

Table 1.43A Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment/Counseling in the Past Year, by Receipt of Past Year Mental Health Treatment/Counseling: Numbers in Thousands, 2011 and 2012

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2011	2012	2011	2012	2011	2012
TOTAL POPULATION	10,768	11,490	5,865	6,067	4,879	5,403
Could Not Afford Cost	5,169	5,313	2,722	2,872	2,435	2,426
Might Cause Neighbors/Community to Have Negative Opinion	836	964	446	455	389	505
Might Have Negative Effect on Job	675	887	336	442	339	430
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	705	681	368	388	327	293
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	1,228	1,117	822	696	406	422
Did Not Know Where to Go for Services	1,608 ^b	2,119	819	908	789 ^b	1,211
Concerned about Confidentiality	629 ^b	940	343	415	286 ^b	511
Concerned about Being Committed/Having to Take Medicine	874	1,056	532	552	341 ^a	504
Did Not Feel Need for Treatment	812	937	397	393	415	544
Could Handle the Problem Without Treatment	2,638	2,545	1,231	1,042	1,398	1,498
Treatment Would Not Help	1,011	836	504	447	507	389
Did Not Have Time	1,586	1,468	853	708	733	760
Did Not Want Others to Find Out	617	757	267	317	346	435
No Transportation/Inconvenient	375	360	271	228	104	132
Some Other Reason ⁴	1,036 ^a	677	634	420	403	257

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.43B Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment/Counseling in the Past Year, by Receipt of Past Year Mental Health Treatment/Counseling: Percentages, 2011 and 2012

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2011	2012	2011	2012	2011	2012
TOTAL POPULATION	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	48.6	47.2	47.3	48.6	50.1	45.7
Might Cause Neighbors/Community to Have Negative Opinion	7.9	8.6	7.7	7.7	8.0	9.5
Might Have Negative Effect on Job	6.3	7.9	5.8	7.5	7.0	8.1
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	6.6	6.1	6.4	6.6	6.7	5.5
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	11.5	9.9	14.3	11.8	8.3	7.9
Did Not Know Where to Go for Services	15.1 ^a	18.8	14.2	15.4	16.2 ^b	22.8
Concerned about Confidentiality	5.9 ^a	8.4	6.0	7.0	5.9 ^a	9.6
Concerned about Being Committed/Having to Take Medicine	8.2	9.4	9.2	9.3	7.0	9.5
Did Not Feel Need for Treatment	7.6	8.3	6.9	6.6	8.5	10.2
Could Handle the Problem Without Treatment	24.8	22.6	21.4	17.6	28.8	28.2
Treatment Would Not Help	9.5	7.4	8.8	7.6	10.4	7.3
Did Not Have Time	14.9	13.1	14.8	12.0	15.1	14.3
Did Not Want Others to Find Out	5.8	6.7	4.6	5.4	7.1	8.2
No Transportation/Inconvenient	3.5	3.2	4.7	3.9	2.1	2.5
Some Other Reason ⁴	9.7 ^b	6.0	11.0	7.1	8.3 ^a	4.8

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.44A Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and an Unmet Need for Mental Health Treatment/Counseling in the Past Year, by Receipt of Past Year Mental Health Treatment/Counseling: Numbers in Thousands, 2011 and 2012

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2011	2012	2011	2012	2011	2012
TOTAL POPULATION	8,541	9,092	4,932	5,249	3,585	3,823
Could Not Afford Cost	4,242	4,526	2,298	2,605	1,932	1,907
Might Cause Neighbors/Community to Have Negative Opinion	748	796	410	389	337	402
Might Have Negative Effect on Job	578	764	320	403	258	347
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	563	560	327	324	227	236
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	1,031	971	747	631	284	340
Did Not Know Where to Go for Services	1,302 ^b	1,759	688	827	615 ^b	932
Concerned about Confidentiality	515 ^b	812	311	352	203 ^b	446
Concerned about Being Committed/Having to Take Medicine	805	987	502	530	303 ^a	458
Did Not Feel Need for Treatment	578	740	282	324	295	416
Could Handle the Problem Without Treatment	2,063	1,825	1,053	897	1,001	924
Treatment Would Not Help	870	736	469	427	401	310
Did Not Have Time	1,254	1,107	731	603	522	504
Did Not Want Others to Find Out	527	664	247	293	276	367
No Transportation/Inconvenient	333	322	239	210	95	113
Some Other Reason ⁴	919 ^b	551	607 ^a	347	311	204

*Low precision; no estimate reported.

NOTE: Any Mental Illness (AMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Any mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Any Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.44B Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and an Unmet Need for Mental Health Treatment/Counseling in the Past Year, by Receipt of Past Year Mental Health Treatment/Counseling: Percentages, 2011 and 2012

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2011	2012	2011	2012	2011	2012
TOTAL POPULATION	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	50.1	50.5	47.3	50.5	53.9	50.2
Might Cause Neighbors/Community to Have Negative Opinion	8.8	8.9	8.4	7.5	9.4	10.6
Might Have Negative Effect on Job	6.8	8.5	6.6	7.8	7.2	9.1
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	6.7	6.2	6.7	6.3	6.3	6.2
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	12.2	10.8	15.4	12.2	7.9	9.0
Did Not Know Where to Go for Services	15.4 ^a	19.6	14.2	16.0	17.2 ^b	24.6
Concerned about Confidentiality	6.1 ^b	9.1	6.4	6.8	5.7 ^b	11.8
Concerned about Being Committed/Having to Take Medicine	9.5	11.0	10.3	10.3	8.5	12.1
Did Not Feel Need for Treatment	6.8	8.2	5.8	6.3	8.2	11.0
Could Handle the Problem Without Treatment	24.4 ^a	20.3	21.7	17.4	28.0	24.4
Treatment Would Not Help	10.3	8.2	9.6	8.3	11.2	8.2
Did Not Have Time	14.8	12.3	15.1	11.7	14.6	13.3
Did Not Want Others to Find Out	6.2	7.4	5.1	5.7	7.7	9.7
No Transportation/Inconvenient	3.9	3.6	4.9	4.1	2.6	3.0
Some Other Reason ⁴	10.9 ^b	6.1	12.5 ^b	6.7	8.7	5.4

*Low precision; no estimate reported.

NOTE: Any Mental Illness (AMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Any mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Any Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.45A Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness and an Unmet Need for Mental Health Treatment/Counseling in the Past Year, by Receipt of Past Year Mental Health Treatment/Counseling: Numbers in Thousands, 2011 and 2012

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2011	2012	2011	2012	2011	2012
TOTAL POPULATION	3,883	3,973	2,643	2,603	1,230	1,351
Could Not Afford Cost	2,074	2,321	1,319	1,358	744	949
Might Cause Neighbors/Community to Have Negative Opinion	369	364	245	181	122	178
Might Have Negative Effect on Job	300	403	195	224	105	164
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	252	321	176	217	76	104
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	464	481	389	360	75	121
Did Not Know Where to Go for Services	700	720	444	378	256	342
Concerned about Confidentiality	239	381	177	168	61 ^a	199
Concerned about Being Committed/Having to Take Medicine	540	697	376	431	163	266
Did Not Feel Need for Treatment	219	303	131	193	88	111
Could Handle the Problem Without Treatment	889	676	587	440	302	231
Treatment Would Not Help	400	388	268	245	132	143
Did Not Have Time	511	395	314	266	197	130
Did Not Want Others to Find Out	193	300	137	150	55	145
No Transportation/Inconvenient	225	157	178	111	47	46
Some Other Reason ⁴	445	277	298	183	*	94

*Low precision; no estimate reported.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in serious functional impairment. Serious mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Serious Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.45B Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness and an Unmet Need for Mental Health Treatment/Counseling in the Past Year, by Receipt of Past Year Mental Health Treatment/Counseling: Percentages, 2011 and 2012

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2011	2012	2011	2012	2011	2012
TOTAL POPULATION	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	53.8	58.7	50.4	52.4	60.5	70.7
Might Cause Neighbors/Community to Have Negative Opinion	9.6	9.2	9.4	7.0	9.9	13.3
Might Have Negative Effect on Job	7.8	10.2	7.5	8.6	8.5	12.2
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	6.5	8.1	6.7	8.4	6.1	7.7
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	12.0	12.2	14.9	13.9	6.1	9.0
Did Not Know Where to Go for Services	18.1	18.2	17.0	14.6	20.8	25.5
Concerned about Confidentiality	6.2	9.6	6.8	6.5	5.0 ^b	14.8
Concerned about Being Committed/Having to Take Medicine	14.0	17.6	14.4	16.6	13.3	19.8
Did Not Feel Need for Treatment	5.7	7.7	5.0	7.4	7.1	8.3
Could Handle the Problem Without Treatment	23.1 ^a	17.1	22.4	17.0	24.6	17.2
Treatment Would Not Help	10.4	9.8	10.2	9.5	10.8	10.6
Did Not Have Time	13.3	10.0	12.0	10.3	16.0	9.7
Did Not Want Others to Find Out	5.0	7.6	5.3	5.8	4.5	10.8
No Transportation/Inconvenient	5.8	4.0	6.8	4.3	3.8	3.4
Some Other Reason ⁴	11.5 ^a	7.0	11.4	7.1	*	7.0

*Low precision; no estimate reported.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in serious functional impairment. Serious mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Serious Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.