

## 2013 State Profile — South Dakota

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In South Dakota, 63 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 3,267 clients in substance abuse treatment on March 29, 2013. The survey response rate in South Dakota was 89.2%.

#### Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	32	50.8	1,795	58.7	265	60.2
Private for-profit	11	17.5	792	25.9	59	13.4
Local, county, or community government	2	3.2	^	^	--	--
State government	3	4.8	40	1.3	20	4.5
Federal government	9	14.3	342	11.2	75	17.0
Tribal government	6	9.5	88	2.9	21	4.8
<b>Total</b>	<b>63</b>	<b>100.0</b>	<b>3,057<sup>1</sup></b>	<b>100.0</b>	<b>440</b>	<b>100.0</b>

<sup>1</sup> Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 29, 2013		
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	59	95.2	1,918	58.7	247
Clients with drug abuse only	50	80.6	482	14.8	70
Clients with alcohol abuse only	53	85.5	867	26.5	126
<b>Total</b>	<b>62</b>		<b>3,267</b>	<b>100.0</b>	<b>444</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 1.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>51</b>	<b>81.0</b>	<b>2,487</b>	<b>78.1</b>	<b>40</b>	<b>300</b>	<b>68.2</b>
Regular	49	77.8	1,686	53.0	20		
Intensive	37	58.7	759	23.8	14		
Day treatment/partial hospitalization	10	15.9	42	1.3	--		
Detoxification	2	3.2	^	^	^		
Methadone/buprenorphine maintenance or Vivitrol®	1	1.6	^	^	^		
<b>Residential (non-hospital)</b>	<b>19</b>	<b>30.2</b>	<b>623</b>	<b>19.6</b>	<b>23</b>	<b>98</b>	<b>22.3</b>
Short term (<30 days)	10	15.9	252	7.9	16		
Long term (30+ days)	14	22.2	328	10.3	18		
Detoxification	3	4.8	43	1.4	13		
<b>Hospital Inpatient</b>	<b>6</b>	<b>9.5</b>	<b>73</b>	<b>2.3</b>	<b>14</b>	<b>42</b>	<b>9.5</b>
Treatment	5	7.9	73	2.3	15		
Detoxification	1	1.6	^	^	^		
<b>Total</b>	<b>63</b>		<b>3,183<sup>2</sup></b>	<b>100.0</b>	<b>41</b>	<b>440</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

<sup>2</sup> Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>1</b>	<b>0.1</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	^	--
Buprenorphine	^	--
Vivitrol®	^	--
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	1	100.0
Vivitrol®	--	--
<b>Total</b>	<b>1</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	52	82.5
Private health insurance	48	76.2
Medicare	20	31.7
Medicaid	41	65.1
State-financed health insurance	31	49.2
Federal military insurance	30	47.6
No payment accepted	2	3.2
Access to Recovery (ATR) vouchers <sup>2</sup>	32	50.8
IHS/638 contract care funds	18	28.6
Other payments	1	1.6
Sliding fee scale	36	57.1
Treatment at no charge for clients who cannot pay	38	60.3

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

For symbol definitions, see the symbol key on the last page of this profile.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	56	88.9
State substance abuse agency	49	77.8
State mental health department	12	19.0
State department of health	30	47.6
Hospital licensing authority	3	4.8
The Joint Commission	8	12.7
Commission on Accreditation of Rehabilitation Facilities	9	14.3
National Committee for Quality Assurance	3	4.8
Council on Accreditation	2	3.2
Other state/local agency/organization	2	3.2

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	47	74.6

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>63</b>	<b>100.0</b>
Screening for substance abuse	58	92.1
Screening for mental health disorders	53	84.1
Comprehensive substance abuse assessment or diagnosis	62	98.4
Comprehensive mental health assessment or diagnosis	31	49.2
Screening for tobacco use	55	87.3
Outreach to persons in the community who may need treatment	47	74.6
Interim services for clients when immediate admission is not possible	51	81.0
No services offered	--	--
<b>Testing</b>	<b>55</b>	<b>87.3</b>
Breathalyzer or other blood alcohol testing	39	61.9
Drug or alcohol urine screening	51	81.0
Screening for Hepatitis B	16	25.4
Screening for Hepatitis C	16	25.4
HIV testing	18	28.6
STD testing	15	23.8
TB screening	41	65.1
No services offered	7	11.1
<b>Counseling</b>	<b>62</b>	<b>98.4</b>
Individual counseling	60	95.2
Group counseling	59	93.7
Family counseling	54	85.7
Marital/couples counseling	39	61.9
<b>Transitional Services</b>	<b>63</b>	<b>100.0</b>
Discharge planning	62	98.4
Aftercare/continuing care	58	92.1
No services offered	--	--
<b>Pharmacotherapies</b>	<b>30</b>	<b>47.6</b>
Disulfiram (Antabuse®)	6	9.5
Naltrexone (oral)	7	11.1
Vivitrol® (injectable Naltrexone)	3	4.8
Acamprosate (Campral®)	6	9.5
Nicotine replacement	14	22.2
Non-nicotine smoking/tobacco cessation medications	12	19.0
Medications for psychiatric disorders	28	44.4
Methadone	2	3.2
Buprenorphine with naloxone (Suboxone®)	3	4.8
Buprenorphine without naloxone	2	3.2
No services offered	32	50.8
<b>Ancillary Services</b>	<b>63</b>	<b>100.0</b>
Case management services	46	73.0
Social skills development	48	76.2
Mentoring/peer support	27	42.9
Child care for clients' children	6	9.5
Assistance with obtaining social services	39	61.9
Employment counseling or training for clients	22	34.9
Assistance in locating housing for clients	31	49.2

Continued

## Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	27	42.9
Early intervention for HIV	9	14.3
HIV or AIDS education, counseling, or support	41	65.1
Hepatitis education, counseling, or support	27	42.9
Health education other than HIV/AIDS or hepatitis	32	50.8
Substance abuse education	63	100.0
Transportation assistance to treatment	31	49.2
Mental health services	44	69.8
Acupuncture	--	--
Residential beds for clients' children	2	3.2
Self-help groups	37	58.7
Smoking cessation counseling	24	38.1
No services offered	--	--
<b>Other Services</b>	<b>22</b>	<b>34.9</b>
Treatment for gambling disorder	18	28.6
Treatment for Internet use disorder	9	14.3
Treatment for other addiction disorder	16	25.4
No services offered	38	60.3

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	63	100.0
Relapse prevention	62	98.4
Cognitive-behavioral therapy	61	96.8
Motivational interviewing	62	98.4
Anger management	52	82.5
Brief intervention	55	87.3
12-step facilitation	50	79.4
Trauma-related counseling	43	68.3
Contingency management/motivational incentives	44	69.8
Rational emotive behavioral therapy (REBT)	35	55.6
Matrix Model	29	46.0
Community reinforcement plus vouchers	8	12.7
Computerized substance abuse treatment/telemedicine	10	15.9
Other treatment approaches	7	11.1

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	18	6
Number of clients <sup>2</sup>	623	75
Number of designated beds	543	87
Utilization rate <sup>3</sup>	114.7	86.2
Average number of designated beds per facility	30	15

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 29, 2013.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	10
Buprenorphine	*
Vivitrol®	--

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	24	38.1
Any language other than English	21	33.3
<b>Non-English Language Provided by:</b>		
Staff counselor only	2	9.5
On-call interpreter only	14	66.7
Both staff counselor and on-call interpreter	5	23.8
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	3	42.9
American Indian/Alaska Native languages	5	71.4
Other	--	--

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	56	88.9
Adult women	21	33.3
Clients with co-occurring disorders	29	46.0
Adult men	18	28.6
Criminal justice clients	15	23.8
Adolescents	28	44.4
Persons who have experienced trauma	15	23.8
DUI/DWI clients	25	39.7
Young adults	11	17.5
Persons who have experienced domestic violence	13	20.6
Persons who have experienced sexual abuse	12	19.0
Pregnant or postpartum women	9	14.3
Persons with HIV/AIDS	5	7.9
Veterans	6	9.5
LGBT <sup>1</sup>	3	4.8
Seniors or older adults	3	4.8
Members of military families	5	7.9
Active duty military	3	4.8
Other	12	19.0
No program or group offered	22	34.9

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

**Symbol key:** -- Quantity is zero. \* Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.  
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

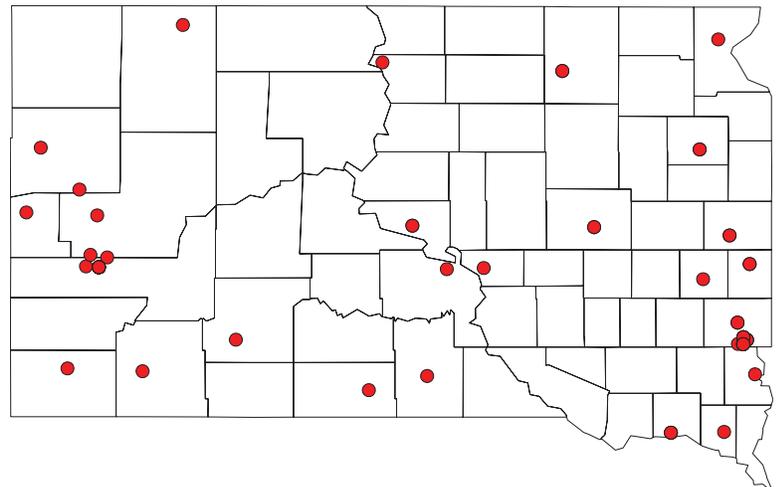
Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual states at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:  
<http://findtreatment.samhsa.gov/>

## Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)