

2013 State Profile — Utah

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Utah, 171 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 12,586 clients in substance abuse treatment on March 29, 2013. The survey response rate in Utah was 96.2%.

Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	62	36.3	5,088	41.2	653	49.2
Private for-profit	77	45.0	4,984	40.4	540	40.7
Local, county, or community government	26	15.2	2,094	17.0	118	8.9
State government	2	1.2	^	^	--	--
Federal government	3	1.8	169	1.4	--	--
Tribal government	1	0.6	^	^	^	^
Total	171	100.0	12,335¹	100.0	1,326	100.0

¹ Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 29, 2013		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	158	94.0	5,806	46.1	258
Clients with drug abuse only	147	87.5	5,097	40.5	233
Clients with alcohol abuse only	127	75.6	1,683	13.4	75
Total	168		12,586	100.0	567

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 3.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	140	81.9	11,183	89.0	36	692	52.2
Regular	135	78.9	7,129	56.7	20		
Intensive	91	53.2	1,215	9.7	6		
Day treatment/partial hospitalization	40	23.4	325	2.6	--		
Detoxification	20	11.7	62	0.5	--		
Methadone/buprenorphine maintenance or Vivitrol®	22	12.9	2,452	19.5	105		
Residential (non-hospital)	48	28.1	1,389	11.0	19	634	47.8
Short term (<30 days)	37	21.6	389	3.1	5		
Long term (30+ days)	46	26.9	917	7.3	12		
Detoxification	13	7.6	83	0.7	--		
Hospital Inpatient	2	1.2	^	^	^	--	--
Treatment	1	0.6	^	^	^		
Detoxification	2	1.2	^	^	^		
Total	171		12,572²	100.0	36	1,326	100.0

¹ Facilities may provide more than one type of care.

² Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	14	1.1
Clients in Facilities with OTPs		
Methadone	2,629	87.0
Buprenorphine	214	7.1
Vivitrol®	1	*
Clients in Facilities without OTPs		
Buprenorphine	131	4.3
Vivitrol®	47	1.6
Total	3,022	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	168	98.2
Private health insurance	135	78.9
Medicare	72	42.1
Medicaid	98	57.3
State-financed health insurance	80	46.8
Federal military insurance	94	55.0
No payment accepted	--	--
Access to Recovery (ATR) vouchers ²	--	--
IHS/638 contract care funds	10	5.8
Other payments	10	5.8
Sliding fee scale	100	58.5
Treatment at no charge for clients who cannot pay	50	29.2

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	165	96.5
State substance abuse agency	140	81.9
State mental health department	110	64.3
State department of health	87	50.9
Hospital licensing authority	8	4.7
The Joint Commission	34	19.9
Commission on Accreditation of Rehabilitation Facilities	12	7.0
National Committee for Quality Assurance	4	2.3
Council on Accreditation	2	1.2
Other state/local agency/organization	18	10.5

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	84	49.1

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	171	100.0
Screening for substance abuse	168	98.2
Screening for mental health disorders	145	84.8
Comprehensive substance abuse assessment or diagnosis	167	97.7
Comprehensive mental health assessment or diagnosis	113	66.1
Screening for tobacco use	121	70.8
Outreach to persons in the community who may need treatment	98	57.3
Interim services for clients when immediate admission is not possible	77	45.0
No services offered	--	--
Testing	151	88.3
Breathalyzer or other blood alcohol testing	112	65.5
Drug or alcohol urine screening	149	87.1
Screening for Hepatitis B	37	21.6
Screening for Hepatitis C	34	19.9
HIV testing	31	18.1
STD testing	36	21.1
TB screening	64	37.4
No services offered	20	11.7
Counseling	170	99.4
Individual counseling	169	98.8
Group counseling	165	96.5
Family counseling	148	86.5
Marital/couples counseling	109	63.7
Transitional Services	169	98.8
Discharge planning	163	95.3
Aftercare/continuing care	149	87.1
No services offered	1	0.6
Pharmacotherapies	103	60.2
Disulfiram (Antabuse®)	42	24.6
Naltrexone (oral)	39	22.8
Vivitrol® (injectable Naltrexone)	40	23.4
Acamprosate (Campral®)	29	17.0
Nicotine replacement	47	27.5
Non-nicotine smoking/tobacco cessation medications	42	24.6
Medications for psychiatric disorders	84	49.1
Methadone	20	11.7
Buprenorphine with naloxone (Suboxone®)	47	27.5
Buprenorphine without naloxone	35	20.5
No services offered	65	38.0
Ancillary Services	170	99.4
Case management services	154	90.1
Social skills development	151	88.3
Mentoring/peer support	92	53.8
Child care for clients' children	16	9.4
Assistance with obtaining social services	97	56.7
Employment counseling or training for clients	66	38.6
Assistance in locating housing for clients	87	50.9

Continued

Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	82	48.0
Early intervention for HIV	30	17.5
HIV or AIDS education, counseling, or support	60	35.1
Hepatitis education, counseling, or support	62	36.3
Health education other than HIV/AIDS or hepatitis	85	49.7
Substance abuse education	169	98.8
Transportation assistance to treatment	75	43.9
Mental health services	145	84.8
Acupuncture	5	2.9
Residential beds for clients' children	8	4.7
Self-help groups	72	42.1
Smoking cessation counseling	102	59.6
No services offered	1	0.6
Other Services	75	43.9
Treatment for gambling disorder	37	21.6
Treatment for Internet use disorder	49	28.7
Treatment for other addiction disorder	70	40.9
No services offered	94	55.0

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	169	98.8
Relapse prevention	162	94.7
Cognitive-behavioral therapy	160	93.6
Motivational interviewing	152	88.9
Anger management	146	85.4
Brief intervention	144	84.2
12-step facilitation	118	69.0
Trauma-related counseling	141	82.5
Contingency management/motivational incentives	110	64.3
Rational emotive behavioral therapy (REBT)	100	58.5
Matrix Model	82	48.0
Community reinforcement plus vouchers	38	22.2
Computerized substance abuse treatment/telemedicine	27	15.8
Other treatment approaches	28	16.4

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	38	2
Number of clients ²	980	^
Number of designated beds	896	^
Utilization rate ³	109.4	^
Average number of designated beds per facility	24	^

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 29, 2013.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	91
Buprenorphine	12
Vivitrol®	2

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	66	38.6
Any language other than English	97	56.7
Non-English Language Provided by:		
Staff counselor only	22	22.7
On-call interpreter only	21	21.6
Both staff counselor and on-call interpreter	54	55.7
Languages Provided by Staff Counselor:¹		
Spanish	72	94.7
American Indian/Alaska Native languages	--	--
Other	21	27.6

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	155	90.6
Adult women	81	47.4
Clients with co-occurring disorders	92	53.8
Adult men	69	40.4
Criminal justice clients	86	50.3
Adolescents	62	36.3
Persons who have experienced trauma	67	39.2
DUI/DWI clients	79	46.2
Young adults	46	26.9
Persons who have experienced domestic violence	53	31.0
Persons who have experienced sexual abuse	56	32.7
Pregnant or postpartum women	44	25.7
Persons with HIV/AIDS	31	18.1
Veterans	28	16.4
LGBT ¹	33	19.3
Seniors or older adults	28	16.4
Members of military families	21	12.3
Active duty military	21	12.3
Other	12	7.0
No program or group offered	43	25.1

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: - - Quantity is zero. * Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

Location of Treatment Facilities

