

Table 1.34A Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2009 and 2010

Type of Mental Health Treatment/Counseling ¹	Total (2009)	Total (2010)	Aged 18-25 (2009)	Aged 18-25 (2010)	Aged 26-49 (2009)	Aged 26-49 (2010)	Aged 50+ (2009)	Aged 50+ (2010)
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	595	505	102	103	166	117	327	285
Outpatient	3,861	4,127	748	720	2,008	2,153	1,106	1,254
Prescription Medication	14,866	15,375	1,511	1,578	6,707	6,574	6,648	7,223
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	110	128	26	42	66	59	18	27
Inpatient and Prescription Medication	255	264	55	64	132	130	68	70
Outpatient and Prescription Medication	9,467	9,978	1,077	1,034	4,689	5,030	3,701	3,913
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	884	797	167	130	567	414	150	253

*Low precision; no estimate reported.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.34B Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Percentages, 2009 and 2010

Type of Mental Health Treatment/Counseling ¹	Total (2009)	Total (2010)	Aged 18-25 (2009)	Aged 18-25 (2010)	Aged 26-49 (2009)	Aged 26-49 (2010)	Aged 50+ (2009)	Aged 50+ (2010)
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	2.0	1.6	2.8	2.8	1.2	0.8	2.7	2.2
Outpatient	12.9	13.2	20.3	19.6	14.0	14.9	9.2	9.6
Prescription Medication	49.5	49.3	41.0	43.0	46.8	45.4	55.3	55.5
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	0.4	0.4	0.7	1.1	0.5	0.4	0.2	0.2
Inpatient and Prescription Medication	0.8	0.8	1.5	1.7	0.9	0.9	0.6	0.5
Outpatient and Prescription Medication	31.5	32.0	29.2	28.2	32.7	34.7	30.8	30.0
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	2.9	2.6	4.5	3.6	4.0	2.9	1.2	1.9

*Low precision; no estimate reported.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.