

Table 1.60A Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2009 and 2010

Demographic/Socioeconomic Characteristic	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2009)	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2010)	Saw or Talked to Medical Doctor or Other Professional Only (2009)	Saw or Talked to Medical Doctor or Other Professional Only (2010)	Used Prescription Medication Only (2009)	Used Prescription Medication Only (2010)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2009)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2010)
TOTAL	9,491 ^a	10,558	2,111	2,486	798	844	6,581	7,195
GENDER								
Male	3,071	3,335	701	900	295	257	2,074	2,177
Female	6,420	7,223	1,410	1,586	504	587	4,507	5,018
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	8,602	9,419	1,814	2,112	761	763	6,026	6,511
White	7,436	8,172	1,344	1,633	673	680	5,418	5,827
Black or African American	758	830	261	283	79	57	418	489
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	*	4	*	*	*
Hispanic or Latino	889	1,139	297	374	38	81	554	684
POVERTY LEVEL¹								
Less Than 100%	1,889	1,941	400	382	196	150	1,294	1,407
100-199%	1,855 ^a	2,407	404	501	163	235	1,287 ^a	1,671
200% or More	5,683	6,167	1,283	1,578	434	458	3,965	4,099
GOVERNMENT ASSISTANCE²								
Yes	2,529 ^a	3,109	444	557	200	322	1,885	2,229
No	6,962	7,448	1,667	1,929	598	522	4,696	4,966
HEALTH INSURANCE³								
Private	5,321	6,068	1,276	1,602	366	376	3,678	4,060
Medicaid/CHIP ⁴	1,799	1,863	329	308	169	109	1,301	1,446
Other ⁵	2,181	2,709	309	505	205	193	1,667	1,979
No Coverage	1,383	1,590	349	373	196	260	838	957

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year treatment data were excluded.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds.

² Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁴ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁵ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.60B Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Percentages, 2009 and 2010

Demographic/Socioeconomic Characteristic	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2009)	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2010)	Saw or Talked to Medical Doctor or Other Professional Only (2009)	Saw or Talked to Medical Doctor or Other Professional Only (2010)	Used Prescription Medication Only (2009)	Used Prescription Medication Only (2010)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2009)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2010)
TOTAL	64.4 ^a	68.2	14.3	16.1	5.4	5.5	44.6	46.6
GENDER								
Male	59.0	59.8	13.5	16.1	5.7	4.6	39.8	39.0
Female	67.4 ^b	72.9	14.8	16.1	5.3	5.9	47.2	50.8
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	66.5	68.8	14.0	15.5	5.9	5.6	46.5	47.6
White	68.7	71.9	12.4	14.4	6.2	6.0	49.9	51.4
Black or African American	53.2	54.5	18.3	18.6	5.6	3.8	29.4	32.1
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	*	1.6	*	*	*
Hispanic or Latino	49.3 ^a	64.0	16.5	21.0	2.1	4.5	30.7	38.4
POVERTY LEVEL¹								
Less Than 100%	66.5	69.9	14.1	13.8	6.9	5.4	45.6	50.7
100-199%	57.4 ^b	67.4	12.5	14.0	5.0	6.6	39.8	46.8
200% or More	66.5	68.2	15.0	17.5	5.1	5.1	46.2	45.4
GOVERNMENT ASSISTANCE²								
Yes	68.5	73.9	12.0	13.2	5.4	7.7	51.0	53.0
No	63.1	66.1	15.1	17.2	5.4	4.6	42.4	44.2
HEALTH INSURANCE³								
Private	65.1	69.9	15.6	18.5	4.5	4.3	44.9	46.9
Medicaid/CHIP ⁴	78.6	78.4	14.4	13.0	7.4	4.6	56.9	60.9
Other ⁵	72.1	76.7	10.2	14.4	6.8	5.5	55.1	56.6
No Coverage	47.8	54.3	12.0	12.7	6.8	8.9	29.0	32.7

*Low precision; no estimate reported.

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NOTE: Respondents with unknown past year treatment data were excluded.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds.

² Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁴ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁵ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.