

Table 1.36A Source of Payment for Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2009 and 2010

Source of Payment ¹	Total (2009)	Total (2010)	Aged 18-25 (2009)	Aged 18-25 (2010)	Aged 26-49 (2009)	Aged 26-49 (2010)	Aged 50+ (2009)	Aged 50+ (2010)
Self or Family Member Living in Household	4,969	5,420	846	728	2,650	2,867	1,473	1,825
Family Member Not Living in Household	363	342	157	158	172	147	*	38
Private Health Insurance	5,709	6,390	599	575	3,101	3,513	2,009	2,301
Medicare	2,146	1,888	125	138	637	574	1,384	1,176
Medicaid	1,586	1,482	214	188	1,027	802	345	493
Rehabilitation Program	46	96	1	8	35	60	10	*
Employer	1,304	1,201	54	57	789	817	461	327
VA or Other Military Program	661	724	52	52	246	208	363	464
Other Public Source	371	505	78	97	239	281	53	127
Other Private Source	158	207	40	34	31	85	87	88
Free Treatment	592	671	248	246	269	320	75	105

*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple sources of payment; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.36B Source of Payment for Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Percentages, 2009 and 2010

Source of Payment ¹	Total (2009)	Total (2010)	Aged 18-25 (2009)	Aged 18-25 (2010)	Aged 26-49 (2009)	Aged 26-49 (2010)	Aged 50+ (2009)	Aged 50+ (2010)
Self or Family Member Living in Household	35.0	36.4	42.4	38.7	36.5	37.7	29.7	33.7
Family Member Not Living in Household	2.6	2.3	7.9	8.4	2.4	1.9	*	0.7
Private Health Insurance	40.2	42.9	30.0	30.6	42.7	46.2	40.5	42.5
Medicare	15.1	12.7	6.3	7.3	8.8	7.5	27.9	21.7
Medicaid	11.2	9.9	10.7	10.0	14.1 ^a	10.5	7.0	9.1
Rehabilitation Program	0.3	0.6	0.1	0.4	0.5	0.8	0.2	*
Employer	9.2	8.1	2.7	3.1	10.9	10.7	9.3	6.0
VA or Other Military Program	4.7	4.9	2.6	2.8	3.4	2.7	7.3	8.6
Other Public Source	2.6	3.4	3.9	5.2	3.3	3.7	1.1	2.3
Other Private Source	1.1	1.4	2.0	1.8	0.4	1.1	1.8	1.6
Free Treatment	4.2	4.5	12.4	13.1	3.7	4.2	1.5	1.9

*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple sources of payment; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.