

**Table 1.67A Serious Psychological Distress (SPD) in the Past Month among Persons Aged 18 or Older, by Gender and Detailed Age Category:
Numbers in Thousands, 2011 and 2012**

Age Category	Total (2011)	Total (2012)	Male (2011)	Male (2012)	Female (2011)	Female (2012)
TOTAL	10,888 ^b	12,248	4,521	5,118	6,367 ^a	7,131
18	407	449	149	162	258	286
19	405	370	146	162	259	208
20	384	414	173	164	211	249
21	311	370	142	176	169	194
22	300	287	110	142	190	144
23	275	351	117	147	157	203
24	297	327	149	158	149	169
25	257	287	104	135	153	152
26-29	1,137	1,076	459	502	678	574
30-34	915 ^a	1,200	432	454	483 ^b	746
35-39	878	1,061	302 ^a	497	577	564
40-44	922	997	401	485	521	512
45-49	1,185	1,134	521	476	664	658
50-54	1,248	929	549	409	699	520
55-59	720	1,033	207	384	513	649
60-64	558	688	278	327	280	362
65 or Older	689 ^b	1,277	283	337	407 ^b	940

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale during the past 30 days.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.67B Serious Psychological Distress (SPD) in the Past Month among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2011 and 2012

Age Category	Total (2011)	Total (2012)	Male (2011)	Male (2012)	Female (2011)	Female (2012)
TOTAL	4.7 ^a	5.2	4.0	4.5	5.3	5.8
18	8.6	9.5	6.1	6.7	11.3	12.6
19	9.4	8.7	6.7	7.5	12.1	9.9
20	8.6	9.6	7.9	7.5	9.2	11.8
21	7.1	8.4	6.4	7.8	7.8	9.0
22	7.0	6.4	5.0	6.6	9.0 ^a	6.3
23	6.9	8.0	6.2	7.0	7.5	9.0
24	7.1	8.0	6.9	7.7	7.4	8.3
25	6.5	7.2	5.4	6.8	7.6	7.6
26-29	6.7	6.3	5.4	5.7	8.0	6.9
30-34	4.7 ^a	6.1	4.6	4.8	4.8 ^a	7.2
35-39	4.5	5.5	3.1 ^a	5.1	5.8	5.8
40-44	4.5	4.9	4.2	5.0	4.9	4.9
45-49	5.5	5.3	4.8	4.6	6.2	6.0
50-54	5.4	4.0	5.0	3.6	5.8	4.3
55-59	3.8	5.0	2.2	3.8	5.3	6.2
60-64	3.1	4.1	3.2	4.1	3.0	4.1
65 or Older	1.7 ^a	3.1	1.6	1.8	1.8 ^b	4.0

*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale during the past 30 days.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.68A Serious Psychological Distress (SPD) in the Past Month among Persons Aged 18 or Older, by Age Group, Demographic Characteristics, and Health Characteristics: Numbers in Thousands, 2011 and 2012

Demographic/Health Characteristic	Total (2011)	Total (2012)	Aged 18-25 (2011)	Aged 18-25 (2012)	Aged 26-49 (2011)	Aged 26-49 (2012)	Aged 50+ (2011)	Aged 50+ (2012)
TOTAL	10,888 ^b	12,248	2,635	2,853	5,037	5,468	3,215	3,928
GENDER								
Male	4,521	5,118	1,090 ^a	1,247	2,114	2,414	1,317	1,457
Female	6,367 ^a	7,131	1,545	1,606	2,923	3,054	1,899 ^a	2,470
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	9,457	10,138	2,138 ^a	2,334	4,437	4,460	2,881	3,344
White	7,172	7,514	1,500	1,658	3,386	3,377	2,286	2,479
Black or African American	1,490 ^a	1,916	408	455	708	719	374 ^a	742
American Indian or Alaska Native	101	146	19	29	36	57	*	*
Native Hawaiian or Other Pacific Islander	*	41	*	15	*	*	*	*
Asian	311	356	144	106	125	226	*	24
Two or More Races	260	165	54	71	122	57	83	37
Hispanic or Latino	1,431 ^b	2,110	497	519	600 ^b	1,007	334	584
HEALTH INSURANCE¹								
Private	4,180	4,692	1,185 ^a	1,358	1,798	1,903	1,197	1,430
Medicaid/CHIP ²	2,928	2,973	597	629	1,497	1,368	834	976
Other ³	2,564 ^a	3,245	188	240	749	809	1,628 ^a	2,196
No Coverage	2,707	3,097	757	752	1,470	1,758	480	587
CURRENT EMPLOYMENT								
Full-Time	3,476	3,970	772	870	2,053	2,375	650	724
Part-Time	1,735	1,689	677	754	734	639	324	296
Unemployed	1,131 ^a	1,523	525	562	392 ^b	724	213	237
Other ⁴	4,546	5,067	661	667	1,858	1,730	2,028 ^a	2,671

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^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

² CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

³ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

⁴ The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.68B Serious Psychological Distress (SPD) in the Past Month among Persons Aged 18 or Older, by Age Group, Demographic Characteristics, and Health Characteristics: Percentages, 2011 and 2012

Demographic/Health Characteristic	Total (2011)	Total (2012)	Aged 18-25 (2011)	Aged 18-25 (2012)	Aged 26-49 (2011)	Aged 26-49 (2012)	Aged 50+ (2011)	Aged 50+ (2012)
TOTAL	4.7 ^a	5.2	7.7	8.2	5.1	5.6	3.2	3.8
GENDER								
Male	4.0	4.5	6.3	7.2	4.4	5.0	2.8	3.1
Female	5.3	5.8	9.0	9.3	5.8	6.1	3.5	4.5
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	4.8	5.1	7.8	8.5	5.5	5.6	3.2	3.6
White	4.6	4.8	7.7 ^a	8.5	5.7	5.7	3.0	3.2
Black or African American	5.6 ^a	7.1	8.7	9.3	5.8	6.0	3.8 ^a	7.2
American Indian or Alaska Native	7.8	11.3	8.7	10.8	7.4	11.0	*	*
Native Hawaiian or Other Pacific Islander	*	4.2	*	7.8	*	*	*	*
Asian	2.8	3.1	7.6	5.9	2.2	3.7	*	0.7
Two or More Races	7.9	4.8	7.6	9.4	9.7 ^a	4.3	6.4	2.7
Hispanic or Latino	4.2 ^b	6.1	7.1	7.3	3.3 ^b	5.5	3.7	6.2
HEALTH INSURANCE¹								
Private	2.8	3.1	6.3	6.9	2.9	3.0	1.7	2.0
Medicaid/CHIP ²	12.6	12.8	11.0	11.6	14.6	14.2	11.0	11.9
Other ³	4.6	5.5	8.4	9.2	11.5	11.6	3.5	4.5
No Coverage	7.1	8.2	8.7	9.6	6.8	8.2	6.2	7.0
CURRENT EMPLOYMENT								
Full-Time	3.0	3.4	6.2	6.5	3.1	3.6	1.7	1.9
Part-Time	5.3	5.2	7.2	8.0	6.4	5.6	2.8	2.5
Unemployed	8.3 ^a	11.2	11.7	13.7	6.7 ^b	12.2	6.6	6.7
Other ⁴	6.4	7.1	8.3	8.8	12.6	11.7	4.2 ^a	5.5

*Low precision; no estimate reported.

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