

Table 1.29C (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Standard Errors of Numbers in Thousands, 2009 and 2010

Type of Mental Health Treatment/Counseling ¹	Total (2009)	Total (2010)	Any Mental Illness (2009)	Any Mental Illness (2010)	Serious Mental Illness (2009)	Serious Mental Illness (2010)	Moderate Mental Illness (2009)	Moderate Mental Illness (2010)	Mild Mental Illness (2009)	Mild Mental Illness (2010)	No Mental Illness (2009)	No Mental Illness (2010)
DID NOT RECEIVE TREATMENT	603	616	608	570	167	188	267	248	502	460	1,991	2,084
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	104	113	69	40	16	15	18	16	65	34	79	106
Outpatient	216	245	165	170	66	102	83	78	121	108	153	182
Prescription Medication	451	449	289	342	144	172	172	147	186	246	365	354
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	29	33	15	31	12	10	4	5	8	29	24	12
Inpatient and Prescription Medication	50	49	33	33	22	31	6	9	24	8	37	39
Outpatient and Prescription Medication	340	360	284	314	201	207	135	160	165	158	215	199
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	97	87	90	80	77	62	40	34	22	31	26	32

*Low precision; no estimate reported.

NOTE: Some 2009 and 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health.

Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.29D (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Standard Errors of Percentages, 2009 and 2010

Type of Mental Health Treatment/Counseling ¹	Total (2009)	Total (2010)	Any Mental Illness (2009)	Any Mental Illness (2010)	Serious Mental Illness (2009)	Serious Mental Illness (2010)	Moderate Mental Illness (2009)	Moderate Mental Illness (2010)	Mild Mental Illness (2009)	Mild Mental Illness (2010)	No Mental Illness (2009)	No Mental Illness (2010)
DID NOT RECEIVE TREATMENT	0.27	0.27	0.86	0.89	1.68	1.67	1.75	1.75	1.11	1.11	0.24	0.24
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	0.05	0.05	0.17	0.10	0.19	0.16	0.18	0.17	0.28	0.15	0.04	0.06
Outpatient	0.10	0.11	0.39	0.40	0.76	1.05	0.79	0.77	0.53	0.48	0.08	0.10
Prescription Medication	0.20	0.20	0.64	0.73	1.54	1.59	1.49	1.35	0.77	0.98	0.19	0.18
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.01	0.01	0.04	0.08	0.14	0.11	0.04	0.05	0.03	0.13	0.01	0.01
Inpatient and Prescription Medication	0.02	0.02	0.08	0.08	0.26	0.33	0.06	0.09	0.11	0.03	0.02	0.02
Outpatient and Prescription Medication	0.15	0.16	0.63	0.68	1.86	1.76	1.25	1.44	0.70	0.68	0.11	0.10
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	0.04	0.04	0.22	0.19	0.88	0.66	0.39	0.35	0.10	0.14	0.01	0.02

*Low precision; no estimate reported.

NOTE: Some 2009 and 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health.

Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.29P (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: P Values from Tests of Differences of Percentages, 2010 Versus 2009

Type of Mental Health Treatment/Counseling ¹	Total (2009)	Total (2010)	Any Mental Illness (2009)	Any Mental Illness (2010)	Serious Mental Illness (2009)	Serious Mental Illness (2010)	Moderate Mental Illness (2009)	Moderate Mental Illness (2010)	Mild Mental Illness (2009)	Mild Mental Illness (2010)	No Mental Illness (2009)	No Mental Illness (2010)
DID NOT RECEIVE TREATMENT	0.3113		0.0727		0.6930		0.3835		0.3541		0.9905	
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	0.5236		0.0890		0.7655		0.9140		0.0825		0.7770	
Outpatient	0.4912		0.6878		0.3826		0.9909		0.9404		0.5535	
Prescription Medication	0.5885		0.1075		0.2171		0.3851		0.0698		0.5813	
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.6959		0.1849		0.7606		0.5837		0.1274		0.2771	
Inpatient and Prescription Medication	0.8967		0.8951		0.4625		0.5956		0.1588		0.9487	
Outpatient and Prescription Medication	0.3284		0.2994		0.6805		0.0384		0.6517		0.6923	
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	0.4958		0.2178		0.0665		0.6105		0.6980		0.1352	

*Low precision; no estimate reported.

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NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.30C (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Standard Errors of Numbers in Thousands, 2009 and 2010

Type of Mental Health Treatment/Counseling ¹	Total (2009)	Total (2010)	Any Mental Illness (2009)	Any Mental Illness (2010)	Serious Mental Illness (2009)	Serious Mental Illness (2010)	Moderate Mental Illness (2009)	Moderate Mental Illness (2010)	Mild Mental Illness (2009)	Mild Mental Illness (2010)	No Mental Illness (2009)	No Mental Illness (2010)
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	104	113	69	40	16	15	18	16	65	34	79	106
Outpatient	221	252	165	170	66	102	83	78	121	108	153	182
Prescription Medication	472	474	289	342	144	172	172	147	186	246	365	354
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	29	33	15	31	12	10	4	5	8	29	24	12
Inpatient and Prescription Medication	50	49	33	33	22	31	6	9	24	8	37	39
Outpatient and Prescription Medication	355	372	284	314	201	207	135	160	165	158	215	199
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	98	87	90	80	77	62	40	34	22	31	26	32

*Low precision; no estimate reported.

NOTE: Some 2009 and 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

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Table 1.30D (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Standard Errors of Percentages, 2009 and 2010

Type of Mental Health Treatment/Counseling ¹	Total (2009)	Total (2010)	Any Mental Illness (2009)	Any Mental Illness (2010)	Serious Mental Illness (2009)	Serious Mental Illness (2010)	Moderate Mental Illness (2009)	Moderate Mental Illness (2010)	Mild Mental Illness (2009)	Mild Mental Illness (2010)	No Mental Illness (2009)	No Mental Illness (2010)
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	0.34	0.36	0.41	0.23	0.29	0.24	0.40	0.35	0.99	0.52	0.57	0.74
Outpatient	0.68	0.72	0.93	0.94	1.14	1.53	1.71	1.59	1.74	1.57	1.06	1.16
Prescription Medication	1.08	1.08	1.35	1.44	2.25	2.22	2.64	2.48	2.23	2.42	1.59	1.58
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.09	0.11	0.09	0.18	0.21	0.16	0.10	0.11	0.12	0.45	0.18	0.08
Inpatient and Prescription Medication	0.16	0.15	0.20	0.19	0.39	0.49	0.14	0.20	0.37	0.12	0.27	0.28
Outpatient and Prescription Medication	0.94	0.98	1.34	1.38	2.36	2.30	2.48	2.57	2.12	2.12	1.34	1.28
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	0.32	0.28	0.53	0.45	1.30	0.98	0.86	0.73	0.35	0.47	0.19	0.23

*Low precision; no estimate reported.

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RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	0.4520		0.0687		0.7475		0.8640		0.0686		0.7783	
Outpatient	0.7120		0.9794		0.4067		0.8225		0.7136		0.5526	
Prescription Medication	0.8517		0.4111		0.2576		0.1202		0.0848		0.3311	
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.7522		0.2142		0.7440		0.6254		0.1339		0.2748	
Inpatient and Prescription Medication	0.9794		0.9711		0.4836		0.6500		0.1469		0.9543	
Outpatient and Prescription Medication	0.6461		0.9304		0.4904		0.0508		0.3074		0.6957	
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	0.3855		0.1147		0.0535		0.5222		0.7930		0.1371	

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