

Table 1.31A Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Outpatient Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Numbers in Thousands, 2011 and 2012

Location of Treatment/Counseling ¹			Any	Any	Serious	Serious	Moderate	Moderate	Mild	Mild	No	No
	Total	Total	Mental	Mental	Mental	Mental	Mental	Mental	Mental	Mental	Mental	Mental
	(2011)	(2012)	(2011)	(2012)	(2011)	(2012)	(2011)	(2012)	(2011)	(2012)	(2011)	(2012)
Outpatient Mental Health Clinic or Center	3,645	3,634	2,717	2,580	1,241	1,244	759	709	717	627	928	1,055
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	8,559	8,514	5,324	5,157	2,090	1,939	1,299	1,646	1,934	1,573	3,236	3,357
Doctor's Office - Not Part of a Clinic	3,014	3,104	2,072	2,119	898	755	619	727	555	637	942	984
Outpatient Medical Clinic	1,161	1,012	741	716	322	343	194	169	226	204	420	297
Partial Day Hospital or Day Treatment Program	284	343	227	292	146	192	36	65	44	36	58	51
School or University Setting/Clinic/Center ²	84	106	54	79	16	17	16 ^a	47	23	15	30	27
Some Other Place ³	373	256	270	166	162	85	45	50	63	31	103	89

*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.31B Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Outpatient Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Percentages, 2011 and 2012

Location of Treatment/Counseling ¹	Total		Any Mental Illness		Serious Mental Illness		Moderate Mental Illness		Mild Mental Illness		No Mental Illness	
	(2011)	(2012)	(2011)	(2012)	(2011)	(2012)	(2011)	(2012)	(2011)	(2012)	(2011)	(2012)
Outpatient Mental Health Clinic or Center	23.7	23.5	27.6	26.6	31.6	33.6	28.4	23.0	22.0	21.4	16.8	18.4
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	55.7	55.1	54.0	53.1	53.3	52.4	48.6	53.5	59.4	53.6	58.7	58.6
Doctor's Office - Not Part of a Clinic	19.6	20.1	21.0	21.8	22.9	20.4	23.2	23.6	17.0	21.7	17.1	17.2
Outpatient Medical Clinic	7.6	6.6	7.5	7.4	8.2	9.3	7.2	5.5	6.9	6.9	7.6	5.2
Partial Day Hospital or Day Treatment Program	1.9	2.2	2.3	3.0	3.7	5.2	1.4	2.1	1.4	1.2	1.0	0.9
School or University Setting/Clinic/Center ²	0.6	0.7	0.6	0.8	0.4	0.5	0.6	1.5	0.7	0.5	0.5	0.5
Some Other Place ³	2.4	1.7	2.8	1.7	4.1	2.3	1.7	1.6	2.0	1.1	1.9	1.6

*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

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² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.