

**Table 1.34A Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2011 and 2012**

Type of Mental Health Treatment/Counseling <sup>1</sup>	Total (2011)	Total (2012)	Aged 18-25 (2011)	Aged 18-25 (2012)	Aged 26-49 (2011)	Aged 26-49 (2012)	Aged 50+ (2011)	Aged 50+ (2012)
<b>RECEIVED ONLY ONE TREATMENT TYPE</b>								
Inpatient	322	474	62 <sup>a</sup>	110	154	120	106	243
Outpatient	4,362	4,474	783	847	2,325	1,974	1,254	1,653
Prescription Medication	15,363 <sup>b</sup>	17,707	1,622	1,683	6,563	7,139	7,177 <sup>b</sup>	8,885
<b>RECEIVED TWO TREATMENT TYPES</b>								
Inpatient and Outpatient	136	100	33	43	58	35	45	22
Inpatient and Prescription Medication	322	319	59	64	120	86	143	169
Outpatient and Prescription Medication	9,985	9,993	1,108	1,175	4,818	4,995	4,059	3,824
<b>RECEIVED ALL THREE TREATMENT TYPES</b>								
Inpatient, Outpatient, and Prescription Medication	970	890	195	170	434	400	342	320

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

**Table 1.34B Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Percentages, 2011 and 2012**

Type of Mental Health Treatment/Counseling <sup>1</sup>	Total (2011)	Total (2012)	Aged 18-25 (2011)	Aged 18-25 (2012)	Aged 26-49 (2011)	Aged 26-49 (2012)	Aged 50+ (2011)	Aged 50+ (2012)
<b>RECEIVED ONLY ONE TREATMENT TYPE</b>								
Inpatient	1.0	1.4	1.6	2.7	1.1	0.8	0.8	1.6
Outpatient	13.9	13.2	20.3	20.7	16.1	13.4	9.6	10.9
Prescription Medication	48.8 <sup>a</sup>	52.1	42.0	41.1	45.4	48.4	54.7	58.8
<b>RECEIVED TWO TREATMENT TYPES</b>								
Inpatient and Outpatient	0.4	0.3	0.9	1.0	0.4	0.2	0.3	0.1
Inpatient and Prescription Medication	1.0	0.9	1.5	1.6	0.8	0.6	1.1	1.1
Outpatient and Prescription Medication	31.7	29.4	28.7	28.7	33.3	33.9	30.9 <sup>a</sup>	25.3
<b>RECEIVED ALL THREE TREATMENT TYPES</b>								
Inpatient, Outpatient, and Prescription Medication	3.1	2.6	5.0	4.2	3.0	2.7	2.6	2.1

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.