2012 State Profile — Washington
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Washington, 469 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 43,945 clients in substance abuse treatment on March 30, 2012. The survey response rate in Washington was 97.4%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	198	42.2	18,785	42.7	1,902	53.5
Private for-profit	187	39.9	16,254	37.0	914	25.7
Local, county, or community government	29	6.2	2,163	4.9	265	7.5
State government	8	1.7	387	0.9	184	5.2
Federal government	9	1.9	2,887	6.6	--	--
Dept. of Veterans Affairs	6	1.3	2,421	5.5	--	--
Dept. of Defense	3	0.6	466	1.1	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	38	8.1	3,469	7.9	290	8.2
Total	**469**	**100.0**	**43,945**	**100.0**	**3,555**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	321	68.4	32,193	73.3	2,593	72.9
Mental health services	16	3.4	815	1.9	27	0.8
Mix of mental health and substance abuse treatment services	112	23.9	8,615	19.6	624	17.6
General health care	7	1.5	1,097	2.5	92	2.6
Other	13	2.8	1,225	2.8	219	6.2
Total	**469**	**100.0**	**43,945**	**100.0**	**3,555**	**100.0**

Substance Abuse Problem Treated

	Facilities[1,2]		Clients in Treatment on March 30, 2012		
			All Clients[3]		Clients[3] per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	440	95.9	23,164	52.8	394
Clients with drug abuse only	383	83.4	11,525	26.2	205
Clients with alcohol abuse only	392	85.4	9,223	21.0	163
Total	**459**		**43,912**	**100.0**	**761**

[1] Facilities may be included in more than one category.
[2] Facilities excluded because they were not asked or did not respond to this question: 10.
[3] Sum of individual items may not agree with the total due to rounding.

For symbol definitions, see the symbol key on the last page of this profile.

Type of Care

	Facilities[1]		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	**416**	**88.7**	**41,529**	**94.5**	**56**	**3,305**	**93.0**
Regular	413	88.1	22,554	51.3	32		
Intensive	355	75.7	11,148	25.4	17		
Day treatment/partial hospitalization	28	6.0	200	0.5	--		
Detoxification	29	6.2	585	1.3	2		
Methadone maintenance	24	5.1	7,042	16.0	355		
Residential (non-hospital)	**65**	**13.9**	**2,191**	**5.0**	**24**	**232**	**6.5**
Short term (<30 days)	41	8.7	1,142	2.6	20		
Long term (30+ days)	38	8.1	903	2.1	15		
Detoxification	16	3.4	146	0.3	7		
Hospital Inpatient	**10**	**2.1**	**225**	**0.5**	**20**	**18**	**0.5**
Treatment	10	2.1	149	0.3	12		
Detoxification	10	2.1	76	0.2	7		
Total	**469**		**43,945**		**53**	**3,555**	**100.0**

[1] Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs[1]	**20**	**1.7**
Clients in Facilities with OTPs		
Methadone	7,001	89.9
Buprenorphine	138	1.8
Clients in Facilities without OTPs		
Buprenorphine	648	8.3
Total	**7,787**	**100.0**

[1] Percentage of all OTP facilities that are in the United States.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	427	91.0
Private health insurance	398	84.9
Medicare	101	21.5
Medicaid	266	56.7
State-financed health insurance	254	54.2
Federal military insurance	121	25.8
No payment accepted	4	0.9
Access to Recovery (ATR) vouchers[2]	102	21.7
IHS/638 contract care funds	36	7.7
Other payments	19	4.1
Sliding fee scale	284	60.6
Treatment at no charge for clients who cannot pay	199	42.4

[1] Facilities may accept more than one type of payment.
[2] Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	465	99.1
State substance abuse agency	447	95.3
State mental health department	131	27.9
State department of health	314	67.0
Hospital licensing authority	10	2.1
The Joint Commission	50	10.7
Commission on Accreditation of Rehabilitation Facilities	59	12.6
National Committee for Quality Assurance	19	4.1
Council on Accreditation	13	2.8
Other state/local agency/organization	27	5.8

[1] Facilities may be licensed by more than one agency/organization.

Facility Funding

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	257	54.8

For symbol definitions, see the symbol key on the last page of this profile.

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	**465**	**99.1**
Screening for substance abuse	445	94.9
Screening for mental health disorders	285	60.8
Comprehensive substance abuse assessment or diagnosis	443	94.5
Comprehensive mental health assessment or diagnosis	156	33.3
Screening for tobacco use	311	66.3
Outreach to persons in the community who may need treatment	282	60.1
Interim services for clients when immediate admission is not possible	278	59.3
Testing	**460**	**98.1**
Breathalyzer or other blood alcohol testing	243	51.8
Drug or alcohol urine screening	455	97.0
Screening for Hepatitis B	72	15.4
Screening for Hepatitis C	77	16.4
HIV testing	51	10.9
STD testing	40	8.5
TB screening	211	45.0
Counseling	**464**	**98.9**
Individual counseling	462	98.5
Group counseling	450	95.9
Family counseling	357	76.1
Marital/couples counseling	218	46.5
Transitional Services	**464**	**98.9**
Discharge planning	458	97.7
Aftercare/continuing care	430	91.7
Pharmacotherapies	**158**	**33.7**
Antabuse®	52	11.1
Naltrexone (oral)	41	8.7
Vivitrol® (injectable Naltrexone)	24	5.1
Campral®	39	8.3
Nicotine replacement	74	15.8
Non-nicotine smoking/tobacco cessation medications	50	10.7
Medications for psychiatric disorders	115	24.5
Methadone	36	7.7
Buprenorphine with naloxone (Suboxone®)	58	12.4
Buprenorphine without naloxone	24	5.1
Ancillary Services	**465**	**99.1**
Case management services	407	86.8
Social skills development	341	72.7
Mentoring/peer support	224	47.8
Child care for clients' children	36	7.7
Assistance with obtaining social services	241	51.4
Employment counseling or training for clients	141	30.1
Assistance in locating housing for clients	237	50.5
Domestic violence services	157	33.5
Early intervention for HIV	161	34.3
HIV or AIDS education, counseling, or support	270	57.6
Hepatitis education, counseling, or support	229	48.8

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	230	49.0
Substance abuse education	456	97.2
Transportation assistance to treatment	192	40.9
Mental health services	235	50.1
Acupuncture	20	4.3
Residential beds for clients' children	10	2.1
Self-help groups	181	38.6
Smoking cessation counseling	220	46.9

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	458	97.7
Relapse prevention	441	94.0
Cognitive-behavioral therapy	419	89.3
Motivational interviewing	415	88.5
Anger management	297	63.3
Brief intervention	384	81.9
12-step facilitation	340	72.5
Trauma-related counseling	264	56.3
Contingency management/motivational incentives	243	51.8
Rational emotive behavioral therapy (REBT)	212	45.2
Matrix Model	173	36.9
Computerized substance abuse treatment	49	10.4
Community reinforcement plus vouchers	58	12.4
Other treatment approaches	91	19.4

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	59	9
Number of clients[2]	2,137	222
Number of designated beds	2,373	250
Utilization rate[3]	90.1	88.8
Average number of designated beds per facility	40	28

[1] Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.
[2] Number of clients on March 30, 2012.
[3] Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	393	83.8
Clients with co-occurring disorders	150	32.0
Adult women	120	25.6
DUI/DWI offenders	165	35.2
Adolescents	176	37.5
Adult men	90	19.2
Criminal justice clients	69	14.7
Persons who have experienced trauma	68	14.5
Pregnant or postpartum women	55	11.7
Persons with HIV or AIDS	11	2.3
Veterans	24	5.1
Seniors or older adults	20	4.3
LGBTQ[1] clients	14	3.0
Active duty military	16	3.4
Members of military families	10	2.1
Other groups	61	13.0

[1] Lesbian, gay, bisexual, transgender, or questioning clients.

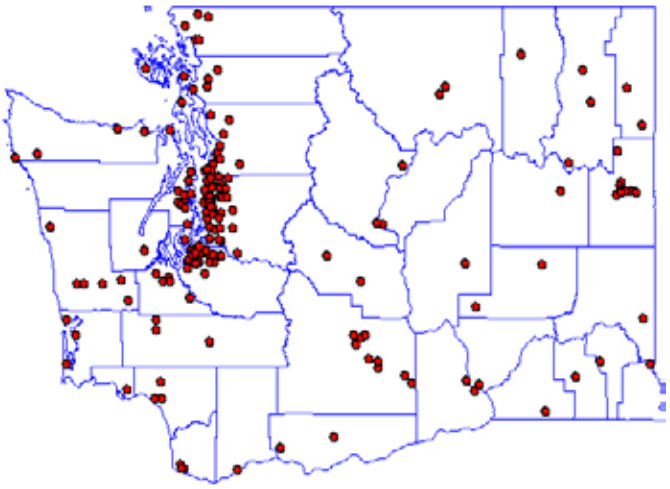
For symbol definitions, see the symbol key on the last page of this profile.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	132	28.1
Any language other than English	149	31.8
Non-English Language Provided by:		
On-call interpreter only	59	39.6
Staff counselor only	45	30.2
Both staff counselor and on-call interpreter	45	30.2
Languages Provided by Staff Counselor:[1]		
Spanish	82	91.1
American Indian/Alaska Native languages	1	1.1
Other	20	22.2

[1] Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. *n/a* Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at:
http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:
http://www.samhsa.gov/data/

Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/