

Table 1.32A Type and Location of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Numbers in Thousands, 2011 and 2012

Type and Location of Mental Health Treatment/Counseling	Total (2011)	Total (2012)	Any Mental Illness (2011)	Any Mental Illness (2012)	Serious Mental Illness (2011)	Serious Mental Illness (2012)	Moderate Mental Illness (2011)	Moderate Mental Illness (2012)	Mild Mental Illness (2011)	Mild Mental Illness (2012)	No Mental Illness (2011)	No Mental Illness (2012)
ANY MENTAL HEALTH SERVICES¹	31,642 ^b	34,122	16,847	17,874	5,838	6,004	4,726 ^a	5,455	6,283	6,416	14,795 ^a	16,248
Outpatient	15,477	15,468	9,902	9,732	3,962	3,706	2,672	3,085	3,268	2,941	5,576	5,736
Outpatient Mental Health Clinic or Center	3,645	3,634	2,717	2,580	1,241	1,244	759	709	717	627	928	1,055
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	8,559	8,514	5,324	5,157	2,090	1,939	1,299	1,646	1,934	1,573	3,236	3,357
Doctor's Office - Not Part of a Clinic	3,014	3,104	2,072	2,119	898	755	619	727	555	637	942	984
Outpatient Medical Clinic	1,161	1,012	741	716	322	343	194	169	226	204	420	297
Partial Day Hospital or Day Treatment Program	284	343	227	292	146	192	36	65	44	36	58	51
School or University Setting/Clinic/Center ²	84	106	54	79	16	17	16 ^a	47	23	15	30	27
Some Other Place ³	373	256	270	166	162	85	45	50	63	31	103	89
Inpatient	1,779	1,872	1,346	1,326	796	590	296	297	254	439	433	546
Prescription Medication	26,777 ^b	29,027	14,700	15,422	5,242	5,527	4,100	4,559	5,359	5,336	12,077 ^a	13,605
DID NOT RECEIVE MENTAL HEALTH SERVICES	200,369	200,423	24,453	25,721	3,155	3,542	5,591 ^a	6,441	15,707	15,738	175,916	174,702

*Low precision; no estimate reported.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple service sources; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.32B Type and Location of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Percentages, 2011 and 2012

Type and Location of Mental Health Treatment/Counseling	Total (2011)	Total (2012)	Any Mental Illness (2011)	Any Mental Illness (2012)	Serious Mental Illness (2011)	Serious Mental Illness (2012)	Moderate Mental Illness (2011)	Moderate Mental Illness (2012)	Mild Mental Illness (2011)	Mild Mental Illness (2012)	No Mental Illness (2011)	No Mental Illness (2012)
ANY MENTAL HEALTH SERVICES¹	13.6 ^a	14.5	40.8	41.0	64.9	62.9	45.8	45.9	28.6	29.0	7.8 ^a	8.5
Outpatient	6.7	6.6	24.0	22.4	44.1 ^a	39.0	26.0	26.0	14.9	13.3	2.9	3.0
Outpatient Mental Health Clinic or Center	1.6	1.6	6.6	5.9	13.9	13.1	7.4	6.0	3.3	2.8	0.5	0.6
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	3.7	3.6	12.9	11.9	23.4	20.4	12.6	13.9	8.8	7.1	1.7	1.8
Doctor's Office - Not Part of a Clinic	1.3	1.3	5.0	4.9	10.0	7.9	6.0	6.1	2.5	2.9	0.5	0.5
Outpatient Medical Clinic	0.5	0.4	1.8	1.6	3.6	3.6	1.9	1.4	1.0	0.9	0.2	0.2
Partial Day Hospital or Day Treatment Program	0.1	0.1	0.6	0.7	1.6	2.0	0.4	0.5	0.2	0.2	0.0	0.0
School or University Setting/Clinic/Center ²	0.0	0.0	0.1	0.2	0.2	0.2	0.2	0.4	0.1	0.1	0.0	0.0
Some Other Place ³	0.2	0.1	0.7	0.4	1.8	0.9	0.4	0.4	0.3	0.1	0.1	0.0
Inpatient	0.8	0.8	3.3	3.0	8.8 ^a	6.2	2.9	2.5	1.2	2.0	0.2	0.3
Prescription Medication	11.5 ^a	12.4	35.6	35.3	58.2	57.8	39.7	38.3	24.3	24.0	6.3 ^a	7.1
DID NOT RECEIVE MENTAL HEALTH SERVICES	86.4 ^a	85.5	59.2	59.0	35.1	37.1	54.2	54.1	71.4	71.0	92.2 ^a	91.5

*Low precision; no estimate reported.

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NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

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² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.