

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



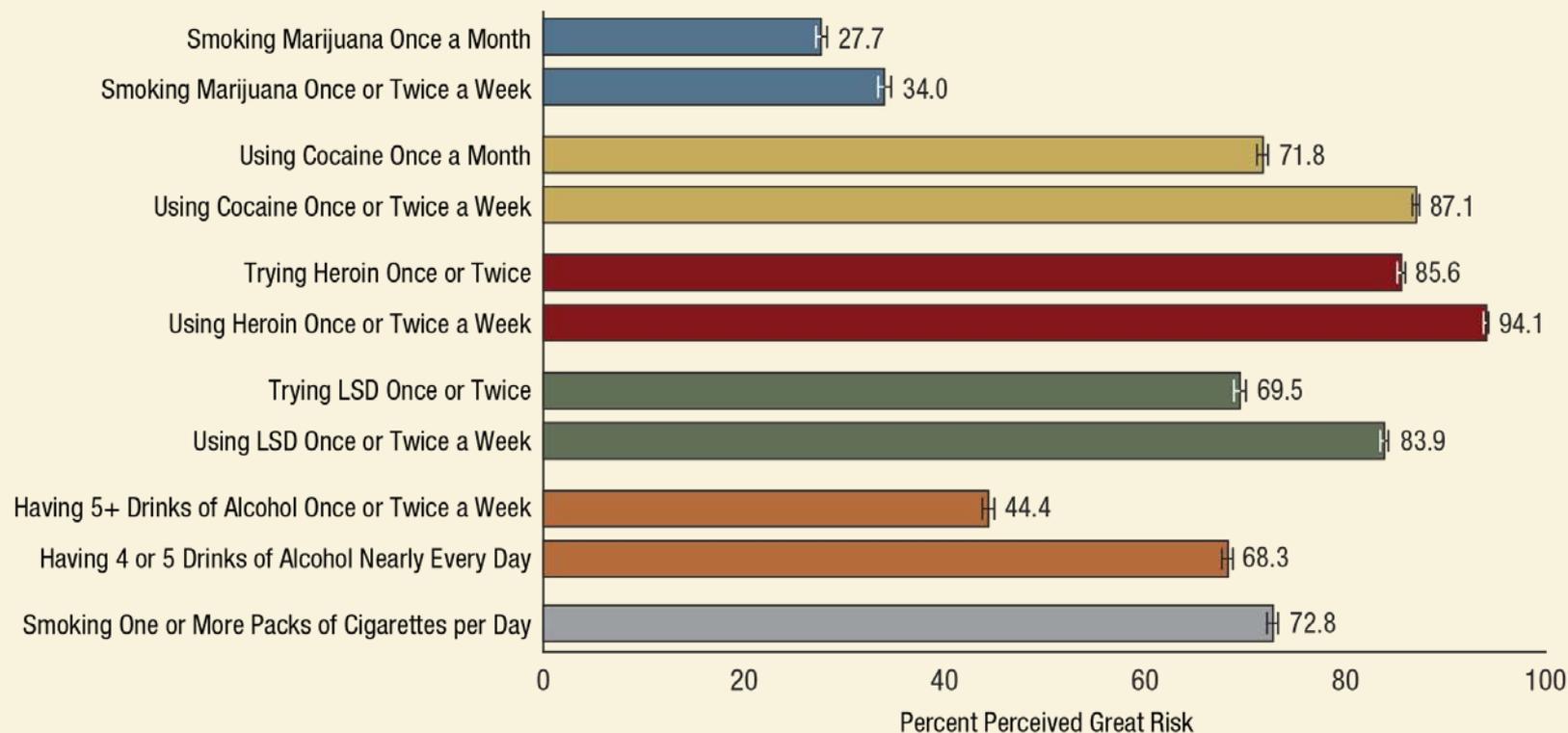
People Recover



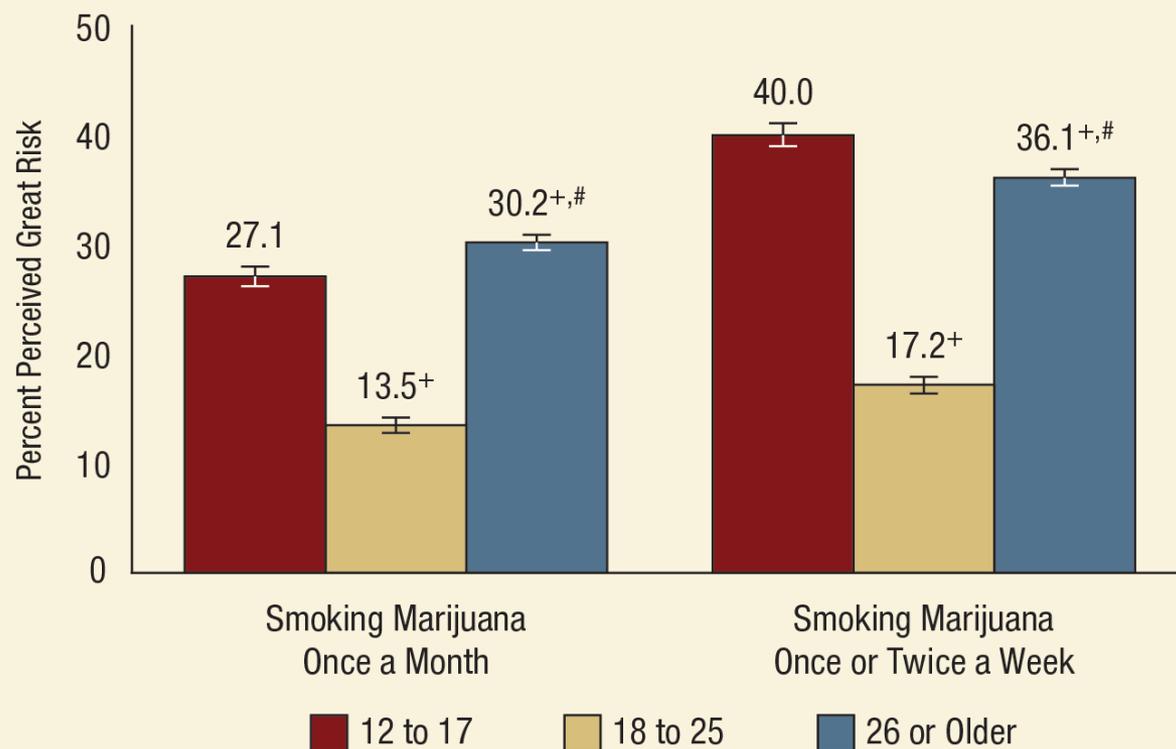
Results from the 2016 National Survey on Drug Use and Health



Perceived Great Risk from Substance Use among People Aged 12 or Older: Percentages, 2016 NSDUH



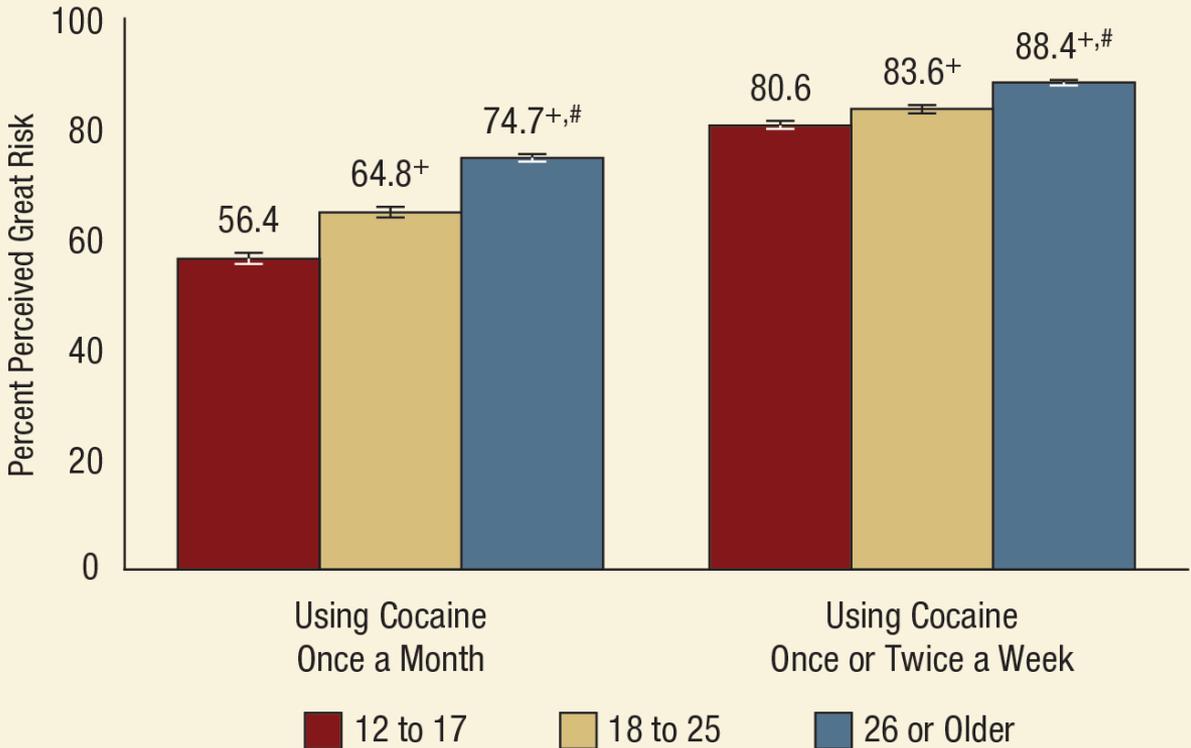
Perceived Great Risk from Smoking Marijuana among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH



+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.

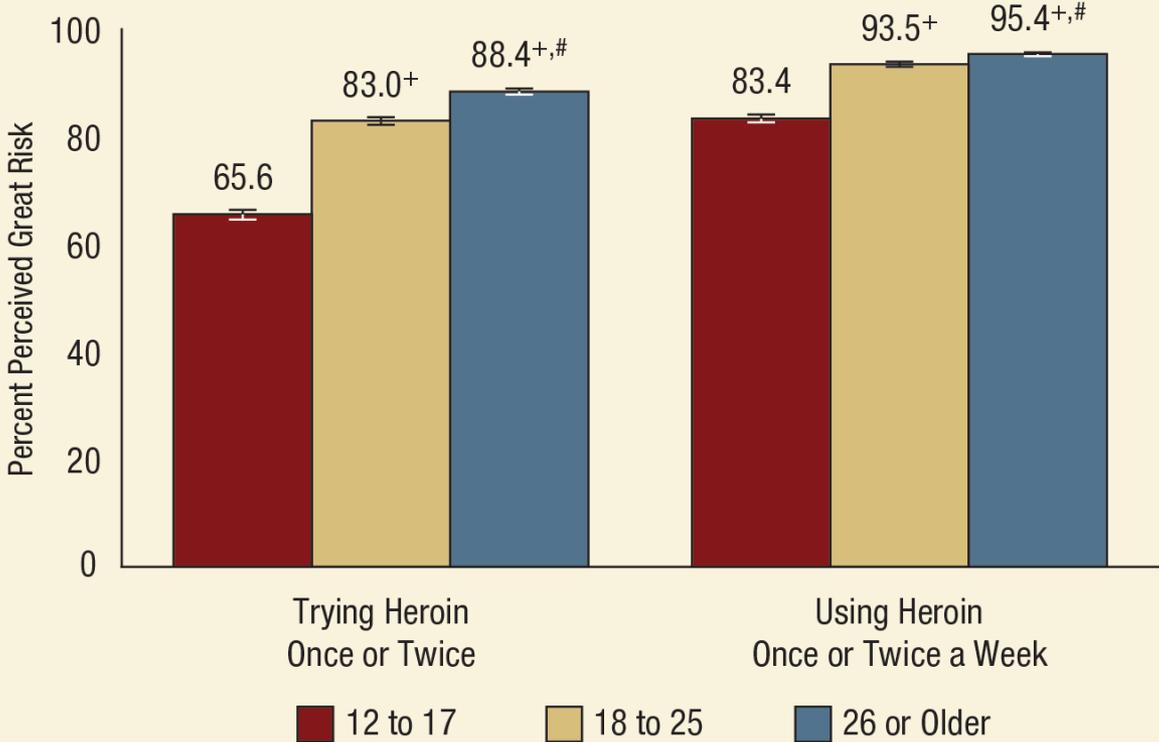
Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.

Perceived Great Risk from Using Cocaine among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH



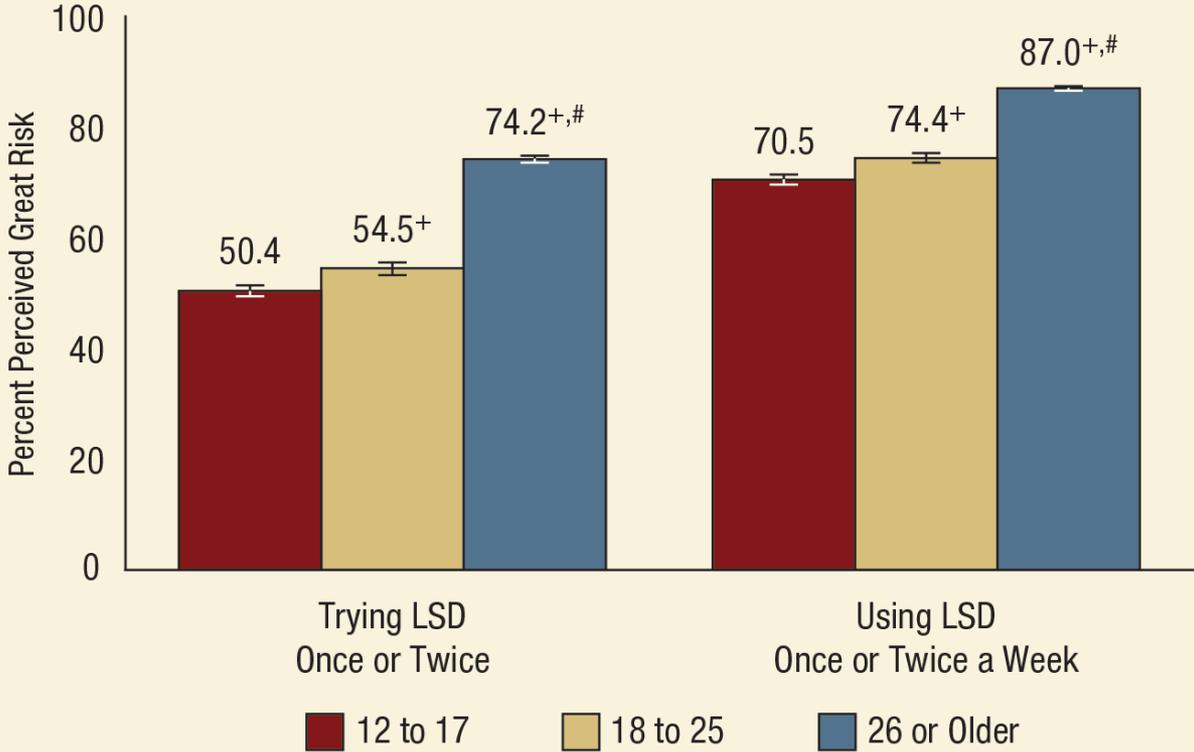
+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.
Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.

Perceived Great Risk from Heroin Use among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH



+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.
Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.

Perceived Great Risk from LSD Use among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH

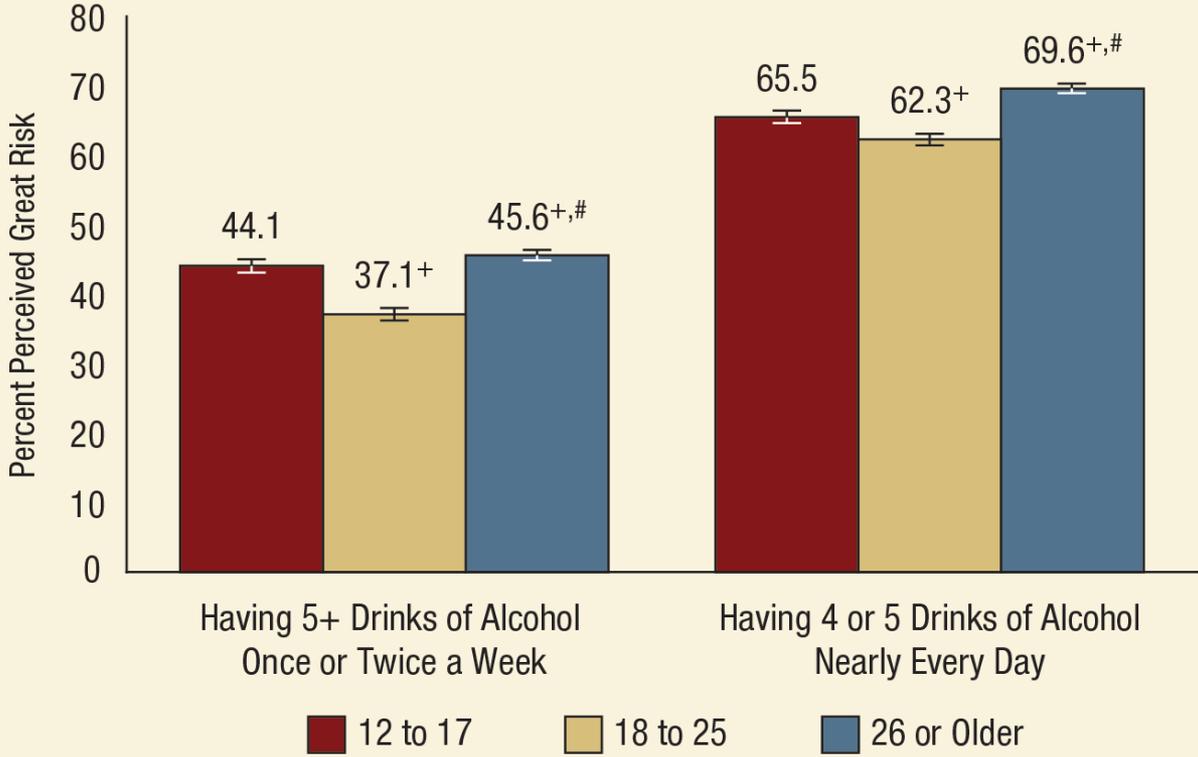


LSD = lysergic acid diethylamide.

⁺ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.

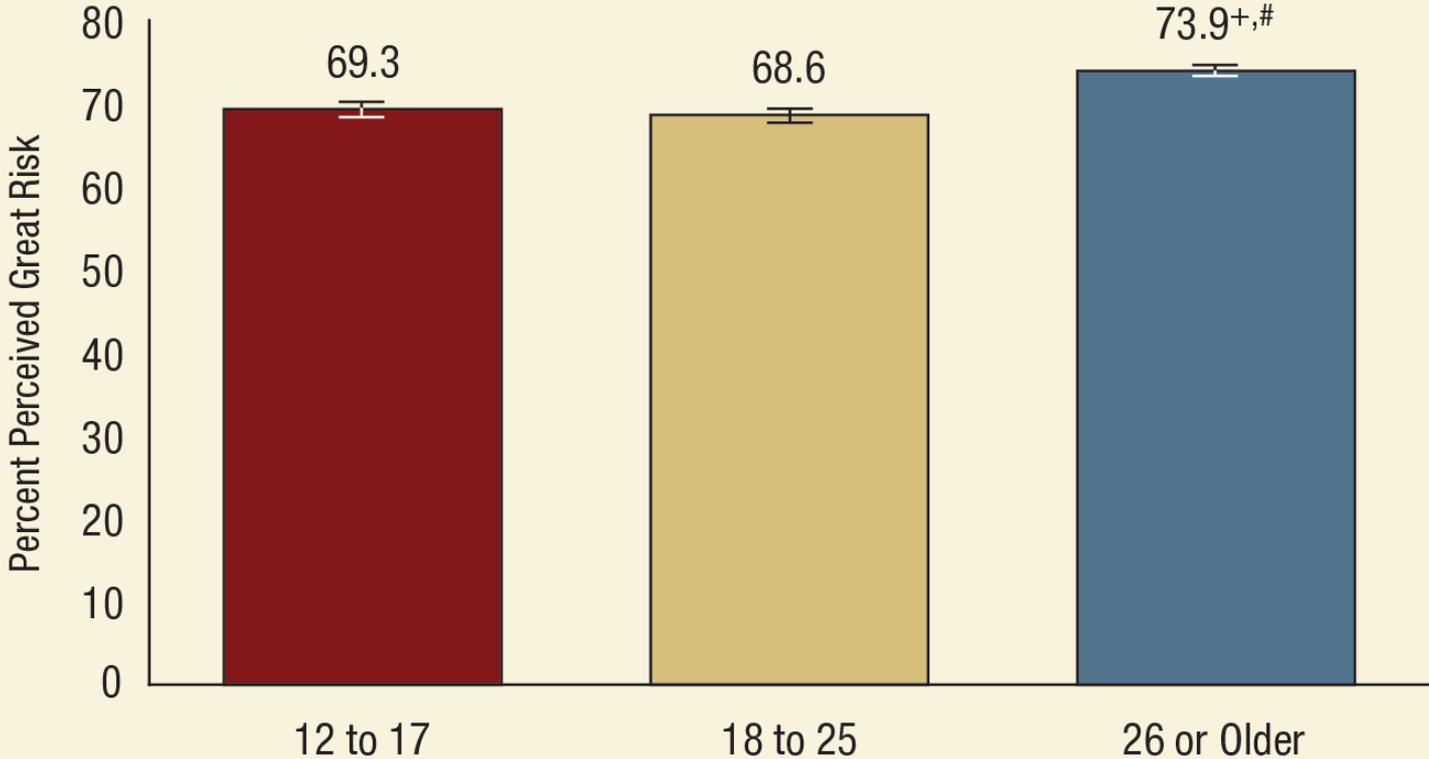
[#] Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.

Perceived Great Risk from Alcohol Use among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH



+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.
Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.

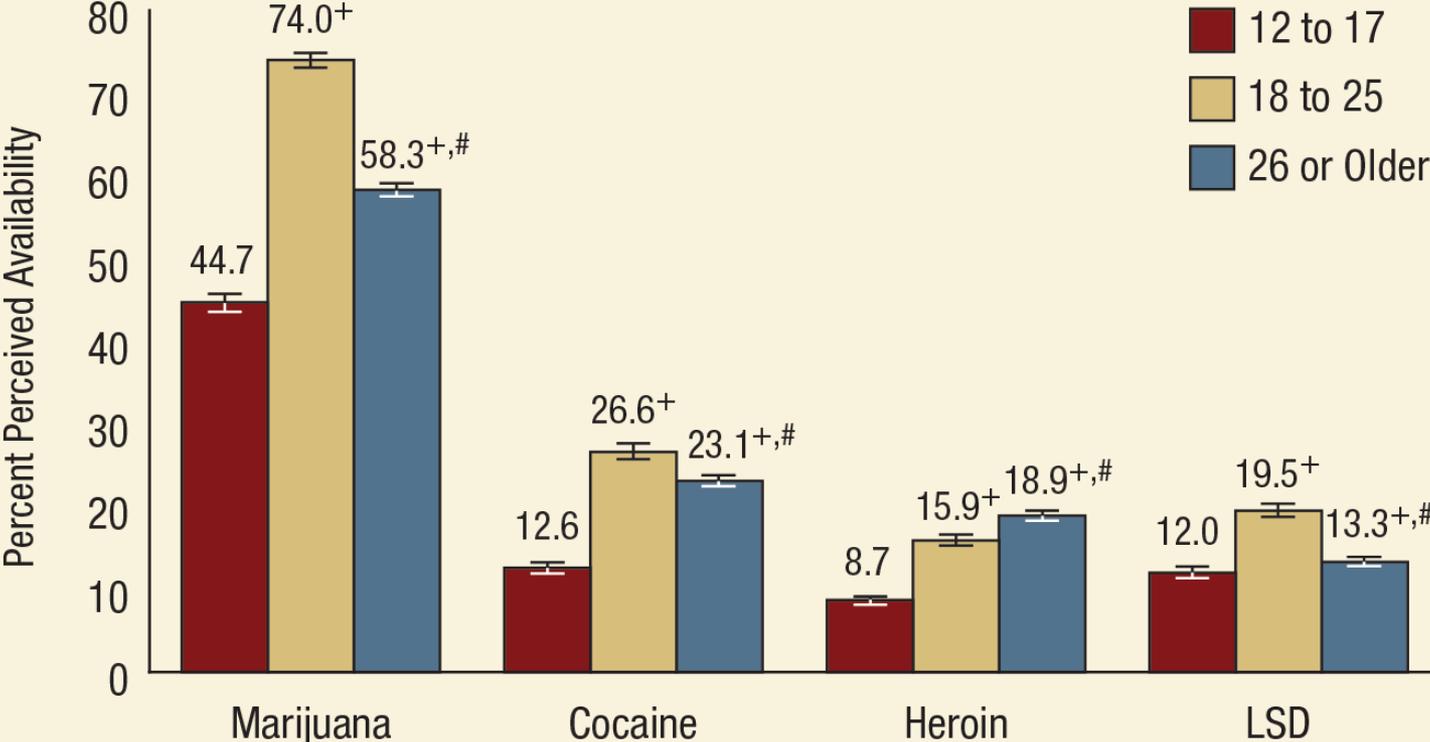
Perceived Great Risk from Smoking One or More Packs of Cigarettes per Day among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH



+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.

Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.

Perceived Availability of Substances among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH



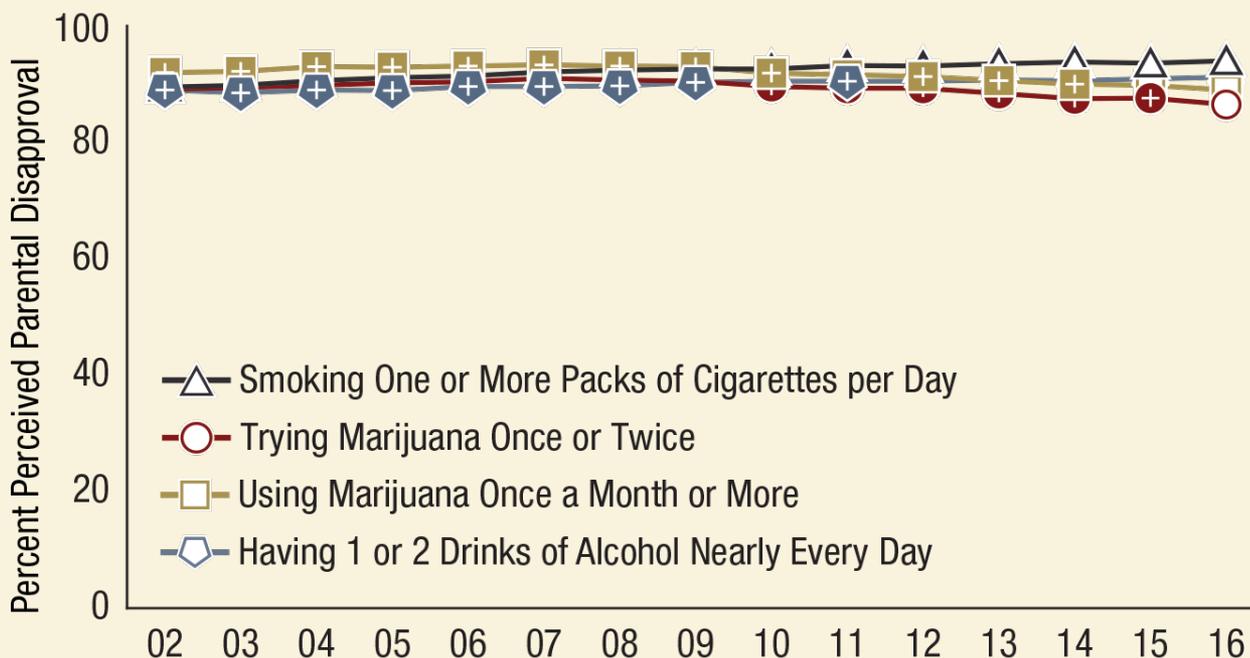
LSD = lysergic acid diethylamide.

+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.

Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.

Note: Percentages refer to reports that it would be fairly easy or very easy to obtain the substance.

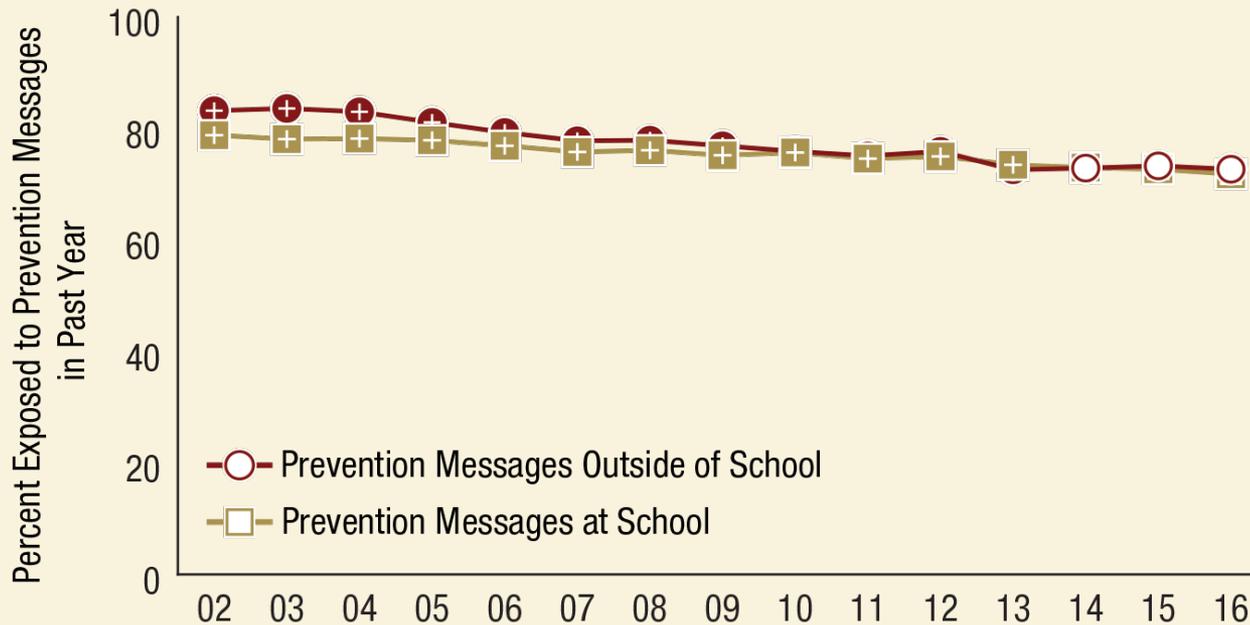
Youths Felt That Parents Would Strongly Disapprove of Substance Use Behaviors among Youths Aged 12 to 17: Percentages, 2002-2016 NSDUHs



Perceived Parental Disapproval	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16
Smoking One or More Packs of Cigarettes per Day	89.5*	89.8*	90.6*	91.1*	91.4*	92.1*	92.4*	92.6*	92.6*	93.2*	93.1*	93.5	93.8	93.6	94.0
Trying Marijuana Once or Twice	89.1*	89.4*	89.8*	90.2*	90.4*	91.0*	90.7*	90.5*	89.6*	89.3*	89.3*	88.4*	87.5*	87.6*	86.5
Using Marijuana Once a Month or More	92.0*	92.2*	93.0*	92.9*	93.1*	93.3*	93.1*	93.0*	91.9*	91.6*	91.3*	90.6*	90.0*	89.8	89.0
Having 1 or 2 Drinks of Alcohol Nearly Every Day	89.0*	88.5*	89.0*	88.9*	89.6*	89.6*	89.7*	90.3*	90.5	90.5*	90.5	90.7	90.6	90.9	91.2

+ Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.

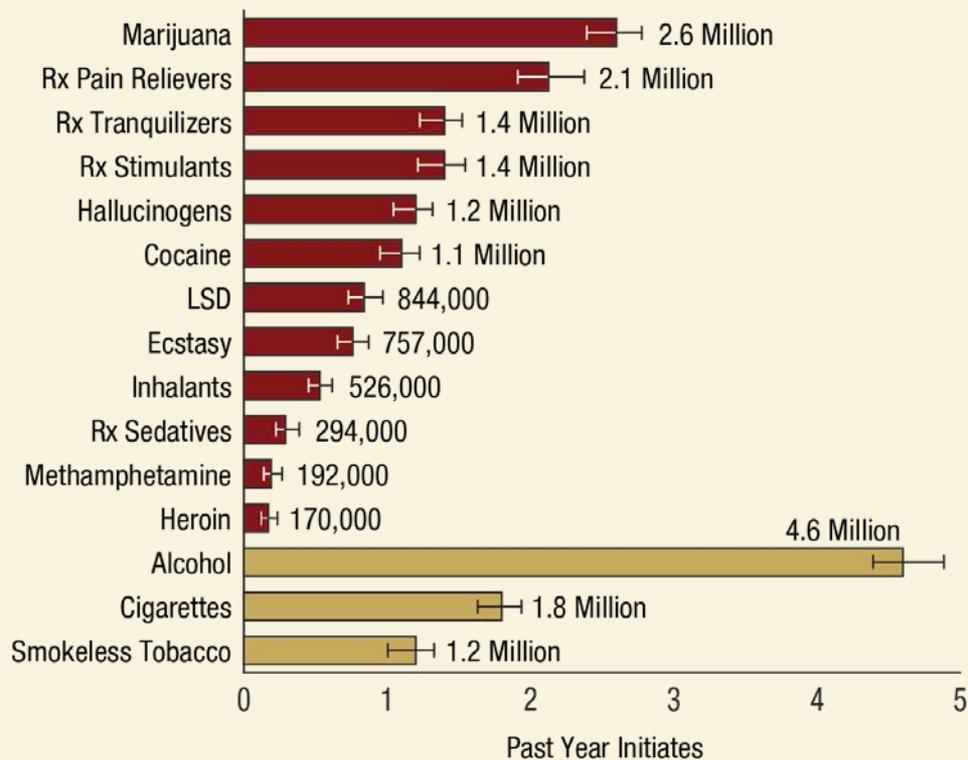
Past Year Exposure to Substance Use Prevention Messages and Programs among Youths Aged 12 to 17: Percentages, 2002-2016 NSDUHs



Exposure	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16
Prevention Messages Outside of School	83.2	83.6	83.0	81.1	79.3	77.8	77.9	76.9	75.9	75.1	75.9	72.6	72.9	73.3	72.7
Prevention Messages at School	78.8	78.1	78.2	77.9	76.9	75.8	76.1	75.2	75.7	74.6	75.0	73.5	73.0	72.7	71.8

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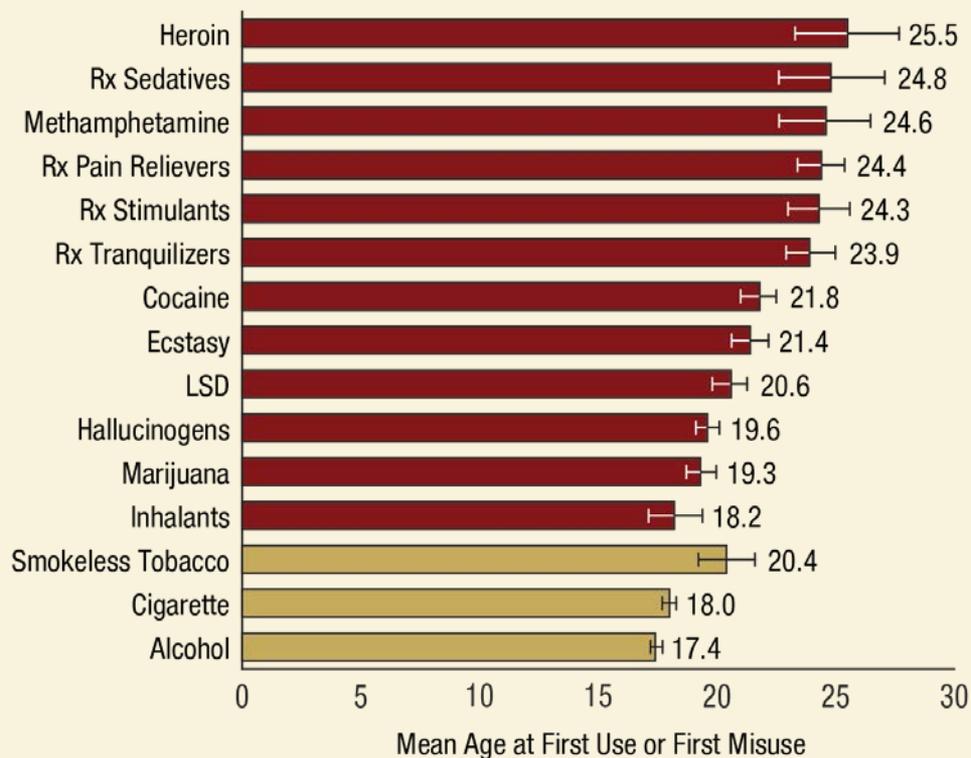
Numbers of Past Year Initiates of Substances among People Aged 12 or Older: 2016 NSDUH



LSD = lysergic acid diethylamide; Rx = prescription.

Note: Estimates for prescription pain relievers, prescription tranquilizers, prescription stimulants, and prescription sedatives are for the initiation of misuse. Misuse is defined as use in any way not directed by a doctor, including use without a prescription of one's own; use in greater amounts, more often, or longer than told to take a drug; or use in any other way not directed by a doctor.

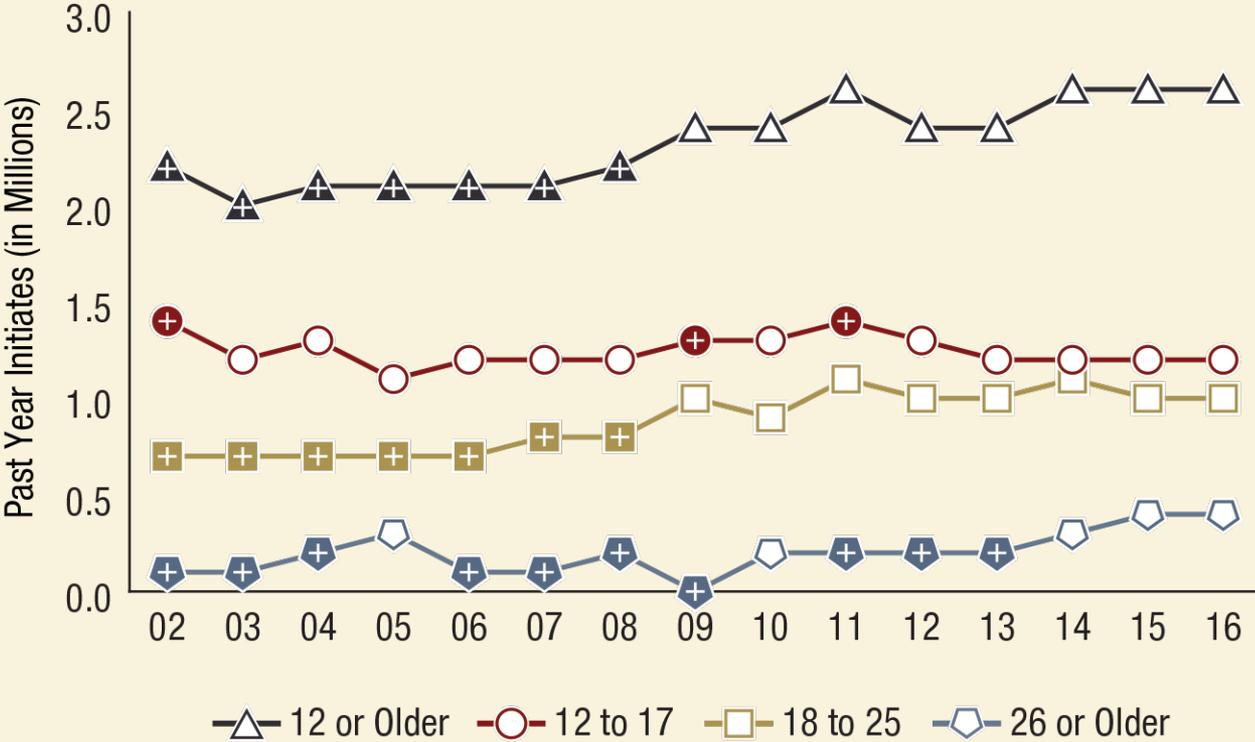
Mean Age at First Use or First Misuse of Substances among Past Year Initiates Aged 12 to 49: 2016 NSDUH



LSD = lysergic acid diethylamide; Rx = prescription.

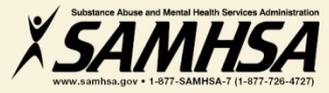
Note: The term "first misuse" applies to the misuse of prescription pain relievers, prescription tranquilizers, prescription stimulants, and prescription sedatives. Misuse is defined as use in any way not directed by a doctor, including use without a prescription of one's own; use in greater amounts, more often, or longer than told to take a drug; or use in any other way not directed by a doctor.

Past Year Marijuana Initiates among People Aged 12 or Older, by Age Group (in Millions): 2002-2016 NSDUHs



Age	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16
≥12	2.2*	2.0*	2.1*	2.1*	2.1*	2.1*	2.2*	2.4	2.4	2.6	2.4	2.4	2.6	2.6	2.6
12-17	1.4*	1.2	1.3	1.1	1.2	1.2	1.2	1.3*	1.3	1.4*	1.3	1.2	1.2	1.2	1.2
18-25	0.7*	0.7*	0.7*	0.7*	0.7*	0.8*	0.8*	1.0	0.9	1.1	1.0	1.0	1.1	1.0	1.0
≥26	0.1*	0.1*	0.2*	0.3	0.1*	0.1*	0.2*	0.0*	0.2	0.2*	0.2*	0.2*	0.3	0.4	0.4
Mean Age at First Use	17.0*	16.8*	17.1*	17.4*	17.4*	17.6*	17.8*	17.0*	18.4	17.5*	17.9*	18.0*	18.5	19.0	19.3

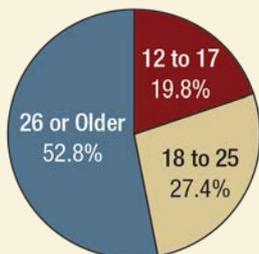
Note: Estimates of less than 0.1 million round to 0.0 million when shown to the nearest tenth of a million.



* Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.

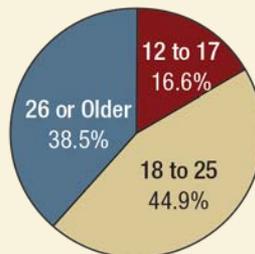
People Aged 12 or Older Who Initiated Prescription Drug Misuse in the Past Year, by Age Group: Numbers and Percentages, 2016 NSDUH

14a. Pain Relievers



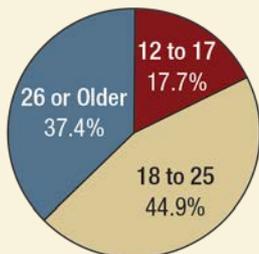
2.1 Million People Initiated Prescription Pain Reliever Misuse

14b. Tranquilizers



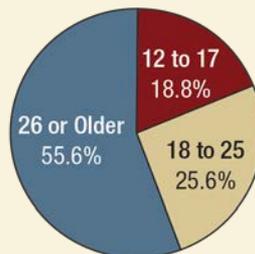
1.4 Million People Initiated Prescription Tranquilizer Misuse

14c. Stimulants



1.4 Million People Initiated Prescription Stimulant Misuse

14d. Sedatives

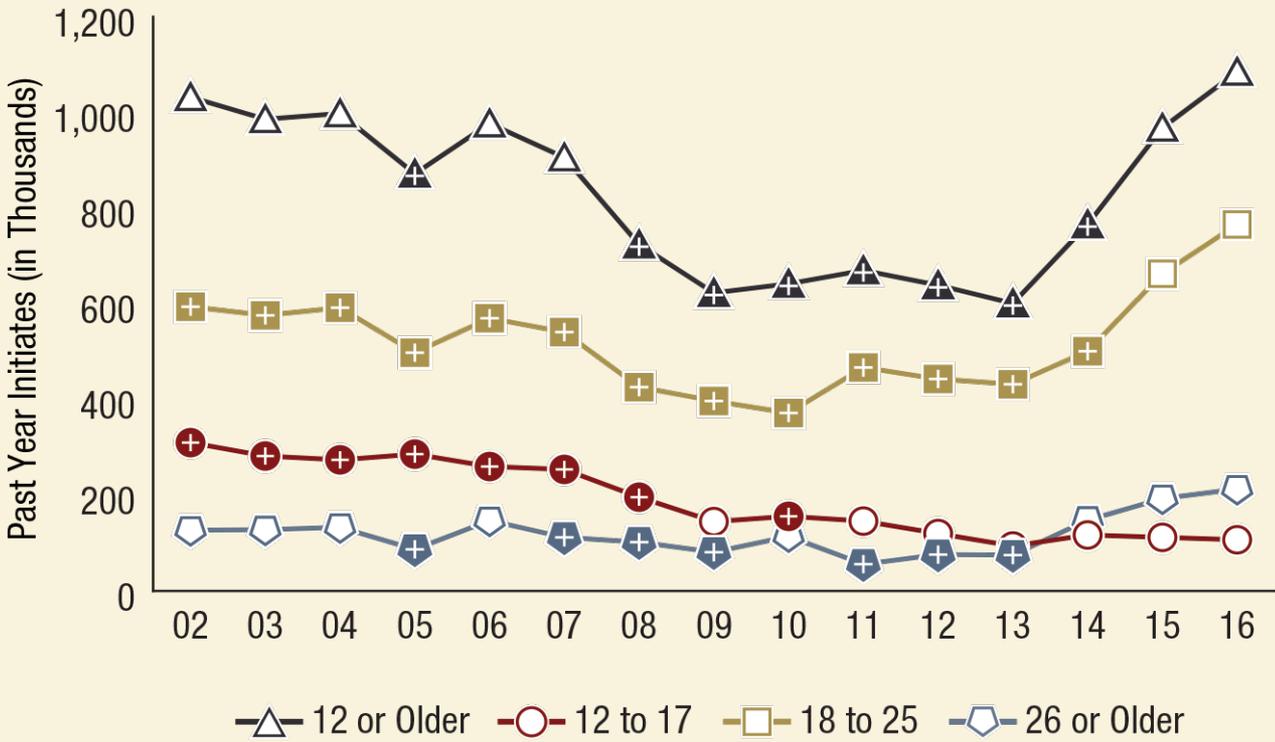


294,000 People Initiated Prescription Sedative Misuse

Note: Misuse is defined as use in any way not directed by a doctor, including use without a prescription of one's own; use in greater amounts, more often, or longer than told to take a drug; or use in any other way not directed by a doctor.

Age Group	Pain Relievers	Tranquilizers	Stimulants	Sedatives
12 or Older	2,139	1,374	1,374	294
12 to 17	423	228	244	55
18 to 25	585	617	617	75
26 or Older	1,130	530	513	164

Past Year Cocaine Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2002-2016 NSDUHs

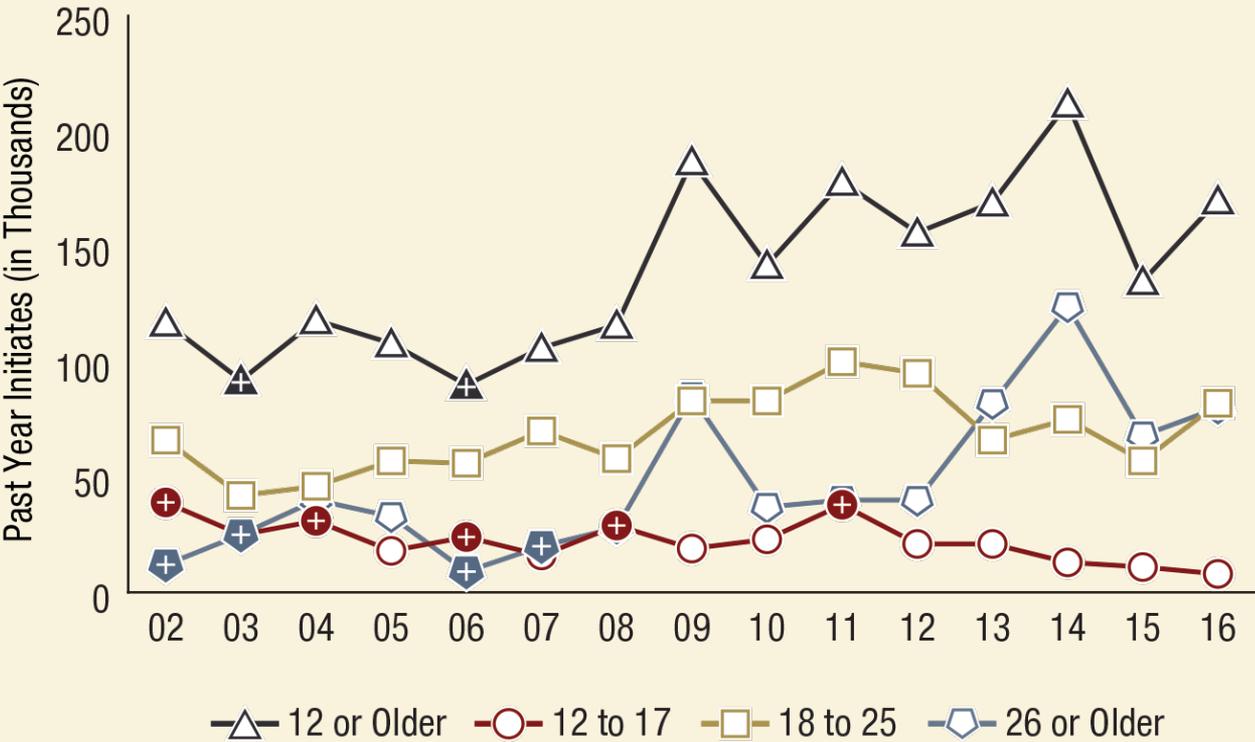


Age	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16
≥12	1,032	986	998	872*	977	906	724*	623*	642*	670*	639*	601*	766*	968	1,085
12-17	310*	282*	274*	286*	260*	254*	196*	145	156*	146	120	94	117	112	107
18-25	594*	576*	592*	498*	570*	541*	426*	397*	372*	467*	443*	432*	501*	663	766
≥26	127	128	133	87*	147	112*	102*	81*	114	56*	76*	75*	148	193	213
Mean Age at First Use	19.8*	19.8*	20.0*	19.7*	20.3*	20.2*	19.8*	19.9*	21.2	20.1*	20.0*	20.4*	21.8	21.5	21.8

+ Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.

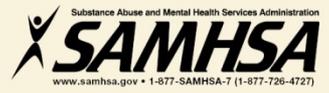


Past Year Heroin Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2002-2016 NSDUHs

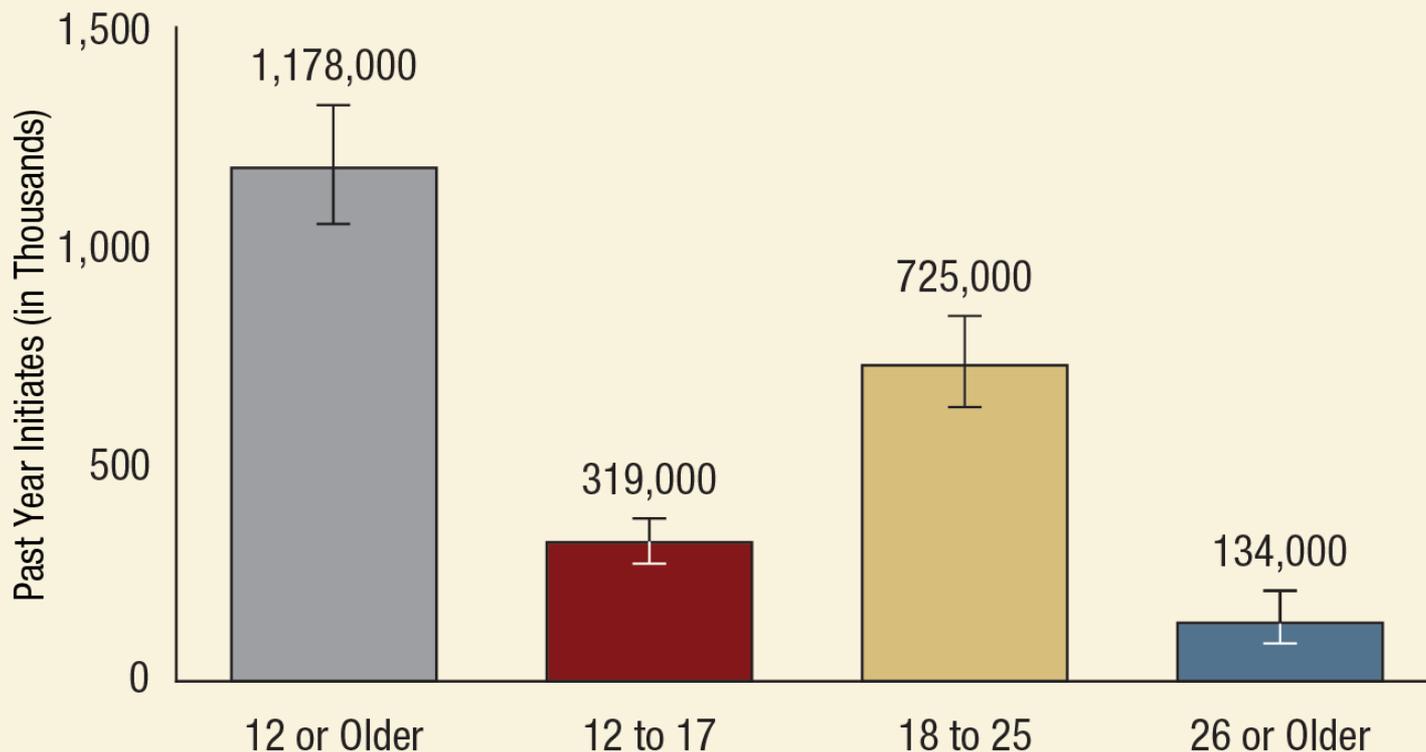


Age	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16
≥12	117	92*	118	108	90*	106	116	187	142	178	156	169	212	135	170
12-17	39*	25*	31*	18	24*	16	29*	19	23	38*	21	21	13	11	8
18-25	66	42	46	57	56	70	58	83	83	100	95	66	75	57	82
≥26	12*	25*	40	33	9*	20*	28	85	37	40	40	82	124	68	80
Mean Age at First Use	21.0	20.9*	24.4	22.2	20.7*	21.8*	23.5	25.3	21.4*	22.1*	23.0	24.5	28.0	25.4	25.5

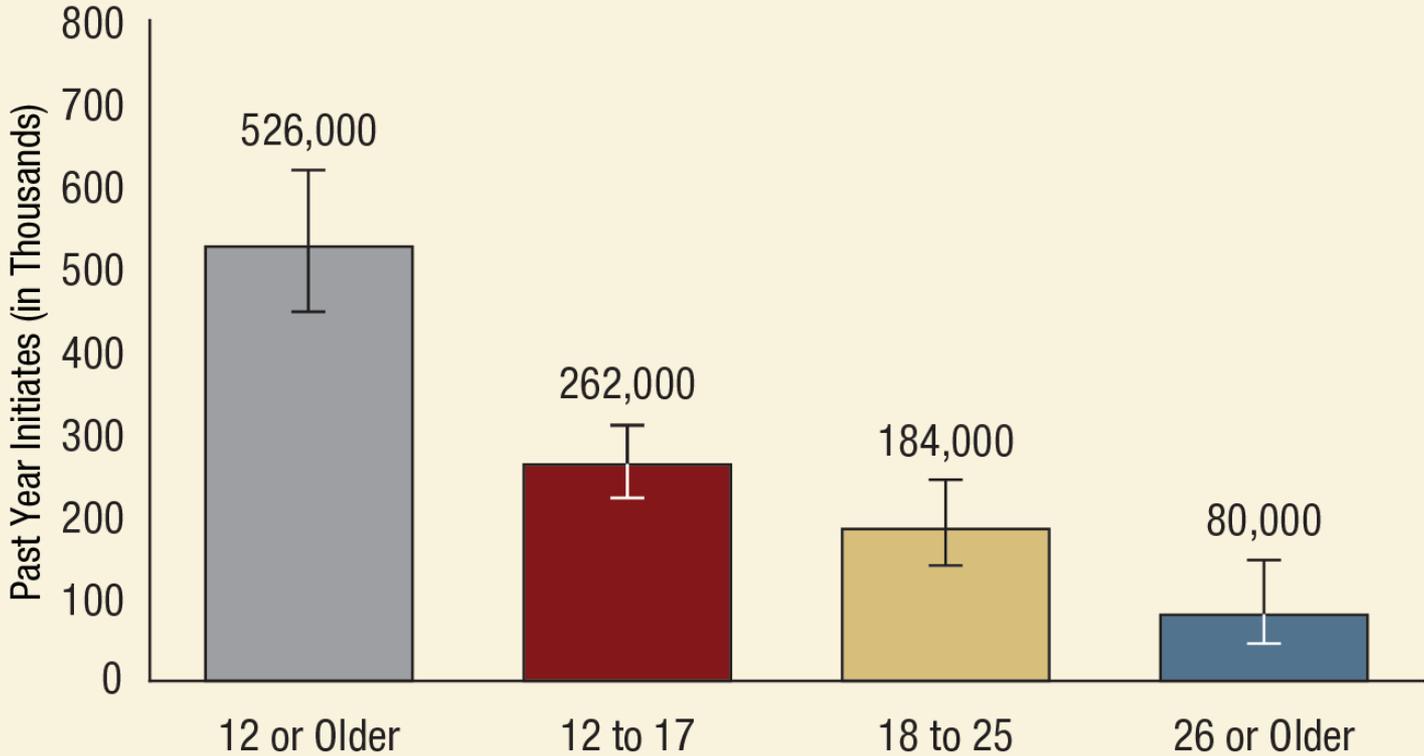
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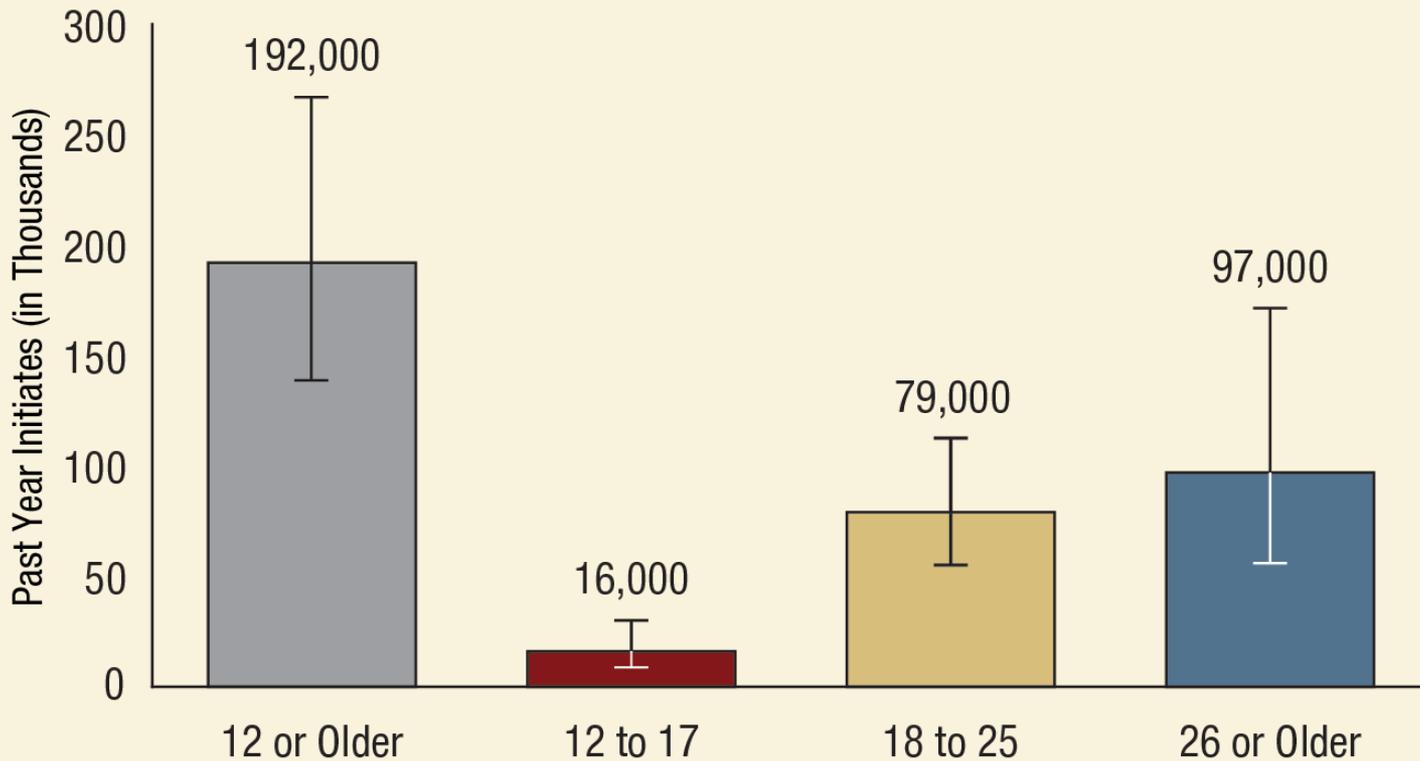
Past Year Hallucinogen Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2016 NSDUH



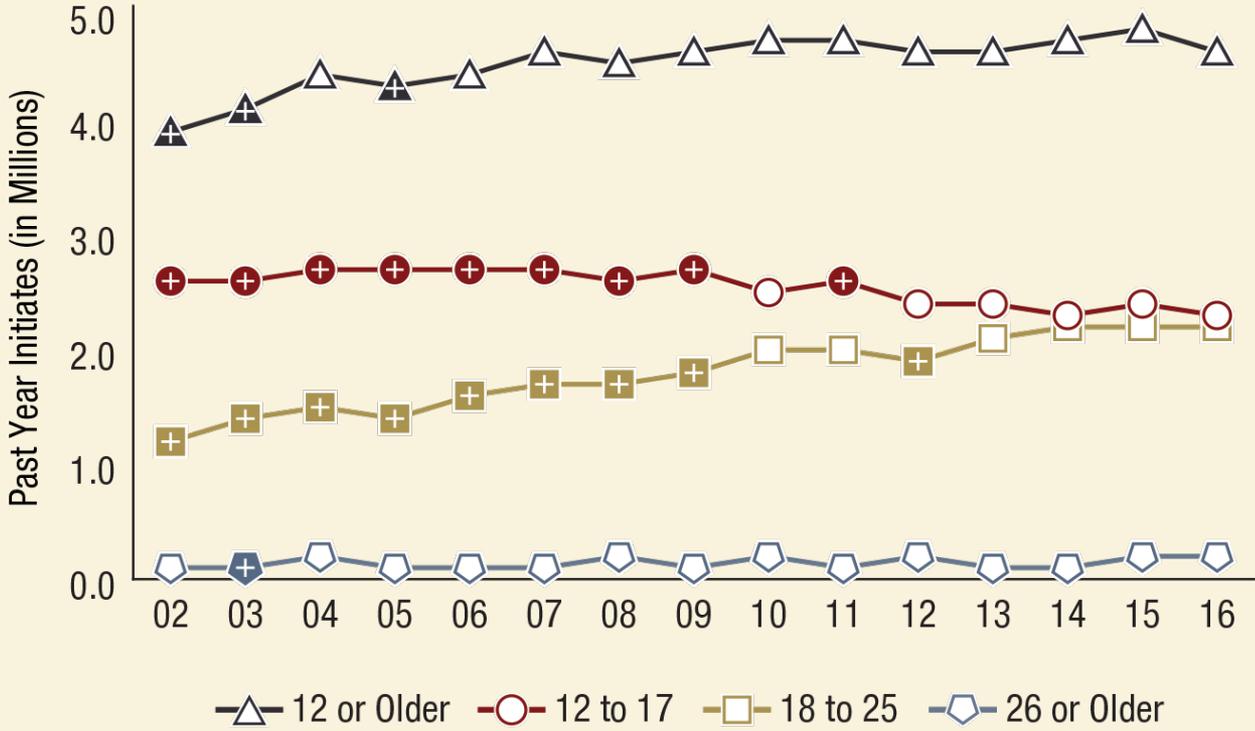
Past Year Inhalant Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2016 NSDUH



Past Year Methamphetamine Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2016 NSDUH



Past Year Alcohol Initiates among People Aged 12 or Older, by Age Group (in Millions): 2002-2016 NSDUHs

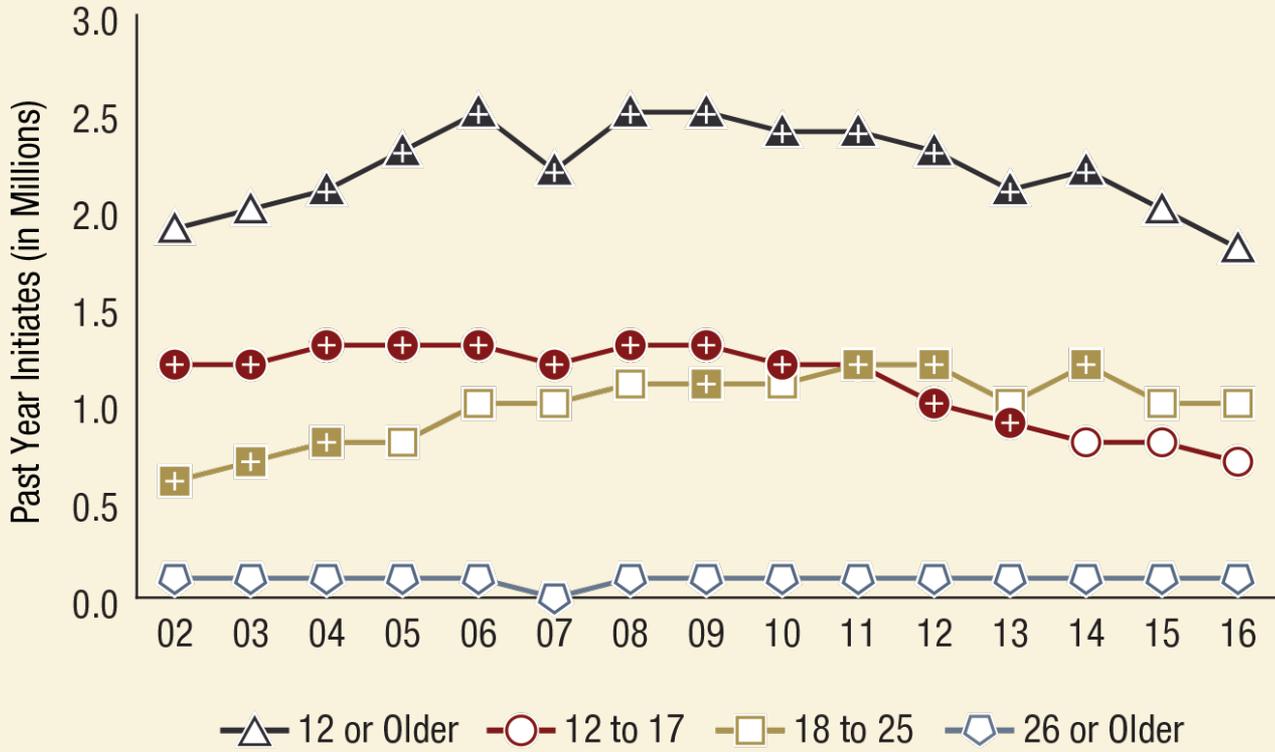


Age	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16
≥12	3.9*	4.1*	4.4	4.3*	4.4	4.6	4.5	4.6	4.7	4.7	4.6	4.6	4.7	4.8	4.6
12-17	2.6*	2.6*	2.7*	2.7*	2.7*	2.7*	2.6*	2.7*	2.5	2.6*	2.4	2.4	2.3	2.4	2.3
18-25	1.2*	1.4*	1.5*	1.4*	1.6*	1.7*	1.7*	1.8*	2.0	2.0	1.9*	2.1	2.2	2.2	2.2
≥26	0.1	0.1*	0.2	0.1	0.1	0.1	0.2	0.1	0.2	0.1	0.2	0.1	0.1	0.2	0.2
Mean Age at First Use	16.6*	16.4*	16.4*	16.4*	16.6*	16.8*	17.0*	16.9*	17.1	17.1*	17.4	17.3	17.3	17.6	17.4



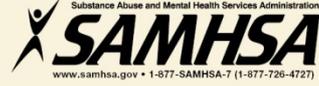
+ Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.

Past Year Cigarette Initiates among People Aged 12 or Older, by Age Group (in Millions): 2002-2016 NSDUHs



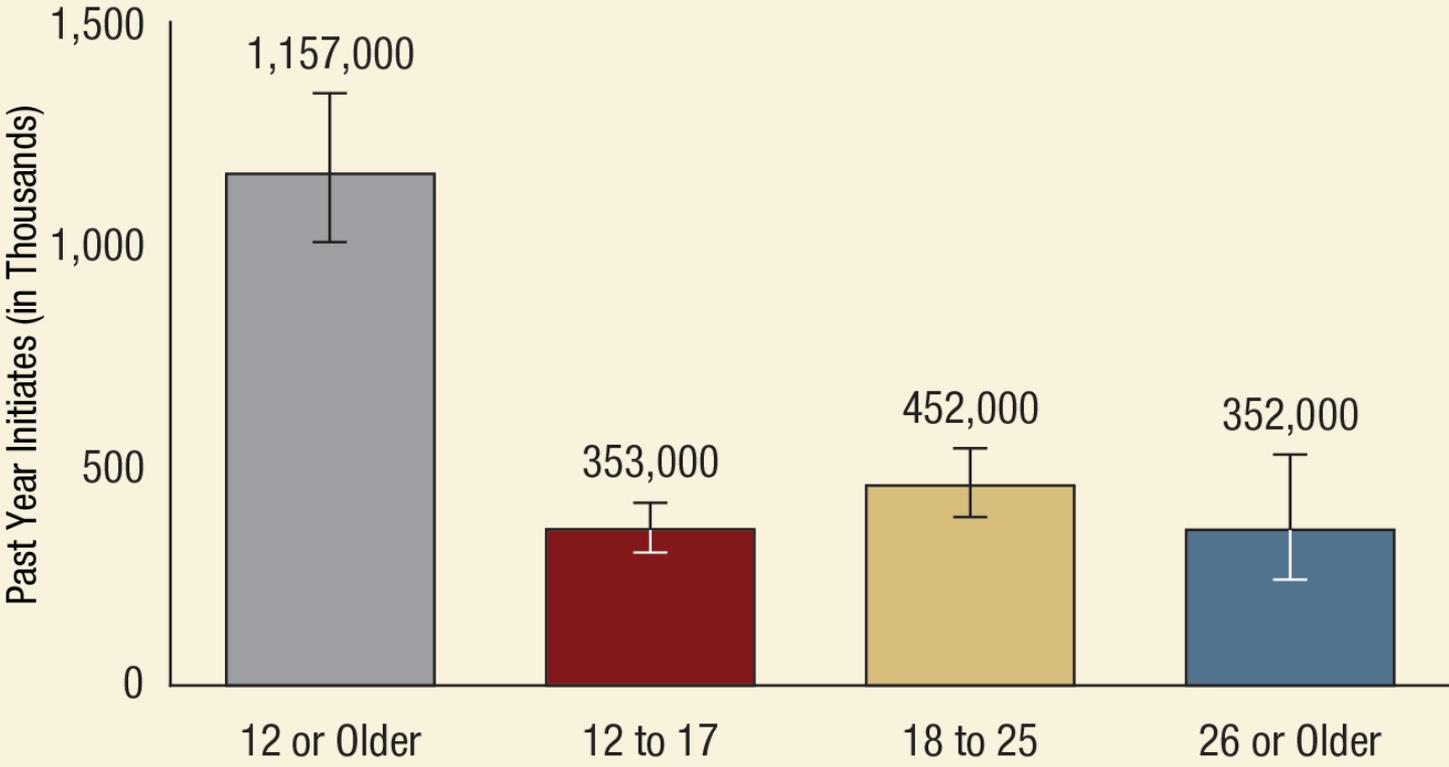
Age	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16
≥12	1.9	2.0	2.1*	2.3*	2.5*	2.2*	2.5*	2.5*	2.4*	2.4*	2.3*	2.1*	2.2*	2.0	1.8
12-17	1.2*	1.2*	1.3*	1.3*	1.3*	1.2*	1.3*	1.3*	1.2*	1.2*	1.0*	0.9*	0.8	0.8	0.7
18-25	0.6*	0.7*	0.8*	0.8	1.0	1.0	1.1	1.1*	1.1	1.2*	1.2*	1.0	1.2*	1.0	1.0
≥26	0.1	0.1	0.1	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1
Mean Age at First Use	16.9*	16.9*	16.7*	17.3	17.1*	16.9*	17.4*	17.5	17.3*	17.2*	17.8	17.8	18.6*	17.9	18.0

Note: Estimates of less than 0.1 million round to 0.0 million when shown to the nearest tenth of a million.

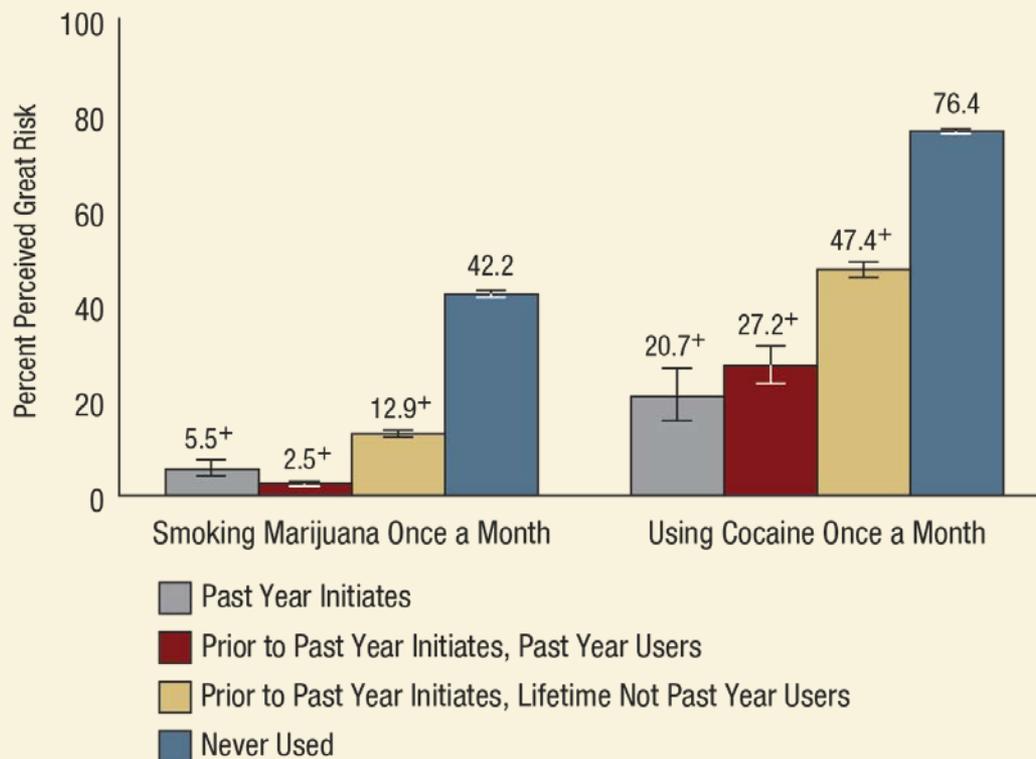


+ Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.

Past Year Smokeless Tobacco Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2016 NSDUH



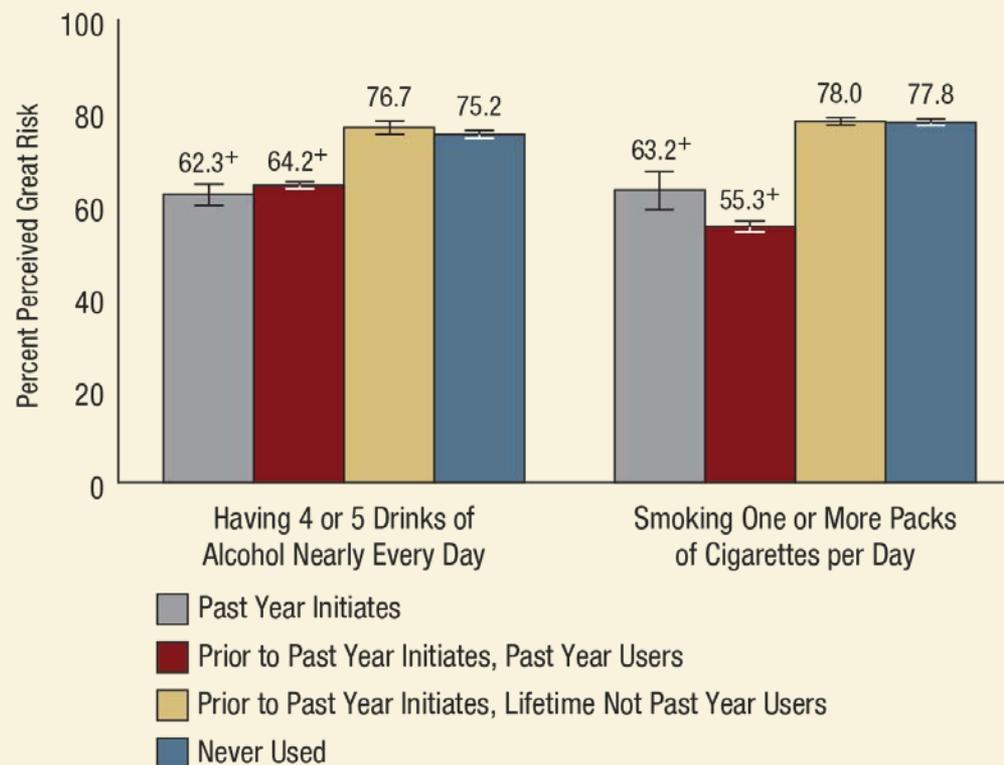
Perceived Great Risk from Smoking Marijuana or Using Cocaine among People Aged 12 or Older, by Initiation Status: Percentages, 2016 NSDUH



+ Difference between this estimate and the estimate for never used is statistically significant at the .05 level.

Note: Past Year Initiates are defined as individuals who used the specific substance for the first time in the 12 months before the date of the interview. Prior to Past Year Initiates include two groups of individuals who used the specific substance for the first time more than 12 months before the date of the interview: (a) those who also used that substance in the past 12 months and (b) those who last used the substance more than 12 months prior to the interview.

Perceived Great Risk from Drinking Alcohol or Smoking Cigarettes among People Aged 12 or Older, by Initiation Status: Percentages, 2016 NSDUH



+ Difference between this estimate and the estimate for never used is statistically significant at the .05 level.

Note: Past Year Initiates are defined as individuals who used the specific substance for the first time in the 12 months before the date of the interview. Prior to Past Year Initiates include two groups of individuals who used the specific substance for the first time more than 12 months before the date of the interview: (a) those who also used that substance in the past 12 months and (b) those who last used the substance more than 12 months prior to the interview.

QUESTIONS?