

Table 1.31A (REVISED) Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Outpatient Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Numbers in Thousands, 2009 and 2010

Location of Treatment/Counseling ¹	Total (2009)	Total (2010)	Any Mental Illness (2009)	Any Mental Illness (2010)	Serious Mental Illness (2009)	Serious Mental Illness (2010)	Moderate Mental Illness (2009)	Moderate Mental Illness (2010)	Mild Mental Illness (2009)	Mild Mental Illness (2010)	No Mental Illness (2009)	No Mental Illness (2010)
Outpatient Mental Health Clinic or Center	3,079	3,320	2,360	2,470	1,120	1,160	566	695	674	615	719	849
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	7,678	8,482	4,893	5,312	1,869	2,319	1,325	1,312	1,699	1,681	2,784	3,170
Doctor's Office - Not Part of a Clinic	3,336	3,157	2,240	2,042	961	799	572	703	707	539	1,096	1,115
Outpatient Medical Clinic	1,233	1,007	870	657	472	321	186	151	212	185	363	350
Partial Day Hospital or Day Treatment Program	358	283	285	228	157	151	56	41	72	35	73	56
School or University Setting/Clinic/Center ²	83	81	63	44	26	15	10	17	28	12	20	37
Some Other Place ³	272	325	182	234	50	49	54	101	78	85	90	91

*Low precision; no estimate reported.

NOTE: Some 2009 and 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.31B (REVISED) Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Outpatient Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Percentages, 2009 and 2010

Location of Treatment/Counseling ¹	Total (2009)	Total (2010)	Any Mental Illness (2009)	Any Mental Illness (2010)	Serious Mental Illness (2009)	Serious Mental Illness (2010)	Moderate Mental Illness (2009)	Moderate Mental Illness (2010)	Mild Mental Illness (2009)	Mild Mental Illness (2010)	No Mental Illness (2009)	No Mental Illness (2010)
Outpatient Mental Health Clinic or Center	21.6	22.0	25.6	25.7	30.1	29.5	23.4	25.9	21.9	20.6	14.3	15.6
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	53.8	56.3	53.1	55.3	50.1 ^a	59.0	54.8	48.9	55.2	56.3	55.2	58.1
Doctor's Office - Not Part of a Clinic	23.4	21.0	24.3	21.3	25.8	20.3	23.7	26.2	23.0	18.1	21.7	20.4
Outpatient Medical Clinic	8.6	6.7	9.4	6.8	12.7	8.2	7.7	5.6	6.9	6.2	7.2	6.4
Partial Day Hospital or Day Treatment Program	2.5	1.9	3.1	2.4	4.2	3.8	2.3	1.5	2.3	1.2	1.4	1.0
School or University Setting/Clinic/Center ²	0.6	0.5	0.7	0.5	0.7	0.4	0.4	0.6	0.9	0.4	0.4	0.7
Some Other Place ³	1.9	2.2	2.0	2.5	1.3	1.3	2.3	3.8	2.6	2.9	1.8	1.7

*Low precision; no estimate reported.

NOTE: Some 2009 and 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.