

Table 1.43A Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Numbers in Thousands, 2009 and 2010

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2009	2010	2009	2010	2009	2010
TOTAL POPULATION	11,995	11,139	5,918	5,920	6,054 ^a	5,175
Could Not Afford Cost	5,442	5,307	2,868	3,060	2,569	2,236
Might Cause Neighbors/Community to Have Negative Opinion	1,067	969	538	464	528	506
Might Have Negative Effect on Job	940	960	461	534	479	426
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	840	808	408	410	432	397
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	1,391	1,712	775 ^b	1,233	616	479
Did Not Know Where to Go for Services	1,822	1,906	703	859	1,119	1,047
Concerned about Confidentiality	1,113	973	480	489	631	480
Concerned about Being Committed/Having to Take Medicine	1,076	1,029	546	637	527	390
Did Not Feel Need for Treatment	1,083	846	513	367	568	479
Could Handle the Problem Without Treatment	3,173	2,871	1,247	1,198	1,924	1,648
Treatment Would Not Help	1,266	1,009	476	506	790 ^a	503
Did Not Have Time	1,937	1,594	913	848	1,025	747
Did Not Want Others to Find Out	789	759	301	250	486	509
No Transportation/Inconvenient	434	333	301	218	133	114
Some Other Reason ⁴	847	869	553	447	292	422

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.43B Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Percentages, 2009 and 2010

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2009	2010	2009	2010	2009	2010
TOTAL POPULATION	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	45.7	48.1	48.9	52.2	42.5	43.7
Might Cause Neighbors/Community to Have Negative Opinion	9.0	8.8	9.2	7.9	8.7	9.9
Might Have Negative Effect on Job	7.9	8.7	7.9	9.1	7.9	8.3
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	7.0	7.3	7.0	7.0	7.2	7.8
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	11.7 ^a	15.5	13.2 ^b	21.0	10.2	9.4
Did Not Know Where to Go for Services	15.3	17.3	12.0	14.6	18.5	20.5
Concerned about Confidentiality	9.3	8.8	8.2	8.3	10.4	9.4
Concerned about Being Committed/Having to Take Medicine	9.0	9.3	9.3	10.9	8.7	7.6
Did Not Feel Need for Treatment	9.1	7.7	8.7	6.3	9.4	9.4
Could Handle the Problem Without Treatment	26.6	26.0	21.3	20.4	31.9	32.2
Treatment Would Not Help	10.6	9.2	8.1	8.6	13.1	9.8
Did Not Have Time	16.3	14.5	15.6	14.5	17.0	14.6
Did Not Want Others to Find Out	6.6	6.9	5.1	4.3	8.1	10.0
No Transportation/Inconvenient	3.6	3.0	5.1	3.7	2.2	2.2
Some Other Reason ⁴	7.1	7.9	9.4	7.6	4.8 ^a	8.2

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.44A (REVISED) Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Any Mental Illness and an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Numbers in Thousands, 2009 and 2010

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2009	2010	2009	2010	2009	2010
TOTAL POPULATION	9,092	8,680	4,999	5,177	4,076 ^a	3,466
Could Not Afford Cost	4,442	4,334	2,490	2,660	1,950	1,669
Might Cause Neighbors/Community to Have Negative Opinion	869	814	439	439	429	375
Might Have Negative Effect on Job	836	841	420	503	416	338
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	704	706	363	377	340	329
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	1,185	1,491	711 ^a	1,140	474	351
Did Not Know Where to Go for Services	1,440	1,528	623	745	817	784
Concerned about Confidentiality	878	776	419	456	457	317
Concerned about Being Committed/Having to Take Medicine	1,000	941	531	616	466 ^a	323
Did Not Feel Need for Treatment	763	589	438	285	323	303
Could Handle the Problem Without Treatment	2,240	2,070	1,011	1,053	1,228	992
Treatment Would Not Help	1,011	820	433	466	578 ^a	354
Did Not Have Time	1,399	1,256	703	735	695	521
Did Not Want Others to Find Out	597	562	228	234	367	327
No Transportation/Inconvenient	389	305	276	210	114	95
Some Other Reason ⁴	735	782	479	430	256	352

*Low precision; no estimate reported.

NOTE: Some 2009 and 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Any Mental Illness (AMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Estimates for AMI presented in this table may differ from previously published AMI estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Any Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.44B (REVISED) Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Any Mental Illness and an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Percentages, 2009 and 2010

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2009	2010	2009	2010	2009	2010
TOTAL POPULATION	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	49.2	50.4	50.3	51.9	47.9	48.4
Might Cause Neighbors/Community to Have Negative Opinion	9.6	9.5	8.9	8.6	10.5	10.9
Might Have Negative Effect on Job	9.3	9.8	8.5	9.8	10.2	9.8
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	7.8	8.2	7.3	7.4	8.4	9.5
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	13.1 ^a	17.3	14.4 ^b	22.3	11.7	10.2
Did Not Know Where to Go for Services	15.9	17.8	12.6	14.5	20.1	22.7
Concerned about Confidentiality	9.7	9.0	8.4	8.9	11.2	9.2
Concerned about Being Committed/Having to Take Medicine	11.1	10.9	10.7	12.0	11.5	9.4
Did Not Feel Need for Treatment	8.4	6.8	8.8	5.6	7.9	8.8
Could Handle the Problem Without Treatment	24.8	24.1	20.4	20.6	30.2	28.8
Treatment Would Not Help	11.2	9.5	8.7	9.1	14.2	10.3
Did Not Have Time	15.5	14.6	14.2	14.4	17.1	15.1
Did Not Want Others to Find Out	6.6	6.5	4.6	4.6	9.0	9.5
No Transportation/Inconvenient	4.3	3.5	5.6	4.1	2.8	2.7
Some Other Reason ⁴	8.1	9.1	9.7	8.4	6.3	10.2

*Low precision; no estimate reported.

NOTE: Some 2009 and 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Any Mental Illness (AMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Estimates for AMI presented in this table may differ from previously published AMI estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Any Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.45A (REVISED) Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Serious Mental Illness and an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Numbers in Thousands, 2009 and 2010

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2009	2010	2009	2010	2009	2010
TOTAL POPULATION	3,874	3,910	2,720	2,807	1,151	1,087
Could Not Afford Cost	1,993	2,090	1,412	1,525	580	565
Might Cause Neighbors/Community to Have Negative Opinion	415	431	229	270	187	161
Might Have Negative Effect on Job	435	412	270	294	164	118
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	289	387	179	270	110	117
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	510 ^a	822	355 ^b	720	155	102
Did Not Know Where to Go for Services	729	692	363	434	366	258
Concerned about Confidentiality	454	384	258	290	195 ^a	90
Concerned about Being Committed/Having to Take Medicine	595	564	381	393	211	169
Did Not Feel Need for Treatment	283	217	191	139	91	78
Could Handle the Problem Without Treatment	932	708	576	430	354	267
Treatment Would Not Help	456	352	243	221	213	130
Did Not Have Time	530	424	359	250	171	174
Did Not Want Others to Find Out	270	186	132	102	136	84
No Transportation/Inconvenient	234	158	184	118	51	40
Some Other Reason ⁴	377	355	283	245	94	109

*Low precision; no estimate reported.

NOTE: Some 2009 and 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Estimates for SMI presented in this table may differ from previously published SMI estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Serious Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.45B (REVISED) Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Serious Mental Illness and an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Percentages, 2009 and 2010

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2009	2010	2009	2010	2009	2010
TOTAL POPULATION	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	51.9	53.9	52.6	54.9	50.4	52.0
Might Cause Neighbors/Community to Have Negative Opinion	10.8	11.1	8.5	9.7	16.2	14.8
Might Have Negative Effect on Job	11.3	10.6	10.1	10.6	14.3	10.9
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	7.5	10.0	6.7	9.7	9.5	10.8
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	13.3 ^a	21.2	13.2 ^b	25.9	13.5	9.4
Did Not Know Where to Go for Services	19.0	17.8	13.5	15.6	31.8	23.7
Concerned about Confidentiality	11.8	9.9	9.6	10.4	17.0 ^a	8.3
Concerned about Being Committed/Having to Take Medicine	15.5	14.5	14.2	14.2	18.4	15.5
Did Not Feel Need for Treatment	7.4	5.6	7.1	5.0	7.9	7.2
Could Handle the Problem Without Treatment	24.3 ^a	18.2	21.5	15.5	30.8	24.5
Treatment Would Not Help	11.9	9.1	9.0	8.0	18.5	12.0
Did Not Have Time	13.8	10.9	13.4	9.0	14.9	16.0
Did Not Want Others to Find Out	7.0	4.8	4.9	3.7	11.8	7.7
No Transportation/Inconvenient	6.1	4.1	6.8	4.3	4.4	3.7
Some Other Reason ⁴	9.8	9.1	10.5	8.8	8.3	10.1

*Low precision; no estimate reported.

NOTE: Some 2009 and 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Estimates for SMI presented in this table may differ from previously published SMI estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

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^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Serious Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

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