

**Table 2.4C Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Standard Errors of Numbers in Thousands, 2009 and 2010**

Reason for Receipt of Mental Health Service <sup>1</sup>	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION <sup>4,5</sup>		MEDICAL <sup>6</sup>		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL <sup>5,7</sup>	
	Total		Outpatient <sup>2</sup>		Inpatient or Residential <sup>3</sup>						2009	2010
	2009	2010	2009	2010	2009	2010	2009	2010	2009	2010	2009	2010
<b>RECEIVED MENTAL HEALTH SERVICES<sup>8</sup></b>	73	73	69	68	32	32	73	69	34	32	47	47
Thought about Killing Self or Tried to Kill Self	32	33	29	30	16	17	19	21	10	9	17	17
Felt Depressed	47	50	45	48	22	17	38	37	22	18	29	27
Felt Very Afraid and Tense	31	31	30	30	11	9	27	25	14	12	19	16
Had Eating Problems	19	20	17	19	8	10	12	14	9	12	8	11
Had Other Diagnosed Mental/ Neurological Disorder <sup>9</sup>	11	11	11	9	2	6	4	5	6	8	2	3
Broke Rules and "Acted Out"	36	34	34	33	13	13	34	27	10	12	19	15
Had Trouble Controlling Anger	30	29	30	28	7	8	23	20	10	7	17	14
Got into Physical Fights	18	13	17	12	6	4	18	11	4	3	12	5
Had Problems with Home/Family	37	41	37	39	8	10	26	29	12	10	16	21
Had Problems with Friends	27	24	27	23	5	6	30	26	9	5	15	14
Had Problems with People Other Than Family/Friends	22	20	22	20	6	5	21	19	6	6	11	11
Had Problems at School	30	29	30	28	10	10	28	29	11	14	16	15
Some Other Reason <sup>10</sup>	23	18	22	18	6	6	18	21	9	11	7	9

\*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

<sup>1</sup> Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

<sup>2</sup> Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

<sup>3</sup> Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

<sup>4</sup> The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

<sup>5</sup> Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

<sup>6</sup> Includes treatment/counseling from a pediatrician or other family doctor.

<sup>7</sup> The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

<sup>8</sup> The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

<sup>9</sup> Respondent reported in the other-specify question that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

<sup>10</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

**Table 2.4D Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Standard Errors of Percentages, 2009 and 2010**

Reason for Receipt of Mental Health Service <sup>1</sup>	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION <sup>4,5</sup>		MEDICAL <sup>6</sup>		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL <sup>5,7</sup>	
	Total		Outpatient <sup>2</sup>		Inpatient or Residential <sup>3</sup>						2009	2010
	2009	2010	2009	2010	2009	2010	2009	2010	2009	2010	2009	2010
<b>RECEIVED MENTAL HEALTH SERVICES<sup>8</sup></b>	0.30	0.30	0.29	0.28	0.13	0.13	0.30	0.29	0.14	0.13	0.19	0.19
Thought about Killing Self or Tried to Kill Self	1.10	1.12	1.07	1.10	3.22	3.15	0.85	0.98	1.95	1.68	1.43	1.44
Felt Depressed	1.31	1.39	1.35	1.42	3.44	3.38	1.43	1.45	3.02	2.76	2.12	1.94
Felt Very Afraid and Tense	1.08	1.08	1.12	1.12	2.38	2.23	1.13	1.11	2.54	2.12	1.58	1.42
Had Eating Problems	0.69	0.74	0.67	0.78	1.94	2.23	0.55	0.64	1.79	2.15	0.79	0.96
Had Other Diagnosed Mental/Neurological Disorder <sup>9</sup>	0.44	0.41	0.46	0.38	0.44	1.49	0.18	0.26	1.21	1.42	0.16	0.32
Broke Rules and "Acted Out"	1.19	1.15	1.20	1.19	2.86	2.89	1.35	1.16	1.97	2.18	1.66	1.27
Had Trouble Controlling Anger	1.05	1.02	1.09	1.06	1.78	1.91	1.00	0.95	1.92	1.41	1.47	1.21
Got into Physical Fights	0.66	0.51	0.67	0.51	1.44	1.04	0.79	0.53	0.74	0.67	1.10	0.50
Had Problems with Home/Family	1.16	1.25	1.19	1.29	1.93	2.19	1.07	1.25	2.15	1.85	1.38	1.70
Had Problems with Friends	0.96	0.89	1.00	0.93	1.20	1.32	1.22	1.16	1.75	1.06	1.31	1.25
Had Problems with People Other Than Family/Friends	0.80	0.75	0.84	0.79	1.50	1.18	0.90	0.90	1.10	1.10	0.98	0.96
Had Problems at School	1.03	1.04	1.09	1.06	2.24	2.36	1.15	1.25	2.18	2.36	1.42	1.31
Some Other Reason <sup>10</sup>	0.80	0.70	0.84	0.73	1.46	1.37	0.82	0.94	1.71	1.92	0.65	0.85

\*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

<sup>1</sup> Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

<sup>2</sup> Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

<sup>3</sup> Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

<sup>4</sup> The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

<sup>5</sup> Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

<sup>6</sup> Includes treatment/counseling from a pediatrician or other family doctor.

<sup>7</sup> The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

<sup>8</sup> The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

<sup>9</sup> Respondent reported in the other-specify question that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

<sup>10</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

**Table 2.4P Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: P Values from Tests of Differences of Percentages, 2010 Versus 2009**

Reason for Receipt of Mental Health Service <sup>1</sup>	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION <sup>4,5</sup>		MEDICAL <sup>6</sup>		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL <sup>5,7</sup>	
	Total		Outpatient <sup>2</sup>		Inpatient or Residential <sup>3</sup>		2009	2010	2009	2010	2009	2010
	2009	2010	2009	2010	2009	2010	2009	2010	2009	2010	2009	2010
<b>RECEIVED MENTAL HEALTH SERVICES<sup>8</sup></b>	0.6573		0.9238		0.5296		0.6091		0.9706		0.3214	
Thought about Killing Self or Tried to Kill Self	0.9380		0.9651		0.5251		0.4034		0.2047		0.8536	
Felt Depressed	0.4170		0.3393		0.0599		0.5210		0.0279		0.3025	
Felt Very Afraid and Tense	0.4918		0.3808		0.6591		0.7538		0.0989		0.8324	
Had Eating Problems	0.2620		0.3079		0.2007		0.3879		0.3389		0.2056	
Had Other Diagnosed Mental/ Neurological Disorder <sup>9</sup>	0.9366		0.7790		0.1337		0.8263		0.5934		0.4537	
Broke Rules and "Acted Out"	0.4945		0.6701		0.8125		0.0137		0.4261		0.0207	
Had Trouble Controlling Anger	0.5159		0.5560		0.9402		0.6282		0.1417		0.6259	
Got into Physical Fights	0.0248		0.0801		0.0800		0.0476		0.6384		0.0558	
Had Problems with Home/Family	0.1043		0.1077		0.1077		0.0991		0.6705		0.0876	
Had Problems with Friends	0.2474		0.2143		0.8466		0.2422		0.0422		0.5906	
Had Problems with People Other Than Family/Friends	0.6516		0.6249		0.9183		0.3336		0.8543		0.7538	
Had Problems at School	0.4335		0.3133		0.3780		0.4563		0.7194		0.5212	
Some Other Reason <sup>10</sup>	0.0112		0.0207		0.5739		0.2804		0.4735		0.1416	

\*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

<sup>1</sup> Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

<sup>2</sup> Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

<sup>3</sup> Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

<sup>4</sup> The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

<sup>5</sup> Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

<sup>6</sup> Includes treatment/counseling from a pediatrician or other family doctor.

<sup>7</sup> The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

<sup>8</sup> The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

<sup>9</sup> Respondent reported in the other-specify question that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

<sup>10</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.