

**Table 1.63A Substance Use in the Past Year and Past Month among Persons Aged 18 or Older, by Past Year Major Depressive Episode (MDE):
Numbers in Thousands, 2011 and 2012**

| Substance | Total ¹ (2011) | Total ¹ (2012) | MDE (2011) | MDE (2012) | No MDE (2011) | No MDE (2012) |
|---|------------------------------|------------------------------|--------------------|---------------|---------------------|------------------|
| PAST YEAR USE | | | | | | |
| Illicit Drugs ² | 33,552 ^b | 37,011 | 4,312 | 4,562 | 28,955 ^b | 32,073 |
| Marijuana and Hashish | 26,186 ^b | 28,150 | 3,148 | 3,329 | 22,821 ^a | 24,584 |
| Cocaine | 3,628 ^b | 4,491 | 510 | 606 | 3,077 ^b | 3,823 |
| Crack | 597 ^a | 902 | 122 | 168 | 472 ^a | 724 |
| Heroin | 566 | 638 | 197 | 165 | 361 | 465 |
| Hallucinogens | 3,421 | 3,753 | 566 | 472 | 2,800 ^a | 3,246 |
| LSD | 721 | 905 | 117 | 140 | 588 | 755 |
| PCP | 80 | 124 | 16 | 24 | 59 | 97 |
| Ecstasy | 2,003 | 2,322 | 328 | 309 | 1,645 ^a | 1,991 |
| Inhalants | 1,041 | 1,046 | 195 | 227 | 838 | 810 |
| Nonmedical Use of Psychotherapeutics ^{3,4} | 12,908 ^b | 15,025 | 2,015 ^a | 2,466 | 10,742 ^b | 12,363 |
| Pain Relievers | 9,659 ^b | 11,157 | 1,554 | 1,740 | 7,976 ^b | 9,267 |
| OxyContin [®] | 1,404 | 1,290 | 240 | 310 | 1,127 | 951 |
| Tranquilizers | 4,635 ^b | 5,621 | 876 ^a | 1,181 | 3,706 ^a | 4,378 |
| Stimulants ⁴ | 2,401 ^b | 2,992 | 467 | 593 | 1,927 ^a | 2,346 |
| Methamphetamine ⁴ | 928 | 1,073 | 226 | 210 | 697 | 829 |
| Sedatives | 442 | 509 | 154 | 141 | 274 | 360 |
| Illicit Drugs Other Than Marijuana ² | 16,395 ^b | 18,970 | 2,474 | 2,844 | 13,737 ^b | 15,914 |
| PAST MONTH USE | | | | | | |
| Daily Cigarette Use ⁵ | 34,049 | 34,577 | 3,723 | 3,634 | 29,922 | 30,694 |
| Heavy Alcohol Use ⁶ | 15,486 ^a | 16,695 | 1,241 ^a | 1,601 | 14,150 | 15,002 |

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE data were excluded.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column represent all persons aged 18 or older, including those with unknown past year MDE information.

² Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. The estimates for Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine incorporated in these summary estimates do not include data from new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

³ Nonmedical use of prescription-type psychotherapeutics includes the nonmedical use of pain relievers, tranquilizers, stimulants, or sedatives and does not include over-the-counter drugs.

⁴ Estimates of Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine in the designated rows include data from new methamphetamine items added in 2005 and 2006 and are not comparable with estimates presented in NSDUH reports prior to the 2007 National Findings Report. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

⁵ Daily Cigarette Use is defined as smoking on each of the past 30 days.

⁶ Heavy Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple hours of each other) on each of 5 or more days in the past 30 days.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.63B Substance Use in the Past Year and Past Month among Persons Aged 18 or Older, by Past Year Major Depressive Episode (MDE): Percentages, 2011 and 2012

| Substance | Total ¹ (2011) | Total ¹ (2012) | MDE (2011) | MDE (2012) | No MDE (2011) | No MDE (2012) |
|---|------------------------------|------------------------------|---------------|---------------|-------------------|------------------|
| PAST YEAR USE | | | | | | |
| Illicit Drugs ² | 14.4 ^b | 15.7 | 28.5 | 28.5 | 13.4 ^b | 14.8 |
| Marijuana and Hashish | 11.3 ^a | 12.0 | 20.8 | 20.8 | 10.6 ^a | 11.3 |
| Cocaine | 1.6 ^b | 1.9 | 3.4 | 3.8 | 1.4 ^b | 1.8 |
| Crack | 0.3 ^a | 0.4 | 0.8 | 1.1 | 0.2 ^a | 0.3 |
| Heroin | 0.2 | 0.3 | 1.3 | 1.0 | 0.2 | 0.2 |
| Hallucinogens | 1.5 | 1.6 | 3.7 | 2.9 | 1.3 ^a | 1.5 |
| LSD | 0.3 | 0.4 | 0.8 | 0.9 | 0.3 | 0.3 |
| PCP | 0.0 | 0.1 | 0.1 | 0.1 | 0.0 | 0.0 |
| Ecstasy | 0.9 | 1.0 | 2.2 | 1.9 | 0.8 ^a | 0.9 |
| Inhalants | 0.4 | 0.4 | 1.3 | 1.4 | 0.4 | 0.4 |
| Nonmedical Use of Psychotherapeutics ^{3,4} | 5.5 ^b | 6.4 | 13.3 | 15.4 | 5.0 ^b | 5.7 |
| Pain Relievers | 4.2 ^b | 4.7 | 10.3 | 10.9 | 3.7 ^b | 4.3 |
| OxyContin [®] | 0.6 | 0.5 | 1.6 | 1.9 | 0.5 | 0.4 |
| Tranquilizers | 2.0 ^b | 2.4 | 5.8 | 7.4 | 1.7 ^a | 2.0 |
| Stimulants ⁴ | 1.0 ^a | 1.3 | 3.1 | 3.7 | 0.9 ^a | 1.1 |
| Methamphetamine ⁴ | 0.4 | 0.5 | 1.5 | 1.3 | 0.3 | 0.4 |
| Sedatives | 0.2 | 0.2 | 1.0 | 0.9 | 0.1 | 0.2 |
| Illicit Drugs Other Than Marijuana ² | 7.0 ^b | 8.1 | 16.3 | 17.7 | 6.4 ^b | 7.3 |
| PAST MONTH USE | | | | | | |
| Daily Cigarette Use ⁵ | 14.6 | 14.7 | 24.6 | 22.7 | 13.9 | 14.1 |
| Heavy Alcohol Use ⁶ | 6.7 | 7.1 | 8.2 | 10.0 | 6.6 | 6.9 |

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE data were excluded.

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⁶ Heavy Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple hours of each other) on each of 5 or more days in the past 30 days.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.