

Table 1.50C Suicide Behavior and Treatment, Level of Mental Illness, Major Depressive Episode, and Mental Health Service Use among Persons Aged 18 to 22, by College Enrollment Status: Standard Errors of Numbers in Thousands, 2009 and 2010

Past Year Mental Health Measure	Total ¹ (2009)	Total ¹ (2010)	Full-Time College Students (2009)	Full-Time College Students (2010)	Other Persons Aged 18-22 ² (2009)	Other Persons Aged 18-22 ² (2010)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	58	71	36	42	46	55
Made Any Suicide Plans	34	36	16	20	30	29
Attempted Suicide	25	25	12	13	22	21
Got Medical Attention for Suicide Attempt	16	17	8	9	14	14
Stayed Overnight or Longer in a Hospital for Suicide Attempt	14	13	6	7	12	11
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	161	169	122	118	99	117
Serious Mental Illness	64	74	41	47	48	53
Moderate Mental Illness	62	62	40	41	48	48
Mild Mental Illness	115	110	90	79	71	80
No Mental Illness	297	292	236	225	172	181
MAJOR DEPRESSIVE EPISODE⁵	70	74	46	50	48	52
MENTAL HEALTH SERVICE USE⁶						
Inpatient	24	28	9	13	23	24
Outpatient	61	60	45	43	40	40
Prescription Medication	69	68	46	43	50	52

*Low precision; no estimate reported.

¹ Estimates in the Total column are for all persons aged 18 to 22, including those with unknown enrollment status.

² Other Persons include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Suicide estimates are based only on responses to suicide items in the Mental Health module. Respondents with unknown suicide information were excluded.

⁴ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2010 National Survey on Drug Use and Health: Mental Health Findings*.

⁵ Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE were excluded.

⁶ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.50D Suicide Behavior and Treatment, Level of Mental Illness, Major Depressive Episode, and Mental Health Service Use among Persons Aged 18 to 22, by College Enrollment Status: Standard Errors of Percentages, 2009 and 2010

Past Year Mental Health Measure	Total ¹ (2009)	Total ¹ (2010)	Full-Time College Students (2009)	Full-Time College Students (2010)	Other Persons Aged 18-22 ² (2009)	Other Persons Aged 18-22 ² (2010)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	0.25	0.29	0.38	0.41	0.35	0.40
Made Any Suicide Plans	0.15	0.16	0.18	0.21	0.23	0.23
Attempted Suicide	0.11	0.11	0.13	0.14	0.17	0.16
Got Medical Attention for Suicide Attempt	0.07	0.08	0.08	0.10	0.11	0.11
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.06	0.06	0.06	0.08	0.10	0.09
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	0.53	0.54	0.82	0.82	0.64	0.71
Serious Mental Illness	0.27	0.30	0.41	0.44	0.36	0.39
Moderate Mental Illness	0.26	0.26	0.41	0.41	0.36	0.36
Mild Mental Illness	0.43	0.40	0.69	0.64	0.53	0.53
No Mental Illness	0.53	0.54	0.82	0.82	0.64	0.71
MAJOR DEPRESSIVE EPISODE⁵						
	0.29	0.31	0.45	0.49	0.36	0.39
MENTAL HEALTH SERVICE USE⁶						
Inpatient	0.11	0.12	0.10	0.14	0.18	0.19
Outpatient	0.25	0.25	0.41	0.40	0.31	0.30
Prescription Medication	0.28	0.29	0.42	0.43	0.38	0.39

*Low precision; no estimate reported.

¹ Estimates in the Total column are for all persons aged 18 to 22, including those with unknown enrollment status.

² Other Persons include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Suicide estimates are based only on responses to suicide items in the Mental Health module. Respondents with unknown suicide information were excluded.

⁴ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2010 National Survey on Drug Use and Health: Mental Health Findings*.

⁵ Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE were excluded.

⁶ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.50P Suicide Behavior and Treatment, Level of Mental Illness, Major Depressive Episode, and Mental Health Service Use among Persons Aged 18 to 22, by College Enrollment Status: P Values from Tests of Differences of Percentages, 2010 Versus 2009

Past Year Mental Health Measure	Total ¹ (2009)	Total ¹ (2010)	Full-Time College Students (2009)	Full-Time College Students (2010)	Other Persons Aged 18-22 ² (2009)	Other Persons Aged 18-22 ² (2010)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	0.0169		0.0471		0.1115	
Made Any Suicide Plans	0.8126		0.2801		0.6905	
Attempted Suicide	0.5542		0.6016		0.6998	
Got Medical Attention for Suicide Attempt	0.4827		0.5744		0.6386	
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.8850		0.5995		0.8907	
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	0.1721		0.6029		0.1663	
Serious Mental Illness	0.0211		0.0404		0.1622	
Moderate Mental Illness	0.7180		0.9287		0.6981	
Mild Mental Illness	0.7323		0.5500		0.3251	
No Mental Illness	0.1721		0.6029		0.1663	
MAJOR DEPRESSIVE EPISODE⁵	0.1192		0.0958		0.5319	
MENTAL HEALTH SERVICE USE⁶						
Inpatient	0.7173		0.5005		0.9414	
Outpatient	0.7923		0.5540		0.8333	
Prescription Medication	0.2705		0.3189		0.5329	

*Low precision; no estimate reported.

¹ Estimates in the Total column are for all persons aged 18 to 22, including those with unknown enrollment status.

² Other Persons include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Suicide estimates are based only on responses to suicide items in the Mental Health module. Respondents with unknown suicide information were excluded.

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⁵ Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE were excluded.

⁶ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.51C Suicide Behavior and Treatment, Level of Mental Illness, Major Depressive Episode, and Mental Health Service Use among Males Aged 18 to 22, by College Enrollment Status: Standard Errors of Numbers in Thousands, 2009 and 2010

Past Year Mental Health Measure	Total ¹ (2009)	Total ¹ (2010)	Full-Time Male College Students (2009)	Full-Time Male College Students (2010)	Other Males Aged 18-22 ² (2009)	Other Males Aged 18-22 ² (2010)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	38	46	23	26	30	38
Made Any Suicide Plans	21	24	8	11	20	21
Attempted Suicide	19	17	6	7	18	16
Got Medical Attention for Suicide Attempt	12	11	3	6	12	9
Stayed Overnight or Longer in a Hospital for Suicide Attempt	11	10	3	6	11	8
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	95	100	67	64	66	78
Serious Mental Illness	40	41	20	22	34	34
Moderate Mental Illness	39	41	25	26	32	32
Mild Mental Illness	73	75	52	48	49	59
No Mental Illness	207	192	160	143	127	129
MAJOR DEPRESSIVE EPISODE⁵	41	39	25	24	31	31
MENTAL HEALTH SERVICE USE⁶						
Inpatient	20	22	6	10	19	19
Outpatient	33	34	20	22	26	26
Prescription Medication	41	42	25	25	32	34

*Low precision; no estimate reported.

¹ Estimates in the Total column are for all males aged 18 to 22, including those with unknown enrollment status.

² Other Males include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Suicide estimates are based only on responses to suicide items in the Mental Health module. Respondents with unknown suicide information were excluded.

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Past Year Mental Health Measure	Total ¹ (2009)	Total ¹ (2010)	Full-Time Male College Students (2009)	Full-Time Male College Students (2010)	Other Males Aged 18-22 ² (2009)	Other Males Aged 18-22 ² (2010)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	0.33	0.38	0.51	0.53	0.44	0.54
Made Any Suicide Plans	0.19	0.21	0.19	0.23	0.29	0.31
Attempted Suicide	0.17	0.15	0.14	0.16	0.27	0.23
Got Medical Attention for Suicide Attempt	0.11	0.09	0.08	0.13	0.17	0.13
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.10	0.08	0.08	0.13	0.16	0.11
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	0.70	0.67	1.21	1.03	0.83	0.92
Serious Mental Illness	0.35	0.35	0.45	0.47	0.48	0.48
Moderate Mental Illness	0.33	0.34	0.54	0.52	0.45	0.45
Mild Mental Illness	0.58	0.56	0.99	0.85	0.68	0.77
No Mental Illness	0.70	0.67	1.21	1.03	0.83	0.92
MAJOR DEPRESSIVE EPISODE⁵	0.36	0.33	0.55	0.52	0.45	0.44
MENTAL HEALTH SERVICE USE⁶						
Inpatient	0.17	0.19	0.13	0.23	0.27	0.28
Outpatient	0.29	0.29	0.44	0.45	0.38	0.38
Prescription Medication	0.35	0.36	0.53	0.51	0.45	0.49

*Low precision; no estimate reported.

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³ Suicide estimates are based only on responses to suicide items in the Mental Health module. Respondents with unknown suicide information were excluded.

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Past Year Mental Health Measure	Total ¹ (2009)	Total ¹ (2010)	Full-Time Male College Students (2009)	Full-Time Male College Students (2010)	Other Males Aged 18-22 ² (2009)	Other Males Aged 18-22 ² (2010)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	0.0178		0.0631		0.0956	
Made Any Suicide Plans	0.5656		0.2383		0.8917	
Attempted Suicide	0.9607		0.4146		0.8186	
Got Medical Attention for Suicide Attempt	0.7751		0.1636		0.7567	
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.8830		0.3471		0.5460	
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	0.5457		0.7683		0.3057	
Serious Mental Illness	0.5826		0.2463		0.9776	
Moderate Mental Illness	0.7757		0.7974		0.8772	
Mild Mental Illness	0.8182		0.2874		0.2513	
No Mental Illness	0.5457		0.7683		0.3057	
MAJOR DEPRESSIVE EPISODE⁵	0.9213		0.7320		0.8984	
MENTAL HEALTH SERVICE USE⁶						
Inpatient	0.5527		0.1901		0.8944	
Outpatient	0.8407		0.6166		0.8917	
Prescription Medication	0.7618		0.9896		0.7055	

*Low precision; no estimate reported.

¹ Estimates in the Total column are for all males aged 18 to 22, including those with unknown enrollment status.

² Other Males include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Suicide estimates are based only on responses to suicide items in the Mental Health module. Respondents with unknown suicide information were excluded.

⁴ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2010 National Survey on Drug Use and Health: Mental Health Findings*.

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⁶ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.52C Suicide Behavior and Treatment, Level of Mental Illness, Major Depressive Episode, and Mental Health Service Use among Females Aged 18 to 22, by College Enrollment Status: Standard Errors of Numbers in Thousands, 2009 and 2010

Past Year Mental Health Measure	Total ¹ (2009)	Total ¹ (2010)	Full-Time Female College Students (2009)	Full-Time Female College Students (2010)	Other Females Aged 18-22 ² (2009)	Other Females Aged 18-22 ² (2010)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	43	50	27	31	34	37
Made Any Suicide Plans	27	26	14	17	24	20
Attempted Suicide	17	20	10	11	13	16
Got Medical Attention for Suicide Attempt	10	13	7	6	7	11
Stayed Overnight or Longer in a Hospital for Suicide Attempt	7	9	5	5	6	8
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	114	114	87	83	74	79
Serious Mental Illness	51	61	35	41	36	42
Moderate Mental Illness	45	46	30	31	35	36
Mild Mental Illness	79	74	62	53	51	54
No Mental Illness	163	171	122	125	103	110
MAJOR DEPRESSIVE EPISODE⁵	54	60	37	42	36	40
MENTAL HEALTH SERVICE USE⁶						
Inpatient	15	17	7	7	13	15
Outpatient	50	47	39	34	30	30
Prescription Medication	53	51	36	34	40	39

*Low precision; no estimate reported.

¹ Estimates in the Total column are for all females aged 18 to 22, including those with unknown enrollment status.

² Other Females include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Suicide estimates are based only on responses to suicide items in the Mental Health module. Respondents with unknown suicide information were excluded.

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Past Year Mental Health Measure	Total ¹ (2009)	Total ¹ (2010)	Full-Time Female College Students (2009)	Full-Time Female College Students (2010)	Other Females Aged 18-22 ² (2009)	Other Females Aged 18-22 ² (2010)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	0.38	0.44	0.55	0.61	0.55	0.59
Made Any Suicide Plans	0.25	0.24	0.29	0.35	0.39	0.34
Attempted Suicide	0.15	0.18	0.22	0.24	0.22	0.26
Got Medical Attention for Suicide Attempt	0.09	0.12	0.14	0.14	0.12	0.18
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.07	0.09	0.09	0.10	0.10	0.14
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	0.78	0.79	1.13	1.16	1.00	1.05
Serious Mental Illness	0.45	0.51	0.67	0.74	0.57	0.66
Moderate Mental Illness	0.40	0.42	0.58	0.63	0.56	0.57
Mild Mental Illness	0.60	0.61	0.95	0.93	0.79	0.80
No Mental Illness	0.78	0.79	1.13	1.16	1.00	1.05
MAJOR DEPRESSIVE EPISODE⁵	0.46	0.52	0.69	0.79	0.59	0.65
MENTAL HEALTH SERVICE USE⁶						
Inpatient	0.14	0.16	0.15	0.15	0.22	0.25
Outpatient	0.42	0.40	0.69	0.64	0.50	0.47
Prescription Medication	0.45	0.45	0.66	0.68	0.64	0.62

*Low precision; no estimate reported.

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SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	0.2413		0.2386		0.5623	
Made Any Suicide Plans	0.8783		0.5182		0.4976	
Attempted Suicide	0.4312		0.8666		0.4109	
Got Medical Attention for Suicide Attempt	0.4863		0.7734		0.3154	
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.6809		0.8466		0.5560	
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	0.1498		0.1936		0.3878	
Serious Mental Illness	0.0142		0.0619		0.0751	
Moderate Mental Illness	0.5050		0.7997		0.5101	
Mild Mental Illness	0.7631		0.7848		0.8507	
No Mental Illness	0.1498		0.1936		0.3878	
MAJOR DEPRESSIVE EPISODE⁵	0.0526		0.0424		0.3774	
MENTAL HEALTH SERVICE USE⁶						
Inpatient	0.8470		0.6815		0.9520	
Outpatient	0.6903		0.4168		0.7158	
Prescription Medication	0.2616		0.2724		0.5871	

*Low precision; no estimate reported.

¹ Estimates in the Total column are for all females aged 18 to 22, including those with unknown enrollment status.

² Other Females include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Suicide estimates are based only on responses to suicide items in the Mental Health module. Respondents with unknown suicide information were excluded.

⁴ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2010 National Survey on Drug Use and Health: Mental Health Findings*.

⁵ Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE were excluded.

⁶ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.