

Table 1.77A Serious Psychological Distress (SPD) in the Past Month among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2008-2012

Demographic Characteristic	2008	2009	2010	2011	2012
TOTAL	10,196 ^b	10,508 ^b	11,018 ^a	10,888 ^b	12,248
AGE					
18-25	2,507 ^b	2,574 ^a	2,694	2,635	2,853
26-49	5,055	5,203	4,978	5,037	5,468
50 or Older	2,634 ^b	2,731 ^b	3,346	3,215	3,928
GENDER					
Male	4,287 ^a	4,056 ^b	4,373 ^a	4,521	5,118
Female	5,909 ^b	6,452	6,645	6,367 ^a	7,131
HISPANIC ORIGIN AND RACE					
Not Hispanic or Latino	8,697 ^b	9,021 ^a	9,225	9,457	10,138
White	6,761	7,340	7,159	7,172	7,514
Black or African American	1,352 ^a	1,248 ^b	1,508	1,490 ^a	1,916
American Indian or Alaska Native	43 ^b	43 ^b	41 ^b	101	146
Native Hawaiian or Other Pacific Islander	*	32	50	*	41
Asian	291	191 ^a	259	311	356
Two or More Races	201	168	208	260	165
Hispanic or Latino	1,498 ^b	1,487 ^b	1,793	1,431 ^b	2,110

*Low precision; no estimate reported.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale during the past 30 days.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2012.

Table 1.77B Serious Psychological Distress (SPD) in the Past Month among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2008-2012

Demographic Characteristic	2008	2009	2010	2011	2012
TOTAL	4.5 ^b	4.6 ^b	4.8	4.7 ^a	5.2
AGE					
18-25	7.6	7.7	7.9	7.7	8.2
26-49	5.1	5.2	5.1	5.1	5.6
50 or Older	2.9 ^a	2.9 ^a	3.5	3.2	3.8
GENDER					
Male	3.9	3.7 ^b	3.9	4.0	4.5
Female	5.1 ^a	5.5	5.6	5.3	5.8
HISPANIC ORIGIN AND RACE					
Not Hispanic or Latino	4.5 ^a	4.6 ^a	4.7	4.8	5.1
White	4.4	4.7	4.6	4.6	4.8
Black or African American	5.2 ^a	4.7 ^b	5.7	5.6 ^a	7.1
American Indian or Alaska Native	4.5 ^a	4.0 ^b	3.9 ^a	7.8	11.3
Native Hawaiian or Other Pacific Islander	*	4.3	7.5	*	4.2
Asian	3.0	1.9	2.5	2.8	3.1
Two or More Races	8.0	6.9	7.8	7.9	4.8
Hispanic or Latino	4.9	4.8 ^a	5.6	4.2 ^b	6.1

*Low precision; no estimate reported.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale during the past 30 days.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2012.