

## 2013 State Profile — Washington

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Washington, 451 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 42,030 clients in substance abuse treatment on March 29, 2013. The survey response rate in Washington was 98.3%.

#### Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	192	42.6	18,040	42.9	2,224	60.0
Private for-profit	177	39.2	14,303	34.0	693	18.7
Local, county, or community government	28	6.2	2,670	6.4	383	10.3
State government	8	1.8	381	0.9	208	5.6
Federal government	8	1.8	3,320	7.9	--	--
Tribal government	38	8.4	3,316	7.9	199	5.4
<b>Total</b>	<b>451</b>	<b>100.0</b>	<b>42,030</b>	<b>100.0</b>	<b>3,707</b>	<b>100.0</b>

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 29, 2013		
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	434	97.3	22,599	54.0	377
Clients with drug abuse only	359	80.5	11,112	26.6	194
Clients with alcohol abuse only	361	80.9	8,140	19.4	142
<b>Total</b>	<b>446</b>		<b>41,851</b>	<b>100.0</b>	<b>713</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 5.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>404</b>	<b>89.6</b>	<b>39,680</b>	<b>94.4</b>	<b>55</b>	<b>3,410</b>	<b>92.0</b>
Regular	396	87.8	19,089	45.4	30		
Intensive	349	77.4	11,033	26.3	18		
Day treatment/partial hospitalization	26	5.8	99	0.2	--		
Detoxification	24	5.3	640	1.5	--		
Methadone/buprenorphine maintenance or Vivitrol®	39	8.6	8,819	21.0	195		
<b>Residential (non-hospital)</b>	<b>61</b>	<b>13.5</b>	<b>2,210</b>	<b>5.3</b>	<b>26</b>	<b>285</b>	<b>7.7</b>
Short term (<30 days)	37	8.2	1,084	2.6	24		
Long term (30+ days)	38	8.4	937	2.2	16		
Detoxification	16	3.5	189	0.4	8		
<b>Hospital Inpatient</b>	<b>8</b>	<b>1.8</b>	<b>140</b>	<b>0.3</b>	<b>18</b>	<b>12</b>	<b>0.3</b>
Treatment	8	1.8	83	0.2	12		
Detoxification	8	1.8	57	0.1	5		
<b>Total</b>	<b>451</b>		<b>42,030</b>	<b>100.0</b>	<b>52</b>	<b>3,707</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>23</b>	<b>1.8</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	7,483	83.7
Buprenorphine	234	2.6
Vivitrol®	5	0.1
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	1,101	12.3
Vivitrol®	115	1.3
<b>Total</b>	<b>8,938</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	411	91.1
Private health insurance	392	86.9
Medicare	88	19.5
Medicaid	263	58.3
State-financed health insurance	246	54.5
Federal military insurance	112	24.8
No payment accepted	3	0.7
Access to Recovery (ATR) vouchers <sup>2</sup>	88	19.5
IHS/638 contract care funds	42	9.3
Other payments	19	4.2
Sliding fee scale	272	60.3
Treatment at no charge for clients who cannot pay	191	42.4

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	446	98.9
State substance abuse agency	431	95.6
State mental health department	125	27.7
State department of health	311	69.0
Hospital licensing authority	7	1.6
The Joint Commission	45	10.0
Commission on Accreditation of Rehabilitation Facilities	69	15.3
National Committee for Quality Assurance	14	3.1
Council on Accreditation	15	3.3
Other state/local agency/organization	9	2.0

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	252	55.9

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>447</b>	<b>99.1</b>
Screening for substance abuse	430	95.3
Screening for mental health disorders	294	65.2
Comprehensive substance abuse assessment or diagnosis	434	96.2
Comprehensive mental health assessment or diagnosis	155	34.4
Screening for tobacco use	328	72.7
Outreach to persons in the community who may need treatment	285	63.2
Interim services for clients when immediate admission is not possible	284	63.0
No services offered	4	0.9
<b>Testing</b>	<b>441</b>	<b>97.8</b>
Breathalyzer or other blood alcohol testing	234	51.9
Drug or alcohol urine screening	437	96.9
Screening for Hepatitis B	82	18.2
Screening for Hepatitis C	84	18.6
HIV testing	49	10.9
STD testing	39	8.6
TB screening	213	47.2
No services offered	9	2.0
<b>Counseling</b>	<b>451</b>	<b>100.0</b>
Individual counseling	448	99.3
Group counseling	438	97.1
Family counseling	330	73.2
Marital/couples counseling	197	43.7
<b>Transitional Services</b>	<b>451</b>	<b>100.0</b>
Discharge planning	444	98.4
Aftercare/continuing care	411	91.1
No services offered	--	--
<b>Pharmacotherapies</b>	<b>157</b>	<b>34.8</b>
Disulfiram (Antabuse®)	50	11.1
Naltrexone (oral)	45	10.0
Vivitrol® (injectable Naltrexone)	32	7.1
Acamprosate (Campral®)	45	10.0
Nicotine replacement	71	15.7
Non-nicotine smoking/tobacco cessation medications	43	9.5
Medications for psychiatric disorders	112	24.8
Methadone	34	7.5
Buprenorphine with naloxone (Suboxone®)	60	13.3
Buprenorphine without naloxone	33	7.3
No services offered	275	61.0
<b>Ancillary Services</b>	<b>450</b>	<b>99.8</b>
Case management services	405	89.8
Social skills development	344	76.3
Mentoring/peer support	229	50.8
Child care for clients' children	36	8.0
Assistance with obtaining social services	245	54.3
Employment counseling or training for clients	143	31.7
Assistance in locating housing for clients	253	56.1

Continued

## Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	150	33.3
Early intervention for HIV	157	34.8
HIV or AIDS education, counseling, or support	268	59.4
Hepatitis education, counseling, or support	233	51.7
Health education other than HIV/AIDS or hepatitis	238	52.8
Substance abuse education	444	98.4
Transportation assistance to treatment	196	43.5
Mental health services	234	51.9
Acupuncture	21	4.7
Residential beds for clients' children	11	2.4
Self-help groups	184	40.8
Smoking cessation counseling	228	50.6
No services offered	1	0.2
<b>Other Services</b>	<b>71</b>	<b>15.7</b>
Treatment for gambling disorder	45	10.0
Treatment for Internet use disorder	15	3.3
Treatment for other addiction disorder	38	8.4
No services offered	350	77.6

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	434	96.2
Relapse prevention	416	92.2
Cognitive-behavioral therapy	393	87.1
Motivational interviewing	398	88.2
Anger management	263	58.3
Brief intervention	351	77.8
12-step facilitation	322	71.4
Trauma-related counseling	248	55.0
Contingency management/motivational incentives	224	49.7
Rational emotive behavioral therapy (REBT)	196	43.5
Matrix Model	183	40.6
Community reinforcement plus vouchers	48	10.6
Computerized substance abuse treatment/telemedicine	23	5.1
Other treatment approaches	84	18.6

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	56	6
Number of clients <sup>2</sup>	2,091	137
Number of designated beds	2,417	189
Utilization rate <sup>3</sup>	86.5	72.5
Average number of designated beds per facility	43	32

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 29, 2013.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	108
Buprenorphine	19
Vivitrol®	2

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	135	29.9
Any language other than English	138	30.6
<b>Non-English Language Provided by:</b>		
Staff counselor only	38	27.5
On-call interpreter only	58	42.0
Both staff counselor and on-call interpreter	42	30.4
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	70	87.5
American Indian/Alaska Native languages	2	2.5
Other	15	18.8

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	383	84.9
Adult women	176	39.0
Clients with co-occurring disorders	151	33.5
Adult men	152	33.7
Criminal justice clients	116	25.7
Adolescents	158	35.0
Persons who have experienced trauma	76	16.9
DUI/DWI clients	161	35.7
Young adults	79	17.5
Persons who have experienced domestic violence	58	12.9
Persons who have experienced sexual abuse	42	9.3
Pregnant or postpartum women	64	14.2
Persons with HIV/AIDS	35	7.8
Veterans	41	9.1
LGBT <sup>1</sup>	36	8.0
Seniors or older adults	34	7.5
Members of military families	27	6.0
Active duty military	25	5.5
Other	43	9.5
No program or group offered	185	41.0

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

**Symbol key:** - - Quantity is zero. \* Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.  
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

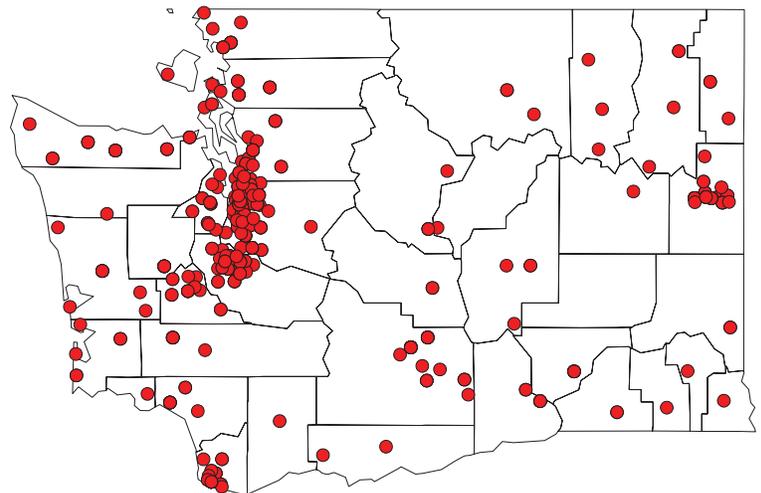
Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual states at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:  
<http://findtreatment.samhsa.gov/>

## Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)