

Table 2.12A Type of Treatment Received in the Past Year for Depression among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2009 and 2010

| Demographic/Socioeconomic Characteristic | Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2009) | Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2010) | Saw or Talked to Medical Doctor or Other Professional Only (2009) | Saw or Talked to Medical Doctor or Other Professional Only (2010) | Used Prescription Medication Only (2009) | Used Prescription Medication Only (2010) | Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2009) | Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2010) |
|---|--|--|---|---|--|--|---|---|
| TOTAL | 674 | 717 | 394 | 406 | 45 | 57 | 234 | 253 |
| GENDER | | | | | | | | |
| Male | 167 | 171 | 107 | 87 | 8 | 20 | 52 | 64 |
| Female | 507 | 546 | 287 | 319 | 38 | 37 | 182 | 189 |
| HISPANIC ORIGIN AND RACE | | | | | | | | |
| Not Hispanic or Latino | 556 | 573 | 324 | 309 | 30 | 45 | 200 | 218 |
| White | 440 | 482 | 237 | 241 | 26 | 44 | 178 | 197 |
| Black or African American | 72 | 54 | 55 | 45 | 4 | * | * | 10 |
| American Indian or Alaska Native | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * |
| Two or More Races | * | * | * | * | 1 | * | * | * |
| Hispanic or Latino | 118 | 145 | 70 | 97 | 15 | 12 | 33 | 35 |
| POVERTY LEVEL¹ | | | | | | | | |
| Less Than 100% | 110 | 114 | 66 | 63 | 9 ^a | 2 | 35 | 48 |
| 100-199% | 147 ^a | 206 | 83 | 109 | 18 | 29 | 45 | 68 |
| 200% or More | 417 | 398 | 244 | 234 | 18 | 26 | 153 | 136 |
| GOVERNMENT ASSISTANCE² | | | | | | | | |
| Yes | 143 | 186 | 79 | 103 | 11 | 12 | 54 | 71 |
| No | 532 | 531 | 315 | 304 | 35 | 45 | 180 | 182 |
| HEALTH INSURANCE³ | | | | | | | | |
| Private | 418 | 433 | 246 | 226 | 14 ^a | 41 | 156 | 165 |
| Medicaid/CHIP ⁴ | 200 | 251 | 116 | 135 | 18 | 14 | 67 ^a | 102 |
| Other ⁵ | * | * | * | * | * | * | * | * |
| No Coverage | 45 | 51 | 22 | * | * | 2 | 11 | 11 |

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year treatment data were excluded.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds.

² Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁴ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁵ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 2.12B Type of Treatment Received in the Past Year for Depression among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Percentages, 2009 and 2010

| Demographic/Socioeconomic Characteristic | Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2009) | Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2010) | Saw or Talked to Medical Doctor or Other Professional Only (2009) | Saw or Talked to Medical Doctor or Other Professional Only (2010) | Used Prescription Medication Only (2009) | Used Prescription Medication Only (2010) | Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2009) | Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2010) |
|---|--|--|---|---|--|--|---|---|
| TOTAL | 34.7 | 37.8 | 20.3 | 21.4 | 2.3 | 3.0 | 12.0 | 13.3 |
| GENDER | | | | | | | | |
| Male | 29.3 | 32.1 | 18.8 | 16.3 | 1.4 ^a | 3.7 | 9.1 | 12.0 |
| Female | 37.0 | 40.1 | 20.9 | 23.4 | 2.7 | 2.7 | 13.2 | 13.8 |
| HISPANIC ORIGIN AND RACE | | | | | | | | |
| Not Hispanic or Latino | 35.1 | 37.6 | 20.5 | 20.3 | 1.9 | 2.9 | 12.6 | 14.3 |
| White | 37.6 | 41.2 | 20.2 | 20.6 | 2.2 | 3.7 | 15.2 | 16.8 |
| Black or African American | 25.4 | 23.1 | 19.4 | 19.0 | 1.2 | * | * | 4.1 |
| American Indian or Alaska Native | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * |
| Two or More Races | * | * | * | * | 1.8 | * | * | * |
| Hispanic or Latino | 33.1 | 38.6 | 19.5 | 26.0 | 4.3 | 3.3 | 9.3 | 9.2 |
| POVERTY LEVEL¹ | | | | | | | | |
| Less Than 100% | 32.9 | 33.9 | 19.7 | 18.9 | 2.6 | 0.6 | 10.5 | 14.4 |
| 100-199% | 32.1 | 39.0 | 18.3 | 20.7 | 3.9 | 5.4 | 9.8 | 12.9 |
| 200% or More | 36.3 | 38.4 | 21.3 | 22.6 | 1.6 | 2.5 | 13.3 | 13.2 |
| GOVERNMENT ASSISTANCE² | | | | | | | | |
| Yes | 32.9 | 39.2 | 18.1 | 21.7 | 2.4 | 2.6 | 12.2 | 14.9 |
| No | 35.2 | 37.3 | 20.9 | 21.4 | 2.3 | 3.1 | 11.9 | 12.8 |
| HEALTH INSURANCE³ | | | | | | | | |
| Private | 35.1 | 38.5 | 20.7 | 20.1 | 1.2 ^a | 3.6 | 13.1 | 14.6 |
| Medicaid/CHIP ⁴ | 36.0 | 40.8 | 20.8 | 21.9 | 3.1 | 2.3 | 11.9 | 16.6 |
| Other ⁵ | * | * | * | * | * | * | * | * |
| No Coverage | 25.6 | 30.4 | 12.5 | * | * | 1.3 | 6.3 | 6.8 |

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year treatment data were excluded.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds.

² Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁴ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁵ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.