening for Hepatitis C	149	31.2
HIV testing	206	43.1
STD testing	148	31.0
TB screening	185	38.7
<b>Counseling</b>	<b>471</b>	<b>98.5</b>
Individual counseling	460	96.2
Group counseling	433	90.6
Family counseling	388	81.2
Marital/couples counseling	221	46.2
<b>Transitional Services</b>	<b>469</b>	<b>98.1</b>
Discharge planning	466	97.5
Aftercare/continuing care	395	82.6
<b>Pharmacotherapies</b>	<b>206</b>	<b>43.1</b>
Antabuse®	43	9.0
Naltrexone (oral)	57	11.9
Vivitrol® (injectable Naltrexone)	32	6.7
Campral®	52	10.9
Nicotine replacement	78	16.3
Non-nicotine smoking/tobacco cessation medications	61	12.8
Medications for psychiatric disorders	125	26.2
Methadone	79	16.5
Buprenorphine with naloxone (Suboxone®)	89	18.6
Buprenorphine without naloxone	58	12.1
<b>Ancillary Services</b>	<b>475</b>	<b>99.4</b>
Case management services	425	88.9
Social skills development	373	78.0
Mentoring/peer support	289	60.5
Child care for clients' children	24	5.0
Assistance with obtaining social services	231	48.3
Employment counseling or training for clients	175	36.6
Assistance in locating housing for clients	207	43.3
Domestic violence services	133	27.8
Early intervention for HIV	137	28.7
HIV or AIDS education, counseling, or support	332	69.5
Hepatitis education, counseling, or support	286	59.8

*Continued.*

## Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	257	53.8
Substance abuse education	468	97.9
Transportation assistance to treatment	160	33.5
Mental health services	231	48.3
Acupuncture	21	4.4
Residential beds for clients' children	18	3.8
Self-help groups	231	48.3
Smoking cessation counseling	208	43.5

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	468	97.9
Relapse prevention	442	92.5
Cognitive-behavioral therapy	442	92.5
Motivational interviewing	398	83.3
Anger management	355	74.3
Brief intervention	365	76.4
12-step facilitation	378	79.1
Trauma-related counseling	279	58.4
Contingency management/motivational incentives	263	55.0
Rational emotive behavioral therapy (REBT)	230	48.1
Matrix Model	206	43.1
Computerized substance abuse treatment	67	14.0
Community reinforcement plus vouchers	54	11.3
Other treatment approaches	44	9.2

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	118	20
Number of clients <sup>2</sup>	4,852	376
Number of designated beds	5,211	400
Utilization rate <sup>3</sup>	93.1	94.0
Average number of designated beds per facility	44	20

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 30, 2012.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	365	76.4
Clients with co-occurring disorders	128	26.8
Adult women	101	21.1
DUI/DWI offenders	54	11.3
Adolescents	126	26.4
Adult men	62	13.0
Criminal justice clients	113	23.6
Persons who have experienced trauma	71	14.9
Pregnant or postpartum women	60	12.6
Persons with HIV or AIDS	30	6.3
Veterans	36	7.5
Seniors or older adults	25	5.2
LGBTQ <sup>1</sup> clients	19	4.0
Active duty military	26	5.4
Members of military families	18	3.8
Other groups	41	8.6

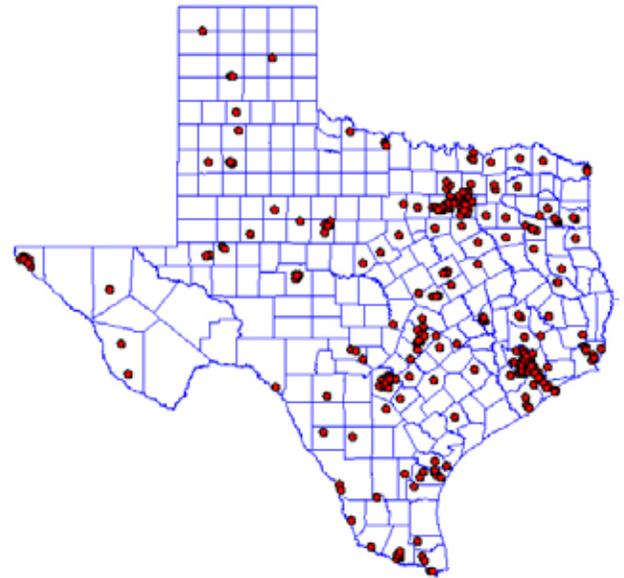
<sup>1</sup> Lesbian, gay, bisexual, transgender, or questioning clients.

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	123	25.7
Any language other than English	211	44.1
<b>Non-English Language Provided by:</b>		
On-call interpreter only	47	22.3
Staff counselor only	115	54.5
Both staff counselor and on-call interpreter	49	23.2
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	164	100.0
American Indian/Alaska Native languages	2	1.2
Other	17	10.4

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Symbol key: -- Quantity is zero. \* Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



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