

Table 1.66A Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2011 and 2012

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional OR Used Prescription Medication (2012)	Saw or Talked to Health Professional Only (2011)	Saw or Talked to Health Professional Only (2012)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2012)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2012)
TOTAL	9,931	10,491	2,100	2,247	1,053	1,048	6,773	7,188
GENDER								
Male	3,051	3,326	682	720	389	433	1,980	2,170
Female	6,879	7,165	1,418	1,526	664	615	4,793	5,018
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	9,180	9,246	1,831	1,979	986	926	6,358	6,334
White	8,049	7,738	1,543	1,603	895	731	5,607	5,398
Black or African American	736	988	200	262	74	49	461	677
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	21	*	*	5	*	*
Hispanic or Latino	751 ^b	1,245	269	268	67	122	415 ^b	853
POVERTY LEVEL¹								
Less Than 100%	2,441	2,655	554	625	166	237	1,722	1,787
100-199%	2,082	2,282	453	374	148	297	1,482	1,609
200% or More	5,372	5,504	1,078	1,225	739	513	3,551	3,766
EDUCATION								
< High School	1,447	1,520	351	335	257	213	839	967
High School Graduate	2,643 ^a	3,190	564	622	311	356	1,765 ^a	2,212
Some College	3,096	3,058	616	711	254	273	2,223	2,072
College Graduate	2,745	2,723	568	579	230	206	1,946	1,938
HEALTH INSURANCE²								
Private	5,172	5,384	1,082	1,263	645	570	3,443	3,551
Medicaid/CHIP ³	2,204	2,177	480	358	128	126	1,595	1,685
Other ⁴	2,429 ^a	3,127	420	506	246	398	1,761	2,220
No Coverage	1,479	1,449	426	391	167	181	884	877

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE data were excluded.

NOTE: Respondents with unknown past year treatment data were excluded.

NOTE: Health Professionals include general practitioner or family doctor; other medical doctor (e.g., cardiologist, gynecologist, urologist); psychologist; psychiatrist or psychotherapist; social worker; counselor; other mental health professional (e.g., mental health nurse or other therapist where type is not specified); and nurse, occupational therapist, or other health professional.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds. Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁴ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.66B Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Percentages, 2011 and 2012

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional OR Used Prescription Medication (2012)	Saw or Talked to Health Professional Only (2011)	Saw or Talked to Health Professional Only (2012)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2012)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2012)
TOTAL	65.7	65.6	13.9	14.1	7.0	6.6	44.7	45.0
GENDER								
Male	58.0	57.4	13.0	12.4	7.4	7.5	37.6	37.4
Female	69.7	70.3	14.4	15.0	6.7	6.0	48.5	49.3
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	67.6	68.1	13.5	14.6	7.3	6.8	46.8	46.7
White	71.3	70.3	13.7	14.6	7.9	6.6	49.6	49.0
Black or African American	50.0	58.6	13.6	15.5	5.0	2.9	31.3	40.1
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	7.9	*	*	1.8	*	*
Hispanic or Latino	48.7	51.6	17.3	11.1	4.3	5.1	26.7	35.4
POVERTY LEVEL¹								
Less Than 100%	68.3	67.8	15.4	16.0	4.7	6.1	47.9	45.7
100-199%	62.0	61.3	13.5	10.0	4.4	8.0	44.0	43.2
200% or More	66.2	66.7	13.3	14.9	9.1	6.2	43.8	45.7
EDUCATION								
< High School	64.8	63.2	15.7	13.9	11.5	8.9	37.5	40.3
High School Graduate	64.2	65.9	13.7	12.8	7.5	7.3	42.7	45.6
Some College	65.6	63.9	13.1	14.8	5.4	5.7	47.1	43.3
College Graduate	67.6	68.9	14.0	14.7	5.7	5.2	48.0	49.1
HEALTH INSURANCE²								
Private	66.2	66.0	13.8	15.5	8.2	7.0	44.0	43.5
Medicaid/CHIP ³	79.9	76.6	17.3	12.6	4.6	4.5	57.5	59.4
Other ⁴	82.3	79.2	14.2	12.8	8.3	10.1	59.3	56.2
No Coverage	46.6	46.4	13.4	12.5	5.3	5.8	27.8	28.0

*Low precision; no estimate reported.

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