

Table 1.60C Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Standard Errors of Numbers in Thousands, 2009 and 2010

Demographic/Socioeconomic Characteristic	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2009)	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2010)	Saw or Talked to Medical Doctor or Other Professional Only (2009)	Saw or Talked to Medical Doctor or Other Professional Only (2010)	Used Prescription Medication Only (2009)	Used Prescription Medication Only (2010)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2009)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2010)
TOTAL	365	383	164	185	113	92	290	321
GENDER								
Male	208	230	89	133	78	45	170	185
Female	287	305	131	135	81	79	231	259
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	347	347	155	164	110	86	275	294
White	327	325	138	134	105	81	263	284
Black or African American	95	90	47	48	33	25	70	71
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	*	2	*	*	*
Hispanic or Latino	105	155	53	87	22	31	88	124
POVERTY LEVEL¹								
Less Than 100%	140	171	58	64	62	39	115	151
100-199%	134	187	56	89	48	53	111	155
200% or More	302	277	141	144	81	63	240	230
GOVERNMENT ASSISTANCE²								
Yes	155	211	60	95	52	60	136	177
No	325	320	151	154	100	68	256	265
HEALTH INSURANCE³								
Private	267	266	135	142	72	51	214	220
Medicaid/CHIP ⁴	134	185	56	80	55	27	112	163
Other ⁵	213	222	80	84	53	51	178	190
No Coverage	126	152	53	62	60	59	93	124

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year treatment data were excluded.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds.

² Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁴ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁵ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.60D Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Standard Errors of Percentages, 2009 and 2010

Demographic/Socioeconomic Characteristic	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2009)	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2010)	Saw or Talked to Medical Doctor or Other Professional Only (2009)	Saw or Talked to Medical Doctor or Other Professional Only (2010)	Used Prescription Medication Only (2009)	Used Prescription Medication Only (2010)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2009)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2010)
TOTAL	1.31	1.25	0.99	1.08	0.73	0.58	1.42	1.46
GENDER								
Male	2.36	2.41	1.56	2.13	1.42	0.81	2.54	2.52
Female	1.57	1.43	1.23	1.24	0.82	0.77	1.67	1.76
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	1.34	1.30	1.07	1.09	0.81	0.62	1.50	1.50
White	1.43	1.43	1.14	1.09	0.93	0.70	1.65	1.67
Black or African American	4.18	4.14	3.08	2.90	2.18	1.59	3.89	3.82
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	*	0.94	*	*	*
Hispanic or Latino	4.12	4.23	2.76	4.27	1.20	1.74	4.01	4.99
POVERTY LEVEL¹								
Less Than 100%	2.63	2.70	1.93	2.17	2.07	1.39	3.00	3.23
100-199%	2.57	2.55	1.65	2.24	1.41	1.44	2.62	3.04
200% or More	1.83	1.69	1.45	1.42	0.91	0.69	1.97	1.90
GOVERNMENT ASSISTANCE²								
Yes	2.24	2.16	1.55	2.03	1.36	1.40	2.54	2.75
No	1.58	1.54	1.21	1.23	0.86	0.59	1.70	1.71
HEALTH INSURANCE³								
Private	1.82	1.65	1.47	1.46	0.85	0.58	1.98	1.88
Medicaid/CHIP ⁴	2.61	2.58	2.27	3.09	2.27	1.14	3.39	3.71
Other ⁵	3.38	3.01	2.41	2.20	1.71	1.41	3.63	3.41
No Coverage	2.85	3.08	1.68	2.01	1.95	1.90	2.59	3.24

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 1.60P Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: P Values from Tests of Differences of Percentages, 2010 Versus 2009

Demographic/Socioeconomic Characteristic	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2009)	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2010)	Saw or Talked to Medical Doctor or Other Professional Only (2009)	Saw or Talked to Medical Doctor or Other Professional Only (2010)	Used Prescription Medication Only (2009)	Used Prescription Medication Only (2010)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2009)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2010)
TOTAL	0.0379		0.2222		0.9710		0.3249	
GENDER								
Male	0.8069		0.3108		0.5222		0.8235	
Female	0.0093		0.4612		0.5639		0.1384	
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	0.2383		0.3430		0.7580		0.5917	
White	0.1193		0.2118		0.8373		0.5248	
Black or African American	0.8373		0.9474		0.5092		0.6245	
American Indian or Alaska Native	*		*		*		*	
Native Hawaiian or Other Pacific Islander	*		*		*		*	
Asian	*		*		*		*	
Two or More Races	*		*		*		*	
Hispanic or Latino	0.0125		0.3634		0.2467		0.2317	
POVERTY LEVEL¹								
Less Than 100%	0.3880		0.9108		0.5520		0.2403	
100-199%	0.0058		0.5910		0.4378		0.0848	
200% or More	0.4904		0.2158		0.9885		0.7796	
GOVERNMENT ASSISTANCE²								
Yes	0.0872		0.6288		0.2611		0.5943	
No	0.1671		0.2279		0.4505		0.4594	
HEALTH INSURANCE³								
Private	0.0575		0.1580		0.8729		0.4573	
Medicaid/CHIP ⁴	0.9554		0.7092		0.2694		0.4114	
Other ⁵	0.3079		0.1959		0.5174		0.7602	
No Coverage	0.1221		0.7984		0.4345		0.3748	

*Low precision; no estimate reported.

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