

2013 State Profile — Virginia

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Virginia, 226 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 22,838 clients in substance abuse treatment on March 29, 2013. The survey response rate in Virginia was 93.4%.

Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	55	24.3	3,401	14.9	377	23.6
Private for-profit	60	26.5	7,351	32.2	361	22.6
Local, county, or community government	95	42.0	10,739	47.0	846	53.0
State government	6	2.7	222	1.0	10	0.6
Federal government	10	4.4	1,125	4.9	1	0.1
Tribal government	--	--	--	--	--	--
Total	226	100.0	22,838	100.0	1,595	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 29, 2013		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	205	92.8	10,199	44.7	148
Clients with drug abuse only	191	86.4	8,347	36.6	125
Clients with alcohol abuse only	177	80.1	4,281	18.8	62
Total	221		22,827	100.1	335

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 5.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	189	83.6	21,879	95.8	61	1,563	98.0
Regular	172	76.1	12,003	52.6	30		
Intensive	85	37.6	2,773	12.1	15		
Day treatment/partial hospitalization	30	13.3	678	3.0	11		
Detoxification	25	11.1	439	1.9	1		
Methadone/buprenorphine maintenance or Vivitrol®	39	17.3	5,986	26.2	100		
Residential (non-hospital)	42	18.6	712	3.1	12	31	1.9
Short term (<30 days)	25	11.1	183	0.8	5		
Long term (30+ days)	30	13.3	448	2.0	11		
Detoxification	12	5.3	81	0.4	3		
Hospital Inpatient	14	6.2	247	1.1	15	1	0.1
Treatment	11	4.9	104	0.5	10		
Detoxification	13	5.8	143	0.6	6		
Total	226		22,838	100.0	50	1,595	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	24	1.9
Clients in Facilities with OTPs		
Methadone	5,318	80.0
Buprenorphine	362	5.4
Vivitrol®	5	0.1
Clients in Facilities without OTPs		
Buprenorphine	916	13.8
Vivitrol®	49	0.7
Total	6,650	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	213	94.2
Private health insurance	168	74.3
Medicare	108	47.8
Medicaid	135	59.7
State-financed health insurance	77	34.1
Federal military insurance	119	52.7
No payment accepted	3	1.3
Access to Recovery (ATR) vouchers ²	<i>n/a</i>	<i>n/a</i>
IHS/638 contract care funds	2	0.9
Other payments	4	1.8
Sliding fee scale	131	58.0
Treatment at no charge for clients who cannot pay	68	30.1

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	207	91.6
State substance abuse agency	172	76.1
State mental health department	158	69.9
State department of health	43	19.0
Hospital licensing authority	16	7.1
The Joint Commission	33	14.6
Commission on Accreditation of Rehabilitation Facilities	45	19.9
National Committee for Quality Assurance	7	3.1
Council on Accreditation	6	2.7
Other state/local agency/organization	11	4.9

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	137	60.6

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	223	98.7
Screening for substance abuse	214	94.7
Screening for mental health disorders	183	81.0
Comprehensive substance abuse assessment or diagnosis	202	89.4
Comprehensive mental health assessment or diagnosis	135	59.7
Screening for tobacco use	125	55.3
Outreach to persons in the community who may need treatment	134	59.3
Interim services for clients when immediate admission is not possible	108	47.8
No services offered	2	0.9
Testing	221	97.8
Breathalyzer or other blood alcohol testing	198	87.6
Drug or alcohol urine screening	214	94.7
Screening for Hepatitis B	48	21.2
Screening for Hepatitis C	49	21.7
HIV testing	50	22.1
STD testing	34	15.0
TB screening	78	34.5
No services offered	3	1.3
Counseling	222	98.2
Individual counseling	216	95.6
Group counseling	215	95.1
Family counseling	187	82.7
Marital/couples counseling	131	58.0
Transitional Services	223	98.7
Discharge planning	214	94.7
Aftercare/continuing care	189	83.6
No services offered	3	1.3
Pharmacotherapies	172	76.1
Disulfiram (Antabuse®)	55	24.3
Naltrexone (oral)	65	28.8
Vivitrol® (injectable Naltrexone)	41	18.1
Acamprosate (Campral®)	71	31.4
Nicotine replacement	49	21.7
Non-nicotine smoking/tobacco cessation medications	45	19.9
Medications for psychiatric disorders	146	64.6
Methadone	28	12.4
Buprenorphine with naloxone (Suboxone®)	57	25.2
Buprenorphine without naloxone	47	20.8
No services offered	48	21.2
Ancillary Services	226	100.0
Case management services	203	89.8
Social skills development	160	70.8
Mentoring/peer support	122	54.0
Child care for clients' children	18	8.0
Assistance with obtaining social services	127	56.2
Employment counseling or training for clients	89	39.4
Assistance in locating housing for clients	124	54.9

Continued

Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	90	39.8
Early intervention for HIV	51	22.6
HIV or AIDS education, counseling, or support	99	43.8
Hepatitis education, counseling, or support	87	38.5
Health education other than HIV/AIDS or hepatitis	107	47.3
Substance abuse education	221	97.8
Transportation assistance to treatment	87	38.5
Mental health services	184	81.4
Acupuncture	40	17.7
Residential beds for clients' children	4	1.8
Self-help groups	106	46.9
Smoking cessation counseling	81	35.8
No services offered	--	--
Other Services	59	26.1
Treatment for gambling disorder	17	7.5
Treatment for Internet use disorder	19	8.4
Treatment for other addiction disorder	55	24.3
No services offered	154	68.1

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	207	91.6
Relapse prevention	212	93.8
Cognitive-behavioral therapy	206	91.2
Motivational interviewing	205	90.7
Anger management	186	82.3
Brief intervention	181	80.1
12-step facilitation	145	64.2
Trauma-related counseling	186	82.3
Contingency management/motivational incentives	118	52.2
Rational emotive behavioral therapy (REBT)	92	40.7
Matrix Model	72	31.9
Community reinforcement plus vouchers	19	8.4
Computerized substance abuse treatment/telemedicine	22	9.7
Other treatment approaches	29	12.8

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	33	6
Number of clients ²	575	166
Number of designated beds	801	109
Utilization rate ³	71.8	152.3
Average number of designated beds per facility	24	18

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 29, 2013.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	64
Buprenorphine	15
Vivitrol®	*

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	83	36.7
Any language other than English	85	37.6
Non-English Language Provided by:		
Staff counselor only	17	20.0
On-call interpreter only	46	54.1
Both staff counselor and on-call interpreter	22	25.9
Languages Provided by Staff Counselor:¹		
Spanish	35	89.7
American Indian/Alaska Native languages	--	--
Other	6	15.4

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	198	87.6
Adult women	111	49.1
Clients with co-occurring disorders	104	46.0
Adult men	84	37.2
Criminal justice clients	69	30.5
Adolescents	69	30.5
Persons who have experienced trauma	60	26.5
DUI/DWI clients	45	19.9
Young adults	45	19.9
Persons who have experienced domestic violence	34	15.0
Persons who have experienced sexual abuse	38	16.8
Pregnant or postpartum women	50	22.1
Persons with HIV/AIDS	21	9.3
Veterans	30	13.3
LGBT ¹	19	8.4
Seniors or older adults	24	10.6
Members of military families	17	7.5
Active duty military	15	6.6
Other	15	6.6
No program or group offered	63	27.9

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

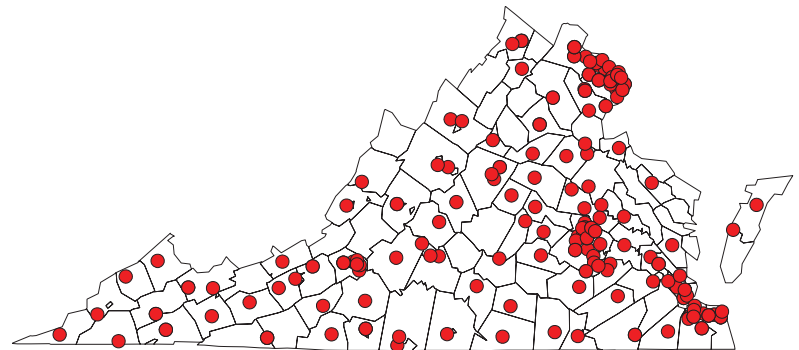
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/