

## 2012 State Profile — Vermont

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Vermont, 43 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 4,023 clients in substance abuse treatment on March 30, 2012. The survey response rate in Vermont was 100.0%.

#### Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	33	76.7	3,384	84.1	330	94.0
Private for-profit	7	16.3	600	14.9	11	3.1
Local, county, or community government	1	2.3	10	0.2	10	2.8
State government	--	--	--	--	--	--
Federal government	2	4.7	29	0.7	--	--
Dept. of Veterans Affairs	2	4.7	29	0.7	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	--	--	--	--	--	--
<b>Total</b>	<b>43</b>	<b>100.0</b>	<b>4,023</b>	<b>100.0</b>	<b>351</b>	<b>100.0</b>

#### Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	18	41.9	1,826	45.4	17	4.8
Mental health services	2	4.7	52	1.3	10	2.8
Mix of mental health and substance abuse treatment services	21	48.8	1,987	49.4	316	90.0
General health care	--	--	--	--	--	--
Other	2	4.7	158	3.9	8	2.3
<b>Total</b>	<b>43</b>	<b>100.0</b>	<b>4,023</b>	<b>100.0</b>	<b>351</b>	<b>100.0</b>

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 30, 2012			
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	41	97.6	1,858	46.2	317	
Clients with drug abuse only	38	90.5	1,489	37.0	287	
Clients with alcohol abuse only	34	81.0	676	16.8	127	
<b>Total</b>	<b>42</b>		<b>4,023</b>	<b>100.0</b>	<b>731</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 1.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care								
	Facilities <sup>1</sup>		Clients in Treatment on March 30, 2012					
			All Clients			Clients Under Age 18		
	No.	%	No.	%	Median No. of Clients per Facility	No.	%	
<b>Outpatient</b>	<b>37</b>	<b>86.0</b>	<b>3,751</b>	<b>93.2</b>	<b>81</b>	<b>339</b>	<b>96.6</b>	
Regular	37	86.0	2,556	63.5	49			
Intensive	16	37.2	357	8.9	20			
Day treatment/partial hospitalization	4	9.3	122	3.0	26			
Detoxification	6	14.0	20	0.5	--			
Methadone maintenance	9	20.9	696	17.3	62			
<b>Residential (non-hospital)</b>	<b>8</b>	<b>18.6</b>	<b>137</b>	<b>3.4</b>	<b>24</b>	<b>1</b>	<b>0.3</b>	
Short term (<30 days)	3	7.0	50	1.2	25			
Long term (30+ days)	4	9.3	79	2.0	22			
Detoxification	3	7.0	8	0.2	4			
<b>Hospital Inpatient</b>	<b>6</b>	<b>14.0</b>	<b>135</b>	<b>3.4</b>	<b>23</b>	<b>11</b>	<b>3.1</b>	
Treatment	3	7.0	96	2.4	23			
Detoxification	6	14.0	39	1.0	7			
<b>Total</b>	<b>43</b>		<b>4,023</b>		<b>65</b>	<b>351</b>	<b>100.0</b>	

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>8</b>	<b>0.7</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	714	60.5
Buprenorphine	184	15.6
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	282	23.9
<b>Total</b>	<b>1,180</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	43	100.0
Private health insurance	35	81.4
Medicare	27	62.8
Medicaid	38	88.4
State-financed health insurance	35	81.4
Federal military insurance	29	67.4
No payment accepted	--	--
Access to Recovery (ATR) vouchers <sup>2</sup>	n/a	n/a
IHS/638 contract care funds	2	4.7
Other payments	2	4.7
Sliding fee scale	34	79.1
Treatment at no charge for clients who cannot pay	26	60.5

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	41	95.3
State substance abuse agency	37	86.0
State mental health department	20	46.5
State department of health	24	55.8
Hospital licensing authority	6	14.0
The Joint Commission	10	23.3
Commission on Accreditation of Rehabilitation Facilities	16	37.2
National Committee for Quality Assurance	2	4.7
Council on Accreditation	2	4.7
Other state/local agency/organization	6	14.0

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	33	76.7

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>43</b>	<b>100.0</b>
Screening for substance abuse	40	93.0
Screening for mental health disorders	38	88.4
Comprehensive substance abuse assessment or diagnosis	42	97.7
Comprehensive mental health assessment or diagnosis	29	67.4
Screening for tobacco use	27	62.8
Outreach to persons in the community who may need treatment	30	69.8
Interim services for clients when immediate admission is not possible	25	58.1
<b>Testing</b>	<b>42</b>	<b>97.7</b>
Breathalyzer or other blood alcohol testing	31	72.1
Drug or alcohol urine screening	41	95.3
Screening for Hepatitis B	14	32.6
Screening for Hepatitis C	14	32.6
HIV testing	17	39.5
STD testing	14	32.6
TB screening	15	34.9
<b>Counseling</b>	<b>43</b>	<b>100.0</b>
Individual counseling	43	100.0
Group counseling	43	100.0
Family counseling	36	83.7
Marital/couples counseling	32	74.4
<b>Transitional Services</b>	<b>43</b>	<b>100.0</b>
Discharge planning	41	95.3
Aftercare/continuing care	41	95.3
<b>Pharmacotherapies</b>	<b>32</b>	<b>74.4</b>
Antabuse®	21	48.8
Naltrexone (oral)	20	46.5
Vivitrol® (injectable Naltrexone)	9	20.9
Campral®	17	39.5
Nicotine replacement	13	30.2
Non-nicotine smoking/tobacco cessation medications	12	27.9
Medications for psychiatric disorders	25	58.1
Methadone	10	23.3
Buprenorphine with naloxone (Suboxone®)	18	41.9
Buprenorphine without naloxone	18	41.9
<b>Ancillary Services</b>	<b>43</b>	<b>100.0</b>
Case management services	36	83.7
Social skills development	34	79.1
Mentoring/peer support	23	53.5
Child care for clients' children	1	2.3
Assistance with obtaining social services	35	81.4
Employment counseling or training for clients	20	46.5
Assistance in locating housing for clients	26	60.5
Domestic violence services	14	32.6
Early intervention for HIV	18	41.9
HIV or AIDS education, counseling, or support	31	72.1
Hepatitis education, counseling, or support	25	58.1

*Continued.*

## Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	26	60.5
Substance abuse education	43	100.0
Transportation assistance to treatment	16	37.2
Mental health services	34	79.1
Acupuncture	2	4.7
Residential beds for clients' children	1	2.3
Self-help groups	14	32.6
Smoking cessation counseling	21	48.8

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	43	100.0
Relapse prevention	41	95.3
Cognitive-behavioral therapy	41	95.3
Motivational interviewing	41	95.3
Anger management	41	95.3
Brief intervention	38	88.4
12-step facilitation	28	65.1
Trauma-related counseling	40	93.0
Contingency management/motivational incentives	25	58.1
Rational emotive behavioral therapy (REBT)	14	32.6
Matrix Model	15	34.9
Computerized substance abuse treatment	10	23.3
Community reinforcement plus vouchers	3	7.0
Other treatment approaches	6	14.0

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	7	4
Number of clients <sup>2</sup>	137	133
Number of designated beds	180	132
Utilization rate <sup>3</sup>	76.1	100.8
Average number of designated beds per facility	26	33

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 30, 2012.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	39	90.7
Clients with co-occurring disorders	19	44.2
Adult women	16	37.2
DUI/DWI offenders	19	44.2
Adolescents	13	30.2
Adult men	9	20.9
Criminal justice clients	12	27.9
Persons who have experienced trauma	14	32.6
Pregnant or postpartum women	14	32.6
Persons with HIV or AIDS	1	2.3
Veterans	4	9.3
Seniors or older adults	1	2.3
LGBTQ <sup>1</sup> clients	3	7.0
Active duty military	4	9.3
Members of military families	--	--
Other groups	4	9.3

<sup>1</sup> Lesbian, gay, bisexual, transgender, or questioning clients.

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	25	58.1
Any language other than English	17	39.5
<b>Non-English Language Provided by:</b>		
On-call interpreter only	15	88.2
Staff counselor only	--	--
Both staff counselor and on-call interpreter	2	11.8
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	2	100.0
American Indian/Alaska Native languages	--	--
Other	1	50.0

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Symbol key: -- Quantity is zero. \* Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)