

Table 1.29A Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Numbers in Thousands, 2011 and 2012

| Type of Mental Health Treatment/Counseling ¹ | Total (2011) | Total (2012) | Any Mental Illness (2011) | Any Mental Illness (2012) | Serious Mental Illness (2011) | Serious Mental Illness (2012) | Moderate Mental Illness (2011) | Moderate Mental Illness (2012) | Mild Mental Illness (2011) | Mild Mental Illness (2012) | No Mental Illness (2011) | No Mental Illness (2012) |
|---|---------------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|----------------------------|----------------------------|--------------------------|--------------------------|
| DID NOT RECEIVE TREATMENT | 200,369 | 200,423 | 24,453 | 25,721 | 3,155 | 3,542 | 5,591 ^a | 6,441 | 15,707 | 15,738 | 175,916 | 174,702 |
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | | | | | |
| Inpatient | 322 | 474 | 205 | 199 | 70 | 46 | 72 | 38 | 62 | 115 | 117 ^a | 275 |
| Outpatient | 4,362 | 4,474 | 1,818 | 2,155 | 494 | 419 | 508 ^a | 801 | 817 | 935 | 2,544 | 2,319 |
| Prescription Medication | 15,363 ^b | 17,707 | 6,414 ^b | 7,625 | 1,664 ^a | 2,133 | 1,902 | 2,257 | 2,848 | 3,234 | 8,948 ^a | 10,082 |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient and Outpatient | 136 | 100 | 92 | 72 | 30 | 12 | 35 | 32 | 28 | 28 | 44 | 28 |
| Inpatient and Prescription Medication | 322 | 319 | 218 | 192 | 124 | 86 | 47 | 30 | 47 | 76 | 104 | 127 |
| Outpatient and Prescription Medication | 9,985 | 9,993 | 7,154 | 6,710 | 2,859 | 2,847 | 1,976 | 2,080 | 2,319 ^a | 1,783 | 2,830 | 3,283 |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 970 | 890 | 815 | 793 | 572 | 428 | 142 | 172 | 101 | 193 | 155 | 97 |

*Low precision; no estimate reported.

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.29B Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Percentages, 2011 and 2012

| Type of Mental Health Treatment/Counseling ¹ | Total (2011) | Total (2012) | Any Mental Illness (2011) | Any Mental Illness (2012) | Serious Mental Illness (2011) | Serious Mental Illness (2012) | Moderate Mental Illness (2011) | Moderate Mental Illness (2012) | Mild Mental Illness (2011) | Mild Mental Illness (2012) | No Mental Illness (2011) | No Mental Illness (2012) |
|---|-------------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|----------------------------|----------------------------|--------------------------|--------------------------|
| DID NOT RECEIVE TREATMENT | 86.4 ^a | 85.5 | 59.2 | 59.0 | 35.1 | 37.1 | 54.2 | 54.1 | 71.4 | 71.0 | 92.2 ^a | 91.5 |
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | | | | | |
| Inpatient | 0.1 | 0.2 | 0.5 | 0.5 | 0.8 | 0.5 | 0.7 | 0.3 | 0.3 | 0.5 | 0.1 ^a | 0.1 |
| Outpatient | 1.9 | 1.9 | 4.4 | 5.0 | 5.5 | 4.4 | 4.9 | 6.8 | 3.7 | 4.2 | 1.3 | 1.2 |
| Prescription Medication | 6.6 ^b | 7.6 | 15.6 ^a | 17.5 | 18.6 | 22.4 | 18.5 | 19.0 | 13.0 | 14.6 | 4.7 ^a | 5.3 |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient and Outpatient | 0.1 | 0.0 | 0.2 | 0.2 | 0.3 | 0.1 | 0.3 | 0.3 | 0.1 | 0.1 | 0.0 | 0.0 |
| Inpatient and Prescription Medication | 0.1 | 0.1 | 0.5 | 0.4 | 1.4 | 0.9 | 0.5 | 0.3 | 0.2 | 0.3 | 0.1 | 0.1 |
| Outpatient and Prescription Medication | 4.3 | 4.3 | 17.4 ^a | 15.4 | 31.9 | 29.9 | 19.2 | 17.5 | 10.6 ^b | 8.1 | 1.5 | 1.7 |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 0.4 | 0.4 | 2.0 | 1.8 | 6.4 | 4.5 | 1.4 | 1.5 | 0.5 | 0.9 | 0.1 | 0.1 |

*Low precision; no estimate reported.

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

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¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.30A Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Numbers in Thousands, 2011 and 2012

| Type of Mental Health Treatment/Counseling ¹ | Total (2011) | Total (2012) | Any Mental Illness (2011) | Any Mental Illness (2012) | Serious Mental Illness (2011) | Serious Mental Illness (2012) | Moderate Mental Illness (2011) | Moderate Mental Illness (2012) | Mild Mental Illness (2011) | Mild Mental Illness (2012) | No Mental Illness (2011) | No Mental Illness (2012) |
|---|---------------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|----------------------------|----------------------------|--------------------------|--------------------------|
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | | | | | |
| Inpatient | 322 | 474 | 205 | 199 | 70 | 46 | 72 | 38 | 62 | 115 | 117 ^a | 275 |
| Outpatient | 4,362 | 4,474 | 1,818 | 2,155 | 494 | 419 | 508 ^a | 801 | 817 | 935 | 2,544 | 2,319 |
| Prescription Medication | 15,363 ^b | 17,707 | 6,414 ^b | 7,625 | 1,664 ^a | 2,133 | 1,902 | 2,257 | 2,848 | 3,234 | 8,948 ^a | 10,082 |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient and Outpatient | 136 | 100 | 92 | 72 | 30 | 12 | 35 | 32 | 28 | 28 | 44 | 28 |
| Inpatient and Prescription Medication | 322 | 319 | 218 | 192 | 124 | 86 | 47 | 30 | 47 | 76 | 104 | 127 |
| Outpatient and Prescription Medication | 9,985 | 9,993 | 7,154 | 6,710 | 2,859 | 2,847 | 1,976 | 2,080 | 2,319 ^a | 1,783 | 2,830 | 3,283 |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 970 | 890 | 815 | 793 | 572 | 428 | 142 | 172 | 101 | 193 | 155 | 97 |

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NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.30B Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Percentages, 2011 and 2012

| Type of Mental Health Treatment/Counseling ¹ | Total (2011) | Total (2012) | Any Mental Illness (2011) | Any Mental Illness (2012) | Serious Mental Illness (2011) | Serious Mental Illness (2012) | Moderate Mental Illness (2011) | Moderate Mental Illness (2012) | Mild Mental Illness (2011) | Mild Mental Illness (2012) | No Mental Illness (2011) | No Mental Illness (2012) |
|---|-------------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|----------------------------|----------------------------|--------------------------|--------------------------|
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | | | | | |
| Inpatient | 1.0 | 1.4 | 1.2 | 1.1 | 1.2 | 0.8 | 1.5 | 0.7 | 1.0 | 1.8 | 0.8 ^a | 1.7 |
| Outpatient | 13.9 | 13.2 | 10.9 | 12.1 | 8.5 | 7.0 | 10.8 | 14.8 | 13.1 | 14.7 | 17.3 | 14.3 |
| Prescription Medication | 48.8 ^a | 52.1 | 38.4 ^a | 43.0 | 28.6 ^a | 35.7 | 40.6 | 41.7 | 45.8 | 50.8 | 60.7 | 62.2 |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient and Outpatient | 0.4 | 0.3 | 0.6 | 0.4 | 0.5 | 0.2 | 0.7 | 0.6 | 0.4 | 0.4 | 0.3 | 0.2 |
| Inpatient and Prescription Medication | 1.0 | 0.9 | 1.3 | 1.1 | 2.1 | 1.4 | 1.0 | 0.6 | 0.8 | 1.2 | 0.7 | 0.8 |
| Outpatient and Prescription Medication | 31.7 | 29.4 | 42.8 ^b | 37.8 | 49.2 | 47.7 | 42.2 | 38.4 | 37.3 ^b | 28.0 | 19.2 | 20.3 |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 3.1 | 2.6 | 4.9 | 4.5 | 9.8 | 7.2 | 3.0 | 3.2 | 1.6 | 3.0 | 1.1 | 0.6 |

*Low precision; no estimate reported.

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

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