

Table 1.29A (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Numbers in Thousands, 2009 and 2010

Type of Mental Health Treatment/Counseling ¹	Total (2009)	Total (2010)	Any Mental Illness (2009)	Any Mental Illness (2010)	Serious Mental Illness (2009)	Serious Mental Illness (2010)	Moderate Mental Illness (2009)	Moderate Mental Illness (2010)	Mild Mental Illness (2009)	Mild Mental Illness (2010)	No Mental Illness (2009)	No Mental Illness (2010)
DID NOT RECEIVE TREATMENT	196,256	197,171	24,558	23,823	2,803	3,031	5,574	5,188	16,181	15,604	171,698	173,347
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	598	504	273	138	40	37	38	34	196	68	325	366
Outpatient	3,873	4,132	1,853	1,955	387	536	525	505	941	913	2,021	2,177
Prescription Medication	14,965	15,445	6,781	7,455	1,716 ^a	2,164	2,065	1,827	3,000	3,464	8,184	7,989
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	111	130	51	98	26	23	7	11	18	64	61	32
Inpatient and Prescription Medication	254	265	148	155	79	116	18	23	51	15	106	110
Outpatient and Prescription Medication	9,512	10,065	6,510	6,918	2,744	2,958	1,729	2,052	2,037	1,909	3,002	3,147
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	888	806	826	682	569	443	163	131	94	107	62	124

*Low precision; no estimate reported.

NOTE: Some 2009 and 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.29B (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Percentages, 2009 and 2010

Type of Mental Health Treatment/Counseling ¹	Total (2009)	Total (2010)	Any Mental Illness (2009)	Any Mental Illness (2010)	Serious Mental Illness (2009)	Serious Mental Illness (2010)	Moderate Mental Illness (2009)	Moderate Mental Illness (2010)	Mild Mental Illness (2009)	Mild Mental Illness (2010)	No Mental Illness (2009)	No Mental Illness (2010)
DID NOT RECEIVE TREATMENT	86.6	86.2	59.8	57.6	33.5	32.5	55.0	52.8	71.8	70.3	92.5	92.5
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	0.3	0.2	0.7	0.3	0.5	0.4	0.4	0.3	0.9	0.3	0.2	0.2
Outpatient	1.7	1.8	4.5	4.7	4.6	5.8	5.2	5.2	4.2	4.1	1.1	1.2
Prescription Medication	6.6	6.8	16.5	18.1	20.5	23.3	20.4	18.7	13.3	15.6	4.4	4.3
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.0	0.1	0.1	0.2	0.3	0.3	0.1	0.1	0.1	0.3	0.0	0.0
Inpatient and Prescription Medication	0.1	0.1	0.4	0.4	0.9	1.2	0.2	0.2	0.2	0.1	0.1	0.1
Outpatient and Prescription Medication	4.2	4.4	15.9	16.8	32.8	31.8	17.1 ^a	21.0	9.0	8.6	1.6	1.7
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	0.4	0.4	2.0	1.7	6.8	4.8	1.6	1.3	0.4	0.5	0.0	0.1

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NOTE: Some 2009 and 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

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Table 1.30A (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Numbers in Thousands, 2009 and 2010

Type of Mental Health Treatment/Counseling ¹	Total (2009)	Total (2010)	Any Mental Illness (2009)	Any Mental Illness (2010)	Serious Mental Illness (2009)	Serious Mental Illness (2010)	Moderate Mental Illness (2009)	Moderate Mental Illness (2010)	Mild Mental Illness (2009)	Mild Mental Illness (2010)	No Mental Illness (2009)	No Mental Illness (2010)
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RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	2.0	1.6	1.7	0.8	0.7	0.6	0.8	0.7	3.1	1.0	2.4	2.6
Outpatient	12.8	13.2	11.3	11.2	7.0	8.5	11.5	11.0	14.8	14.0	14.7	15.6
Prescription Medication	49.6	49.3	41.2	42.8	30.9	34.5	45.4	39.9	47.4	53.0	59.5	57.3
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.4	0.4	0.3	0.6	0.5	0.4	0.2	0.2	0.3	1.0	0.4	0.2
Inpatient and Prescription Medication	0.8	0.8	0.9	0.9	1.4	1.8	0.4	0.5	0.8	0.2	0.8	0.8
Outpatient and Prescription Medication	31.5	32.1	39.6	39.8	49.4	47.1	38.0	44.8	32.1	29.2	21.8	22.6
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	2.9	2.6	5.0	3.9	10.2	7.1	3.6	2.9	1.5	1.6	0.5	0.9

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