

Table 2.4A Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Numbers in Thousands, 2009 and 2010

Reason for Receipt of Mental Health Service ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{4,5}		MEDICAL ⁶		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{5,7}	
	Total		Outpatient ²		Inpatient or Residential ³						2009	2010
	2009	2010	2009	2010	2009	2010	2009	2010	2009	2010	2009	2010
RECEIVED MENTAL HEALTH SERVICES⁸	2,920	2,934	2,635	2,617	565	586	2,919	2,935	603	594	1,190	1,243
Thought about Killing Self or Tried to Kill Self	533	539	469	463	153	172	203	215	74	61	141	150
Felt Depressed	1,190	1,236	1,111	1,153	209	178	780	714	238	201	424	404
Felt Very Afraid and Tense	513	542	487	518	66	62	353	346	106	82	165	166
Had Eating Problems	205	235	179	203	39	56	91	102	56	72	50	70
Had Other Diagnosed Mental/Neurological Disorder ⁹	66	68	64	59	3	12	11	12	21	27	4	7
Broke Rules and "Acted Out"	673	644	622	599	103	100	535 ^b	422	69	84	190	145
Had Trouble Controlling Anger	447	470	425	441	42	43	263	236	53	37	114	109
Got into Physical Fights	156 ^a	107	131	94	29	16	135 ^a	89	11	9	44	21
Had Problems with Home/Family	716	787	688	749	44	64	382	419	59	55	147	196
Had Problems with Friends	339	301	329	286	16	18	451	389	37	17	113	107
Had Problems with People Other Than Family/Friends	229	216	223	207	14	13	226	191	20	19	55	62
Had Problems at School	492	463	461	420	42	56	453	456	67	64	139	131
Some Other Reason ¹⁰	286 ^a	216	266 ^a	201	25	21	184	202	52	63	36	54

*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

^a Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

¹ Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

² Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

³ Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

⁴ The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

⁵ Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

⁶ Includes treatment/counseling from a pediatrician or other family doctor.

⁷ The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

⁸ The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

⁹ Respondent reported in the other-specify question that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

¹⁰ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

Table 2.4B Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Percentages, 2009 and 2010

Reason for Receipt of Mental Health Service ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{4,5}		MEDICAL ⁶		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{5,7}	
	Total		Outpatient ²		Inpatient or Residential ³						2009	2010
	2009	2010	2009	2010	2009	2010	2009	2010	2009	2010	2009	2010
RECEIVED MENTAL HEALTH SERVICES⁸	12.0	12.2	10.8	10.9	2.3	2.4	12.1	12.3	2.5	2.5	4.9	5.2
Thought about Killing Self or Tried to Kill Self	20.7	20.8	19.3	19.2	37.5	40.5	9.4	10.5	15.0	11.8	13.4	13.8
Felt Depressed	46.0	47.6	45.6	47.6	51.4	42.4	36.2	34.9	48.0 ^a	39.2	40.8	37.8
Felt Very Afraid and Tense	19.9	21.0	20.0	21.5	16.3	14.8	16.4	16.9	21.3	15.9	15.7	15.3
Had Eating Problems	8.0	9.2	7.4	8.5	9.7	13.5	4.3	5.0	11.3	14.0	4.7	6.3
Had Other Diagnosed Mental/Neurological Disorder ⁹	2.6	2.7	2.6	2.5	0.6	3.0	0.5	0.6	4.3	5.3	0.4	0.6
Broke Rules and "Acted Out"	26.1	25.0	25.6	24.9	25.2	24.3	24.9 ^a	20.6	14.0	16.3	18.1 ^a	13.4
Had Trouble Controlling Anger	17.3	18.3	17.4	18.3	10.3	10.5	12.2	11.5	10.7	7.2	10.9	10.0
Got into Physical Fights	6.1 ^a	4.2	5.4	3.9	7.1	4.0	6.3 ^a	4.4	2.2	1.7	4.2	1.9
Had Problems with Home/Family	27.8	30.5	28.3	31.1	11.0	15.5	17.8	20.5	11.9	10.7	14.2	18.0
Had Problems with Friends	13.2	11.8	13.6	11.9	4.1	4.4	21.0	19.0	7.5 ^a	3.3	10.8	9.8
Had Problems with People Other Than Family/Friends	8.9	8.4	9.2	8.6	3.4	3.2	10.5	9.3	4.0	3.7	5.2	5.7
Had Problems at School	19.1	17.9	19.0	17.4	10.5	13.4	21.1	22.3	13.6	12.4	13.3	12.0
Some Other Reason ¹⁰	11.2 ^a	8.5	11.0 ^a	8.4	6.3	5.1	8.6	9.9	10.5	12.3	3.4	5.0

*Low precision; no estimate reported.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.