

## 2013 State Profile — Tennessee

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Tennessee, 221 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 14,149 clients in substance abuse treatment on March 29, 2013. The survey response rate in Tennessee was 97.5%.

#### Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	168	76.0	9,070	64.3	972	84.3
Private for-profit	47	21.3	4,630	32.8	181	15.7
Local, county, or community government	1	0.5	^	^	--	--
State government	1	0.5	^	^	--	--
Federal government	4	1.8	402	2.9	--	--
Tribal government	--	--	--	--	--	--
<b>Total</b>	<b>221</b>	<b>100.0</b>	<b>14,102<sup>1</sup></b>	<b>100.0</b>	<b>1,153</b>	<b>100.0</b>

<sup>1</sup> Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 29, 2013			
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	200	92.2	4,195	30.2	75	
Clients with drug abuse only	182	83.9	7,100	51.1	133	
Clients with alcohol abuse only	176	81.1	2,599	18.7	48	
<b>Total</b>	<b>217</b>		<b>13,893</b>	<b>100.0</b>	<b>256</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 4.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>178</b>	<b>80.5</b>	<b>11,698</b>	<b>82.7</b>	<b>30</b>	<b>929</b>	<b>80.6</b>
Regular	151	68.3	7,118	50.3	23		
Intensive	99	44.8	1,763	12.5	10		
Day treatment/partial hospitalization	35	15.8	121	0.9	--		
Detoxification	14	6.3	17	0.1	--		
Methadone/buprenorphine maintenance or Vivitrol®	12	5.4	2,679	18.9	61		
<b>Residential (non-hospital)</b>	<b>74</b>	<b>33.5</b>	<b>2,010</b>	<b>14.2</b>	<b>18</b>	<b>210</b>	<b>18.2</b>
Short term (<30 days)	46	20.8	713	5.0	11		
Long term (30+ days)	67	30.3	1,122	7.9	12		
Detoxification	26	11.8	175	1.2	3		
<b>Hospital Inpatient</b>	<b>15</b>	<b>6.8</b>	<b>441</b>	<b>3.1</b>	<b>15</b>	<b>14</b>	<b>1.2</b>
Treatment	12	5.4	316	2.2	9		
Detoxification	15	6.8	125	0.9	8		
<b>Total</b>	<b>221</b>		<b>14,149</b>	<b>100.0</b>	<b>30</b>	<b>1,153</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>4</b>	<b>0.3</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	2,422	81.6
Buprenorphine	80	2.7
Vivitrol®	--	--
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	408	13.7
Vivitrol®	59	2.0
<b>Total</b>	<b>2,969</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	204	92.3
Private health insurance	158	71.5
Medicare	100	45.2
Medicaid	130	58.8
State-financed health insurance	132	59.7
Federal military insurance	95	43.0
No payment accepted	7	3.2
Access to Recovery (ATR) vouchers <sup>2</sup>	49	22.2
IHS/638 contract care funds	4	1.8
Other payments	3	1.4
Sliding fee scale	149	67.4
Treatment at no charge for clients who cannot pay	103	46.6

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	214	96.8
State substance abuse agency	145	65.6
State mental health department	192	86.9
State department of health	61	27.6
Hospital licensing authority	14	6.3
The Joint Commission	60	27.1
Commission on Accreditation of Rehabilitation Facilities	70	31.7
National Committee for Quality Assurance	8	3.6
Council on Accreditation	13	5.9
Other state/local agency/organization	2	0.9

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	155	70.1

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>219</b>	<b>99.1</b>
Screening for substance abuse	215	97.3
Screening for mental health disorders	189	85.5
Comprehensive substance abuse assessment or diagnosis	205	92.8
Comprehensive mental health assessment or diagnosis	155	70.1
Screening for tobacco use	118	53.4
Outreach to persons in the community who may need treatment	170	76.9
Interim services for clients when immediate admission is not possible	107	48.4
No services offered	2	0.9
<b>Testing</b>	<b>206</b>	<b>93.2</b>
Breathalyzer or other blood alcohol testing	119	53.8
Drug or alcohol urine screening	202	91.4
Screening for Hepatitis B	61	27.6
Screening for Hepatitis C	64	29.0
HIV testing	82	37.1
STD testing	64	29.0
TB screening	159	71.9
No services offered	15	6.8
<b>Counseling</b>	<b>218</b>	<b>98.6</b>
Individual counseling	217	98.2
Group counseling	202	91.4
Family counseling	198	89.6
Marital/couples counseling	147	66.5
<b>Transitional Services</b>	<b>220</b>	<b>99.5</b>
Discharge planning	220	99.5
Aftercare/continuing care	207	93.7
No services offered	1	0.5
<b>Pharmacotherapies</b>	<b>149</b>	<b>67.4</b>
Disulfiram (Antabuse®)	22	10.0
Naltrexone (oral)	35	15.8
Vivitrol® (injectable Naltrexone)	40	18.1
Acamprosate (Campral®)	42	19.0
Nicotine replacement	51	23.1
Non-nicotine smoking/tobacco cessation medications	49	22.2
Medications for psychiatric disorders	133	60.2
Methadone	7	3.2
Buprenorphine with naloxone (Suboxone®)	32	14.5
Buprenorphine without naloxone	22	10.0
No services offered	66	29.9
<b>Ancillary Services</b>	<b>221</b>	<b>100.0</b>
Case management services	189	85.5
Social skills development	169	76.5
Mentoring/peer support	145	65.6
Child care for clients' children	14	6.3
Assistance with obtaining social services	134	60.6
Employment counseling or training for clients	99	44.8
Assistance in locating housing for clients	157	71.0

Continued

## Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	102	46.2
Early intervention for HIV	53	24.0
HIV or AIDS education, counseling, or support	135	61.1
Hepatitis education, counseling, or support	86	38.9
Health education other than HIV/AIDS or hepatitis	126	57.0
Substance abuse education	216	97.7
Transportation assistance to treatment	86	38.9
Mental health services	177	80.1
Acupuncture	14	6.3
Residential beds for clients' children	6	2.7
Self-help groups	122	55.2
Smoking cessation counseling	62	28.1
No services offered	--	--
<b>Other Services</b>	<b>75</b>	<b>33.9</b>
Treatment for gambling disorder	14	6.3
Treatment for Internet use disorder	10	4.5
Treatment for other addiction disorder	74	33.5
No services offered	137	62.0

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	218	98.6
Relapse prevention	200	90.5
Cognitive-behavioral therapy	212	95.9
Motivational interviewing	202	91.4
Anger management	198	89.6
Brief intervention	183	82.8
12-step facilitation	186	84.2
Trauma-related counseling	180	81.4
Contingency management/motivational incentives	129	58.4
Rational emotive behavioral therapy (REBT)	83	37.6
Matrix Model	90	40.7
Community reinforcement plus vouchers	16	7.2
Computerized substance abuse treatment/telemedicine	47	21.3
Other treatment approaches	28	12.7

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	60	9
Number of clients <sup>2</sup>	1,589	397
Number of designated beds	1,848	142
Utilization rate <sup>3</sup>	86.0	279.6
Average number of designated beds per facility	31	16

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 29, 2013.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	37
Buprenorphine	8
Vivitrol®	1

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	119	53.8
Any language other than English	121	54.8
<b>Non-English Language Provided by:</b>		
Staff counselor only	10	8.3
On-call interpreter only	98	81.0
Both staff counselor and on-call interpreter	13	10.7
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	22	95.7
American Indian/Alaska Native languages	1	4.3
Other	2	8.7

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	175	79.2
Adult women	96	43.4
Clients with co-occurring disorders	104	47.1
Adult men	81	36.7
Criminal justice clients	57	25.8
Adolescents	65	29.4
Persons who have experienced trauma	59	26.7
DUI/DWI clients	41	18.6
Young adults	38	17.2
Persons who have experienced domestic violence	29	13.1
Persons who have experienced sexual abuse	37	16.7
Pregnant or postpartum women	24	10.9
Persons with HIV/AIDS	25	11.3
Veterans	21	9.5
LGBT <sup>1</sup>	14	6.3
Seniors or older adults	18	8.1
Members of military families	13	5.9
Active duty military	10	4.5
Other	14	6.3
No program or group offered	87	39.4

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

**Symbol key:** - - Quantity is zero. \* Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.  
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

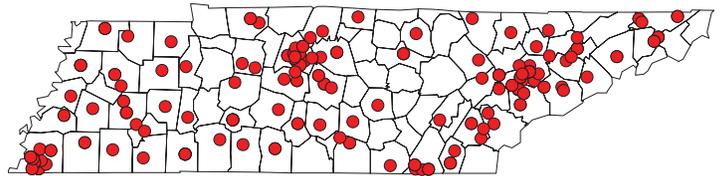
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

## Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)