

2012 State Profile — Utah

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Utah, 168 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 12,271 clients in substance abuse treatment on March 30, 2012. The survey response rate in Utah was 98.3%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	57	33.9	4,439	36.2	676	55.9
Private for-profit	80	47.6	4,804	39.1	377	31.2
Local, county, or community government	25	14.9	2,588	21.1	139	11.5
State government	2	1.2	195	1.6	1	0.1
Federal government	3	1.8	197	1.6	4	0.3
Dept. of Veterans Affairs	1	0.6	140	1.1	--	--
Dept. of Defense	1	0.6	25	0.2	--	--
Indian Health Service	1	0.6	32	0.3	4	0.3
Other	--	--	--	--	--	--
Tribal government	1	0.6	48	0.4	13	1.1
Total	168	100.0	12,271	100.0	1,210	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	68	40.5	6,719	54.8	405	33.5
Mental health services	11	6.5	192	1.6	72	6.0
Mix of mental health and substance abuse treatment services	83	49.4	5,117	41.7	733	60.6
General health care	3	1.8	7	0.1	--	--
Other	3	1.8	236	1.9	--	--
Total	168	100.0	12,271	100.0	1,210	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012			
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	158	95.8	5,993	49.0	271	
Clients with drug abuse only	148	89.7	4,431	36.2	208	
Clients with alcohol abuse only	136	82.4	1,815	14.8	82	
Total	165		12,239	100.0	561	

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 3.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	142	84.5	11,086	90.3	35	779	64.4
Regular	138	82.1	6,791	55.3	16		
Intensive	91	54.2	1,361	11.1	6		
Day treatment/partial hospitalization	39	23.2	460	3.7	1		
Detoxification	21	12.5	191	1.6	--		
Methadone maintenance	13	7.7	2,283	18.6	177		
Residential (non-hospital)	49	29.2	1,150	9.4	19	431	35.6
Short term (<30 days)	34	20.2	263	2.1	4		
Long term (30+ days)	47	28.0	803	6.5	12		
Detoxification	14	8.3	84	0.7	--		
Hospital Inpatient	3	1.8	35	0.3	5	--	--
Treatment	3	1.8	16	0.1	1		
Detoxification	2	1.2	19	0.2	5		
Total	168		12,271		33	1,210	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	11	0.9
Clients in Facilities with OTPs		
Methadone	2,037	85.3
Buprenorphine	28	1.2
Clients in Facilities without OTPs		
Buprenorphine	323	13.5
Total	2,388	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	164	97.6
Private health insurance	138	82.1
Medicare	71	42.3
Medicaid	95	56.5
State-financed health insurance	74	44.0
Federal military insurance	93	55.4
No payment accepted	--	--
Access to Recovery (ATR) vouchers ²	4	2.4
IHS/638 contract care funds	13	7.7
Other payments	8	4.8
Sliding fee scale	100	59.5
Treatment at no charge for clients who cannot pay	52	31.0

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	161	95.8
State substance abuse agency	133	79.2
State mental health department	102	60.7
State department of health	91	54.2
Hospital licensing authority	10	6.0
The Joint Commission	32	19.0
Commission on Accreditation of Rehabilitation Facilities	12	7.1
National Committee for Quality Assurance	4	2.4
Council on Accreditation	3	1.8
Other state/local agency/organization	14	8.3

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	85	50.6

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	168	100.0
Screening for substance abuse	164	97.6
Screening for mental health disorders	143	85.1
Comprehensive substance abuse assessment or diagnosis	164	97.6
Comprehensive mental health assessment or diagnosis	113	67.3
Screening for tobacco use	107	63.7
Outreach to persons in the community who may need treatment	96	57.1
Interim services for clients when immediate admission is not possible	79	47.0
Testing	144	85.7
Breathalyzer or other blood alcohol testing	108	64.3
Drug or alcohol urine screening	140	83.3
Screening for Hepatitis B	39	23.2
Screening for Hepatitis C	38	22.6
HIV testing	36	21.4
STD testing	41	24.4
TB screening	72	42.9
Counseling	167	99.4
Individual counseling	166	98.8
Group counseling	161	95.8
Family counseling	149	88.7
Marital/couples counseling	117	69.6
Transitional Services	167	99.4
Discharge planning	158	94.0
Aftercare/continuing care	147	87.5
Pharmacotherapies	92	54.8
Antabuse®	38	22.6
Naltrexone (oral)	35	20.8
Vivitrol® (injectable Naltrexone)	28	16.7
Campral®	24	14.3
Nicotine replacement	40	23.8
Non-nicotine smoking/tobacco cessation medications	40	23.8
Medications for psychiatric disorders	76	45.2
Methadone	15	8.9
Buprenorphine with naloxone (Suboxone®)	38	22.6
Buprenorphine without naloxone	24	14.3
Ancillary Services	167	99.4
Case management services	152	90.5
Social skills development	146	86.9
Mentoring/peer support	95	56.5
Child care for clients' children	19	11.3
Assistance with obtaining social services	98	58.3
Employment counseling or training for clients	73	43.5
Assistance in locating housing for clients	82	48.8
Domestic violence services	85	50.6
Early intervention for HIV	27	16.1
HIV or AIDS education, counseling, or support	65	38.7
Hepatitis education, counseling, or support	64	38.1

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	83	49.4
Substance abuse education	165	98.2
Transportation assistance to treatment	67	39.9
Mental health services	147	87.5
Acupuncture	3	1.8
Residential beds for clients' children	9	5.4
Self-help groups	72	42.9
Smoking cessation counseling	102	60.7

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	165	98.2
Relapse prevention	155	92.3
Cognitive-behavioral therapy	162	96.4
Motivational interviewing	152	90.5
Anger management	153	91.1
Brief intervention	139	82.7
12-step facilitation	114	67.9
Trauma-related counseling	146	86.9
Contingency management/motivational incentives	119	70.8
Rational emotive behavioral therapy (REBT)	100	59.5
Matrix Model	72	42.9
Computerized substance abuse treatment	23	13.7
Community reinforcement plus vouchers	29	17.3
Other treatment approaches	28	16.7

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	40	3
Number of clients ²	859	30
Number of designated beds	1,019	14
Utilization rate ³	84.3	214.3
Average number of designated beds per facility	25	5

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	141	83.9
Clients with co-occurring disorders	76	45.2
Adult women	45	26.8
DUI/DWI offenders	79	47.0
Adolescents	57	33.9
Adult men	40	23.8
Criminal justice clients	45	26.8
Persons who have experienced trauma	40	23.8
Pregnant or postpartum women	29	17.3
Persons with HIV or AIDS	7	4.2
Veterans	15	8.9
Seniors or older adults	9	5.4
LGBTQ ¹ clients	10	6.0
Active duty military	7	4.2
Members of military families	8	4.8
Other groups	23	13.7

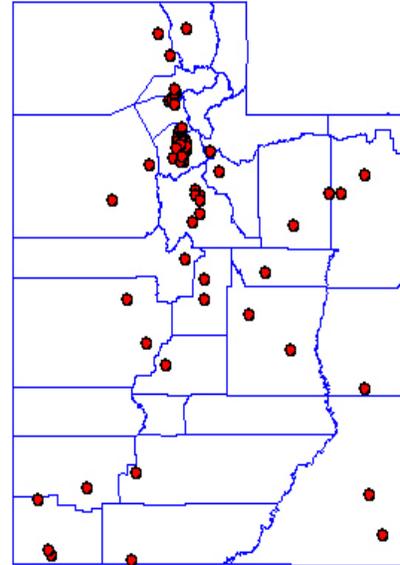
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	62	36.9
Any language other than English	89	53.0
Non-English Language Provided by:		
On-call interpreter only	16	18.0
Staff counselor only	30	33.7
Both staff counselor and on-call interpreter	43	48.3
Languages Provided by Staff Counselor:¹		
Spanish	72	98.6
American Indian/Alaska Native languages	--	--
Other	21	28.8

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/