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Table 1.61A Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2009 and 2010

Age Category	Total (2009)	Total (2010)	Male (2009)	Male (2010)	Female (2009)	Female (2010)
TOTAL	10,438	10,960	4,040	4,354	6,398	6,606
18	402	435	159	170	242	265
19	361	338	158	123	203	215
20	290[b]	434	111[a]	172	179[a]	261
21	355	343	144	119	211	224
22	267	323	134	134	133[a]	190
23	341	274	136	97	205	177
24	289	300	121	133	168	167
25	251	228	97	96	154	132
26-29	906	949	321	395	585	554
30-34	1,125	1,009	391	455	734	555
35-39	951	974	348	343	603	631
40-44	1,144[a]	829	483[a]	290	662	539
45-49	1,038	1,196	512	558	525	637
50-54	910	1,005	317	352	594	654
55-59	630	902	253	242	377	661
60-64	484	608	168	302	316	306
65 or Older	693	812	185	375	508	437

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale during the past 30 days.

[a] Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

[b] Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

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Table 1.61B Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2009 and 2010

Age Category	Total (2009)	Total (2010)	Male (2009)	Male (2010)	Female (2009)	Female (2010)
TOTAL	4.6	4.8	3.7	3.9	5.4	5.6
18	8.1	9.2	6.2	6.6	10.2	12.1
19	7.9	7.7	6.6	5.5	9.3	10.0
20	7.0[b]	9.5	5.2	7.2	9.0	12.0
21	8.6	8.1	6.9	5.6	10.2	10.5
22	6.6	7.9	6.7	6.4	6.5[a]	9.4
23	8.5	6.8	6.9	4.8	10.1	8.9
24	7.0	7.4	6.2	6.8	7.8	8.0
25	6.9	5.8	5.5	5.1	8.4	6.5
26-29	5.4	5.7	3.9	4.7	6.9	6.8
30-34	5.8	5.1	4.0	4.7	7.6[a]	5.5
35-39	4.8	5.0	3.4	3.6	6.2	6.5
40-44	5.5[a]	4.0	4.8[a]	2.8	6.1	5.2
45-49	4.6	5.4	4.7	5.2	4.6	5.5
50-54	4.1	4.6	2.9	3.3	5.2	5.8
55-59	3.4	4.7	2.8	2.6	4.0	6.5
60-64	3.1	3.7	2.3	3.7	3.9	3.7
65 or Older	1.8	2.1	1.1	2.2	2.4	2.0

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale during the past 30 days.

[a] Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

[b] Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

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Table 1.62A Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Age Group, Demographic Characteristics, and Health Characteristics: Numbers in Thousands, 2009 and 2010

Demographic/Health Characteristic	Total (2009)	Total (2010)	Aged 18-25 (2009)	Aged 18-25 (2010)	Aged 26-49 (2009)	Aged 26-49 (2010)	Aged 50+ (2009)	Aged 50+ (2010)
TOTAL	10,438	10,960	2,556	2,676	5,165	4,957	2,717	3,327
GENDER								
Male	4,040	4,354	1,061	1,043	2,056	2,041	923	1,270
Female	6,398	6,606	1,495	1,632	3,109	2,916	1,794	2,057
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	8,952	9,171	2,107	2,158	4,521	4,155	2,324	2,858
White	7,282	7,114	1,557	1,560	3,706	3,282	2,019	2,271
Black or African American	1,241	1,500	380	386	624	676	237	438
American Indian or Alaska Native	43	41	22	12	17	24	*	*
Native Hawaiian or Other Pacific Islander	32	50	*	*	*	*	*	*
Asian	188	259	103	103	85	101	*	55
Two or More Races	167	208	31[b]	81	76	50	60	*
Hispanic or Latino	1,486	1,790	448	518	644	802	393	470
HEALTH INSURANCE[1]								
Private	4,675	4,553	1,053	1,079	2,363	2,105	1,259	1,368
Medicaid/CHIP[2]	2,471	2,716	593	616	1,169	1,250	709	850
Other[3]	2,048	2,455	168	215	723	697	1,157	1,543
No Coverage	2,497	2,619	867	851	1,336	1,227	295	541
CURRENT EMPLOYMENT								
Full-Time	3,643	3,518	790	765	2,219	2,145	634	607
Part-Time	1,458	1,578	660	723	644	655	154	200
Unemployed	1,276	1,258	466	473	636	561	175	224
Other[4]	4,061	4,606	640	714	1,666	1,595	1,755	2,297

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale during the past 30 days.

[a] Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.
[b] Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

[1] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.
[2] CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.
[3] Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.
[4] The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

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Table 1.62B Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Age Group, Demographic Characteristics, and Health Characteristics: Percentages, 2009 and 2010

Demographic/Health Characteristic	Total (2009)	Total (2010)	Aged 18-25 (2009)	Aged 18-25 (2010)	Aged 26-49 (2009)	Aged 26-49 (2010)	Aged 50+ (2009)	Aged 50+ (2010)
TOTAL	4.6	4.8	7.6	7.9	5.2	5.0	2.9	3.4
GENDER								
Male	3.7	3.9	6.3	6.0	4.2	4.2	2.1	2.8
Female	5.4	5.6	9.0	9.7	6.2	5.8	3.5	4.0
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	4.6	4.6	7.7	7.8	5.5	5.1	2.7	3.2
White	4.7	4.6	7.6	7.7	5.9	5.3	2.8	3.1
Black or African American	4.7	5.6	7.9	7.9	5.1	5.5	2.6	4.6
American Indian or Alaska Native	4.0	3.8	9.4	6.5	3.8	4.9	*	*
Native Hawaiian or Other Pacific Islander	4.3	7.5	*	*	*	*	*	*
Asian	1.9	2.5	6.8	7.2	1.6	1.9	*	1.5
Two or More Races	6.9	7.8	7.2[a]	14.8	7.2	4.8	6.3	*
Hispanic or Latino	4.8	5.6	7.3	7.9	3.8	4.7	4.9	5.6
HEALTH INSURANCE[1]								
Private	3.0	3.0	5.9	6.0	3.5	3.3	1.8	2.0
Medicaid/CHIP[2]	12.9	12.8	12.7	12.2	13.6	13.7	12.0	12.2
Other[3]	3.9	4.5	8.1	9.5	11.3	10.4	2.6	3.4
No Coverage	6.9	6.8	9.0	9.0	6.8	5.8	4.3	6.7
CURRENT EMPLOYMENT								
Full-Time	3.2	3.1	6.4	6.2	3.3	3.3	1.8	1.7
Part-Time	4.6	4.8	7.0	7.6	5.4	5.4	1.5	1.8
Unemployed	8.7	8.5	10.2	10.4	8.9	8.4	5.7	6.2
Other[4]	6.2	6.9	8.8	9.4	11.9	11.3	3.9	5.0

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale during the past 30 days.

[a] Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.
[b] Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

[1] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.
[2] CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.
[3] Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.
[4] The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.