

**Table 1.64A Serious Psychological Distress (SPD) in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2005-2010**

<b>Demographic Characteristic</b>	<b>2005</b>	<b>2006</b>	<b>2007</b>	<b>2008</b>	<b>2009</b>	<b>2010</b>
<b>TOTAL</b>	23,103	23,704	22,814	23,187	23,126	23,422
<b>AGE</b>						
18-25	5,875	5,660 <sup>a</sup>	5,702	5,891	5,817	5,980
26-49	11,810	12,582 <sup>a</sup>	11,641	11,463	11,925	11,550
50 or Older	5,418	5,462	5,471	5,833	5,384	5,893
<b>GENDER</b>						
Male	8,292	9,042	8,508	8,490	8,499	8,957
Female	14,811	14,662	14,307	14,697	14,627	14,465
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	19,965	20,638	19,851	20,162	20,132	20,114
White	16,017	16,336	16,085	16,286	16,506	16,108
Black or African American	2,651	2,654	2,601	2,520	2,481	2,707
American Indian or Alaska Native	230	281	151	96	140	134
Native Hawaiian or Other Pacific Islander	*	96	49	*	72	*
Asian	628	747	620	794	573	685
Two or More Races	355	524	345	365	359	400
Hispanic or Latino	3,138	3,066	2,963	3,025	2,994	3,309

\*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale in the past year.

NOTE: Estimates for 2005, 2006, and 2007 are based on an adjusted SPD variable and may differ from estimates published in prior NSDUH reports. See Section B.4.5 in Appendix B of the Results from the 2008 National Survey on Drug Use and Health: National Findings.

<sup>a</sup> Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2005-2010.

**Table 1.64B Serious Psychological Distress (SPD) in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2005-2010**

<b>Demographic Characteristic</b>	<b>2005</b>	<b>2006</b>	<b>2007</b>	<b>2008</b>	<b>2009</b>	<b>2010</b>
<b>TOTAL</b>	10.6	10.7	10.2	10.3	10.2	10.2
<b>AGE</b>						
18-25	18.1	17.3	17.4	17.9	17.3	17.6
26-49	11.8	12.5	11.6	11.5	12.0	11.7
50 or Older	6.4	6.2	6.1	6.3	5.7	6.1
<b>GENDER</b>						
Male	7.9	8.5	7.9	7.8	7.7	8.1
Female	13.1 <sup>a</sup>	12.8	12.4	12.6	12.4	12.2
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	10.5	10.8	10.3	10.4	10.3	10.2
White	10.5	10.7	10.4	10.5	10.6	10.3
Black or African American	10.7	10.5	10.2	9.8	9.4	10.2
American Indian or Alaska Native	20.9	25.7 <sup>a</sup>	13.7	10.2	12.8	12.5
Native Hawaiian or Other Pacific Islander	*	11.6	7.7	*	9.8	*
Asian	6.9	8.1	6.5	8.1	5.7	6.6
Two or More Races	16.1	23.6	14.9	14.5	14.8	15.1
Hispanic or Latino	11.3	10.6	10.0	10.0	9.6	10.4

\*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale in the past year.

NOTE: Estimates for 2005, 2006, and 2007 are based on an adjusted SPD variable and may differ from estimates published in prior NSDUH reports. See Section B.4.5 in Appendix B of the Results from the 2008 National Survey on Drug Use and Health: National Findings.

<sup>a</sup> Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2005-2010.