

2013 State Profile — Puerto Rico

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Puerto Rico, 161 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 15,169 clients in substance abuse treatment on March 29, 2013. The survey response rate in Puerto Rico was 87%.

Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	109	67.7	2,681	18.2	219	32.2
Private for-profit	23	14.3	1,636	11.1	25	3.7
Local, county, or community government	1	0.6	^	^	--	--
State government	27	16.8	10,451	70.8	436	64.1
Federal government	1	0.6	^	^	--	--
Tribal government	--	--	--	--	--	--
Total	161	100.0	14,768¹	100.0	680	100.0

¹ Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 29, 2013		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	124	81.6	4,085	31.2	137
Clients with drug abuse only	107	70.4	7,982	61.0	270
Clients with alcohol abuse only	86	56.6	1,025	7.8	36
Total	152		13,091	100.0	443

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 9.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	64	39.8	12,119	79.9	43	457	67.2
Regular	51	31.7	2,926	19.3	16		
Intensive	27	16.8	1,239	8.2	5		
Day treatment/partial hospitalization	24	14.9	345	2.3	5		
Detoxification	16	9.9	101	0.7	5		
Methadone/buprenorphine maintenance or Vivitrol®	17	10.6	7,508	49.5	43		
Residential (non-hospital)	106	65.8	2,511	16.6	18	212	31.2
Short term (<30 days)	22	13.7	85	0.6	--		
Long term (30+ days)	105	65.2	2,230	14.7	16		
Detoxification	28	17.4	196	1.3	--		
Hospital Inpatient	15	9.3	539	3.6	18	11	1.6
Treatment	13	8.1	328	2.2	7		
Detoxification	13	8.1	211	1.4	12		
Total	161		15,169	100.0	20	680	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	8	0.6
Clients in Facilities with OTPs		
Methadone	8,340	95.3
Buprenorphine	--	--
Vivitrol®	--	--
Clients in Facilities without OTPs		
Buprenorphine	380	4.3
Vivitrol®	33	0.4
Total	8,753	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	71	44.1
Private health insurance	36	22.4
Medicare	19	11.8
Medicaid	20	12.4
State-financed health insurance	31	19.3
Federal military insurance	19	11.8
No payment accepted	78	48.4
Access to Recovery (ATR) vouchers ²	<i>n/a</i>	<i>n/a</i>
IHS/638 contract care funds	3	1.9
Other payments	4	2.5
Sliding fee scale	25	15.5
Treatment at no charge for clients who cannot pay	134	83.2

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	159	98.8
State substance abuse agency	156	96.9
State mental health department	129	80.1
State department of health	140	87.0
Hospital licensing authority	23	14.3
The Joint Commission	52	32.3
Commission on Accreditation of Rehabilitation Facilities	23	14.3
National Committee for Quality Assurance	15	9.3
Council on Accreditation	14	8.7
Other state/local agency/organization	21	13.0

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	123	76.4

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	150	93.2
Screening for substance abuse	149	92.5
Screening for mental health disorders	74	46.0
Comprehensive substance abuse assessment or diagnosis	133	82.6
Comprehensive mental health assessment or diagnosis	87	54.0
Screening for tobacco use	48	29.8
Outreach to persons in the community who may need treatment	88	54.7
Interim services for clients when immediate admission is not possible	49	30.4
No services offered	11	6.8
Testing	147	91.3
Breathalyzer or other blood alcohol testing	40	24.8
Drug or alcohol urine screening	144	89.4
Screening for Hepatitis B	46	28.6
Screening for Hepatitis C	48	29.8
HIV testing	64	39.8
STD testing	50	31.1
TB screening	60	37.3
No services offered	14	8.7
Counseling	160	99.4
Individual counseling	159	98.8
Group counseling	150	93.2
Family counseling	141	87.6
Marital/couples counseling	115	71.4
Transitional Services	150	93.2
Discharge planning	140	87.0
Aftercare/continuing care	112	69.6
No services offered	10	6.2
Pharmacotherapies	62	38.5
Disulfiram (Antabuse®)	5	3.1
Naltrexone (oral)	9	5.6
Vivitrol® (injectable Naltrexone)	2	1.2
Acamprosate (Campral®)	11	6.8
Nicotine replacement	11	6.8
Non-nicotine smoking/tobacco cessation medications	16	9.9
Medications for psychiatric disorders	39	24.2
Methadone	14	8.7
Buprenorphine with naloxone (Suboxone®)	28	17.4
Buprenorphine without naloxone	18	11.2
No services offered	91	56.5
Ancillary Services	159	98.8
Case management services	133	82.6
Social skills development	140	87.0
Mentoring/peer support	101	62.7
Child care for clients' children	11	6.8
Assistance with obtaining social services	121	75.2
Employment counseling or training for clients	77	47.8
Assistance in locating housing for clients	100	62.1

Continued

Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	56	34.8
Early intervention for HIV	83	51.6
HIV or AIDS education, counseling, or support	104	64.6
Hepatitis education, counseling, or support	60	37.3
Health education other than HIV/AIDS or hepatitis	106	65.8
Substance abuse education	158	98.1
Transportation assistance to treatment	102	63.4
Mental health services	99	61.5
Acupuncture	14	8.7
Residential beds for clients' children	7	4.3
Self-help groups	53	32.9
Smoking cessation counseling	43	26.7
No services offered	2	1.2
Other Services	32	19.9
Treatment for gambling disorder	11	6.8
Treatment for Internet use disorder	6	3.7
Treatment for other addiction disorder	29	18.0
No services offered	111	68.9

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	156	96.9
Relapse prevention	123	76.4
Cognitive-behavioral therapy	120	74.5
Motivational interviewing	124	77.0
Anger management	129	80.1
Brief intervention	130	80.7
12-step facilitation	93	57.8
Trauma-related counseling	95	59.0
Contingency management/motivational incentives	104	64.6
Rational emotive behavioral therapy (REBT)	83	51.6
Matrix Model	47	29.2
Community reinforcement plus vouchers	52	32.3
Computerized substance abuse treatment/telemedicine	38	23.6
Other treatment approaches	19	11.8

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	94	7
Number of clients ²	2,280	446
Number of designated beds	3,027	178
Utilization rate ³	75.3	250.6
Average number of designated beds per facility	32	25

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 29, 2013.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	231
Buprenorphine	11
Vivitrol®	1

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	17	10.6
Any language other than English	143	88.8
Non-English Language Provided by:		
Staff counselor only	120	83.9
On-call interpreter only	3	2.1
Both staff counselor and on-call interpreter	20	14.0
Languages Provided by Staff Counselor:¹		
Spanish	140	100.0
American Indian/Alaska Native languages	--	--
Other	3	2.1

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	146	90.7
Adult women	37	23.0
Clients with co-occurring disorders	67	41.6
Adult men	99	61.5
Criminal justice clients	82	50.9
Adolescents	40	24.8
Persons who have experienced trauma	42	26.1
DUI/DWI clients	15	9.3
Young adults	73	45.3
Persons who have experienced domestic violence	47	29.2
Persons who have experienced sexual abuse	44	27.3
Pregnant or postpartum women	19	11.8
Persons with HIV/AIDS	75	46.6
Veterans	50	31.1
LGBT ¹	34	21.1
Seniors or older adults	63	39.1
Members of military families	30	18.6
Active duty military	21	13.0
Other	8	5.0
No program or group offered	41	25.5

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

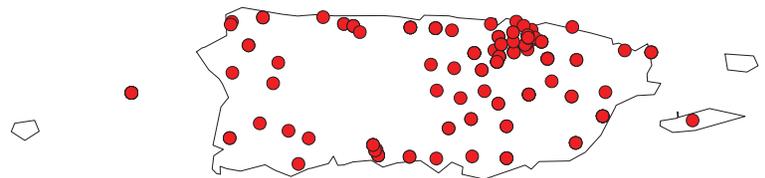
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/