

Table 1.35A Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2009 and 2010

Location of Treatment/Counseling¹	Total (2009)	Total (2010)	Aged 18-25 (2009)	Aged 18-25 (2010)	Aged 26-49 (2009)	Aged 26-49 (2010)	Aged 50+ (2009)	Aged 50+ (2010)
Outpatient Mental Health Clinic or Center	3,064	3,283	449	469	1,832	1,604	782 ^a	1,210
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	7,648	8,433	1,167	1,143	4,216	4,542	2,265	2,748
Doctor's Office - Not Part of a Clinic	3,317	3,140	270	265	1,532	1,578	1,516	1,297
Outpatient Medical Clinic	1,229	1,006	171	136	486	475	572	395
Partial Day Hospital or Day Treatment Program	354	280	100 ^b	37	191	171	63	72
School or University Setting/Clinic/Center ²	83	81	71	61	2	20	10	*
Some Other Place ³	274	320	38	38	143	107	94	175

*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.35B Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Percentages, 2009 and 2010

Location of Treatment/Counseling ¹	Total (2009)	Total (2010)	Aged 18-25 (2009)	Aged 18-25 (2010)	Aged 26-49 (2009)	Aged 26-49 (2010)	Aged 50+ (2009)	Aged 50+ (2010)
Outpatient Mental Health Clinic or Center	21.6	21.9	22.3	24.6	25.0	21.0	16.1	22.3
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	53.9	56.4	58.0	60.0	57.5	59.6	46.6	50.6
Doctor's Office - Not Part of a Clinic	23.4	21.0	13.4	13.9	20.9	20.7	31.2	23.9
Outpatient Medical Clinic	8.7	6.7	8.5	7.1	6.6	6.2	11.8	7.3
Partial Day Hospital or Day Treatment Program	2.5	1.9	5.0 ^b	1.9	2.6	2.2	1.3	1.3
School or University Setting/Clinic/Center ²	0.6	0.5	3.6	3.2	0.0	0.3	0.2	*
Some Other Place ³	1.9	2.2	1.9	2.0	2.0	1.4	1.9	3.2

*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.