

2012 State Profile — Virginia

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Virginia, 232 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 22,438 clients in substance abuse treatment on March 30, 2012. The survey response rate in Virginia was 94.2%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	56	24.1	2,888	12.9	291	18.5
Private for-profit	59	25.4	8,195	36.5	435	27.7
Local, county, or community government	97	41.8	10,034	44.7	844	53.7
State government	8	3.4	351	1.6	1	0.1
Federal government	12	5.2	970	4.3	--	--
Dept. of Veterans Affairs	3	1.3	490	2.2	--	--
Dept. of Defense	9	3.9	480	2.1	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	--	--	--	--	--	--
Total	232	100.0	22,438	100.0	1,571	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	88	37.9	8,997	40.1	50	3.2
Mental health services	14	6.0	778	3.5	44	2.8
Mix of mental health and substance abuse treatment services	125	53.9	11,862	52.9	1,477	94.0
General health care	1	0.4	125	0.6	--	--
Other	4	1.7	676	3.0	--	--
Total	232	100.0	22,438	100.0	1,571	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012			
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	210	91.7	9,329	41.7	137	
Clients with drug abuse only	197	86.0	8,724	39.0	132	
Clients with alcohol abuse only	187	81.7	4,294	19.2	63	
Total	229		22,347	100.0	331	

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 3.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	195	84.1	21,282	94.8	71	1,487	94.7
Regular	176	75.9	13,142	58.6	49		
Intensive	91	39.2	2,389	10.6	15		
Day treatment/partial hospitalization	29	12.5	480	2.1	12		
Detoxification	25	10.8	250	1.1	1		
Methadone maintenance	28	12.1	5,021	22.4	117		
Residential (non-hospital)	48	20.7	1,037	4.6	17	74	4.7
Short term (<30 days)	26	11.2	342	1.5	9		
Long term (30+ days)	35	15.1	535	2.4	8		
Detoxification	17	7.3	160	0.7	5		
Hospital Inpatient	14	6.0	119	0.5	10	10	0.6
Treatment	10	4.3	31	0.1	--		
Detoxification	14	6.0	88	0.4	6		
Total	232		22,438		60	1,571	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	21	1.8
Clients in Facilities with OTPs		
Methadone	5,138	80.7
Buprenorphine	264	4.1
Clients in Facilities without OTPs		
Buprenorphine	966	15.2
Total	6,368	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	214	92.2
Private health insurance	171	73.7
Medicare	110	47.4
Medicaid	137	59.1
State-financed health insurance	81	34.9
Federal military insurance	119	51.3
No payment accepted	6	2.6
Access to Recovery (ATR) vouchers ²	n/a	n/a
IHS/638 contract care funds	5	2.2
Other payments	12	5.2
Sliding fee scale	134	57.8
Treatment at no charge for clients who cannot pay	74	31.9

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	214	92.2
State substance abuse agency	180	77.6
State mental health department	161	69.4
State department of health	48	20.7
Hospital licensing authority	13	5.6
The Joint Commission	36	15.5
Commission on Accreditation of Rehabilitation Facilities	48	20.7
National Committee for Quality Assurance	7	3.0
Council on Accreditation	3	1.3
Other state/local agency/organization	22	9.5

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	143	61.6

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	226	97.4
Screening for substance abuse	214	92.2
Screening for mental health disorders	183	78.9
Comprehensive substance abuse assessment or diagnosis	199	85.8
Comprehensive mental health assessment or diagnosis	126	54.3
Screening for tobacco use	112	48.3
Outreach to persons in the community who may need treatment	131	56.5
Interim services for clients when immediate admission is not possible	112	48.3
Testing	223	96.1
Breathalyzer or other blood alcohol testing	204	87.9
Drug or alcohol urine screening	216	93.1
Screening for Hepatitis B	51	22.0
Screening for Hepatitis C	51	22.0
HIV testing	48	20.7
STD testing	35	15.1
TB screening	77	33.2
Counseling	231	99.6
Individual counseling	223	96.1
Group counseling	226	97.4
Family counseling	193	83.2
Marital/couples counseling	143	61.6
Transitional Services	224	96.6
Discharge planning	216	93.1
Aftercare/continuing care	189	81.5
Pharmacotherapies	168	72.4
Antabuse®	60	25.9
Naltrexone (oral)	63	27.2
Vivitrol® (injectable Naltrexone)	40	17.2
Campral®	77	33.2
Nicotine replacement	46	19.8
Non-nicotine smoking/tobacco cessation medications	40	17.2
Medications for psychiatric disorders	145	62.5
Methadone	25	10.8
Buprenorphine with naloxone (Suboxone®)	57	24.6
Buprenorphine without naloxone	44	19.0
Ancillary Services	232	100.0
Case management services	204	87.9
Social skills development	157	67.7
Mentoring/peer support	122	52.6
Child care for clients' children	16	6.9
Assistance with obtaining social services	132	56.9
Employment counseling or training for clients	87	37.5
Assistance in locating housing for clients	131	56.5
Domestic violence services	89	38.4
Early intervention for HIV	50	21.6
HIV or AIDS education, counseling, or support	104	44.8
Hepatitis education, counseling, or support	85	36.6

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	112	48.3
Substance abuse education	228	98.3
Transportation assistance to treatment	90	38.8
Mental health services	181	78.0
Acupuncture	42	18.1
Residential beds for clients' children	6	2.6
Self-help groups	110	47.4
Smoking cessation counseling	82	35.3

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	229	98.7
Relapse prevention	219	94.4
Cognitive-behavioral therapy	219	94.4
Motivational interviewing	209	90.1
Anger management	202	87.1
Brief intervention	189	81.5
12-step facilitation	152	65.5
Trauma-related counseling	189	81.5
Contingency management/motivational incentives	141	60.8
Rational emotive behavioral therapy (REBT)	100	43.1
Matrix Model	80	34.5
Computerized substance abuse treatment	20	8.6
Community reinforcement plus vouchers	17	7.3
Other treatment approaches	39	16.8

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	34	4
Number of clients ²	698	66
Number of designated beds	869	70
Utilization rate ³	80.3	94.3
Average number of designated beds per facility	26	18

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	193	83.2
Clients with co-occurring disorders	103	44.4
Adult women	91	39.2
DUI/DWI offenders	50	21.6
Adolescents	69	29.7
Adult men	66	28.4
Criminal justice clients	50	21.6
Persons who have experienced trauma	54	23.3
Pregnant or postpartum women	37	15.9
Persons with HIV or AIDS	12	5.2
Veterans	18	7.8
Seniors or older adults	10	4.3
LGBTQ ¹ clients	3	1.3
Active duty military	15	6.5
Members of military families	11	4.7
Other groups	28	12.1

¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	87	37.5
Any language other than English	88	37.9
Non-English Language Provided by:		
On-call interpreter only	45	51.1
Staff counselor only	19	21.6
Both staff counselor and on-call interpreter	24	27.3
Languages Provided by Staff Counselor:¹		
Spanish	41	95.3
American Indian/Alaska Native languages	--	--
Other	10	23.3

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/